

## Walker Youth Hockey COVID-19 Guidelines

Walker Youth Hockey encourages all players, coaches, volunteers, spectators, etc., to follow the CDC and MDH guidelines regarding COVID-19.

If you have tested positive, you need to follow the CDC and MDH guidelines for quarantining and not attending WYH events.

If you have been advised that you were exposed, you should follow CDC and MDH guidelines. The CDC and MDH websites can provide information on the definition of exposure. Only you or a health official can determine if you or your child were actually exposed based on all information available.

If you are feeling sick, please stay home.

It is the expectation that WYH members will self-monitor and respect each other.

Per CDC and MDH guidelines, a person fully vaccinated would not be required to quarantine upon an exposure unless they experience symptoms.

Per CDC and MDH guidelines, if you are exposed, you can get tested to shorten your period of quarantine. The type of test you use is up to you and your medical provider.

WYH trusts that each family will take precautions for the good of themselves and their fellow teammates and families.

It is up to the person testing positive to inform their close contacts of exposure. It is not the responsibility of WYH.

If you have any questions, please contact our WYH board president, Nate Gustafson, at 218-760-9885.

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