

Pewaukee Volleyball Club Code of Conduct

Updated July 11 2021

Welcome to the program. We are excited to have you join a program that exemplifies a great tradition of excellence. This excellence involves areas that extend far beyond winning and losing. Athletic success is the direct result of the combination of effort, teamwork, commitment, and sportsmanship. These traits have long been the building blocks of Pewaukee Volleyball Club's own special brand of athletic success. We are pleased you have joined the coaches, athletes, and parents in continuing this tradition of excellence.

Pewaukee Volleyball Club (PVC) has a long history and tradition of athletic excellence. This tradition was not built overnight. It took years of dedication, commitment, and hard work by a countless number of people. As a Pewaukee Volleyball Club Athlete you must continue to strive to uphold this high standard of excellence. Once you have become a member of a team, you have made a choice to uphold certain standards expected of athletes in this community.

Your participation in athletics is a privilege and should be treated as such. Any time you wear the PVC Jersey and Colors you are representing yourself, your family, your school and all those that have worn these colors before you. Your behavior should be above reproach in all areas. Students, staff, parents, and the community will closely observe your conduct. The rules outlined in this handbook are designed and intended as a guide to successful participation. As a student-athlete, you will be expected to understand and abide by these rules and your team's rules. It is your responsibility to follow them to their fullest.

RESPONSIBILITIES TO YOUR SCHOOL: Another responsibility you assume as a team member is to your school you represent, which in this case is Pewaukee School District. You assume a leadership role when you are on an athletic team. The student body and citizens of the community know you. The student body, the community and other communities judge our program by your conduct and attitudes, both on and off the court. Because of this leadership role, you can make a positive contribution to school spirit and community pride. In addition, you are a role model for younger student athletes. These students look up to you and dream of

being as successful as we hope you to be. Be sure the example you set is a positive one. PVC cannot maintain its reputation as an outstanding Program unless you do your best in whatever activity you wish to engage in.

RESPONSIBILITIES TO OTHERS: As a team member you also bear a heavy responsibility to your family. When you know that you have lived up to all of your commitments, that you have practiced with great enthusiasm, and that you have played the game to the best of your ability, you can keep your self-respect and your family can be justly proud of you.

SPORTSMANSHIP: As an athlete and as parents, you can help us establish an outstanding reputation for good sportsmanship. We must all work hard in conducting ourselves in a commendable manner. A display of unsportsmanlike conduct can result in sanctions against the offending athlete, parent, and/or school. Always observe the following guidelines for good sportsmanship:

- 1. The good name of our school is more important than any contest won by unfair play.
- 2. Be supportive of all athletes, coaches, and officials before, during, and after all contests.
- 3. Accept decisions of officials without dispute. They are seldom responsible for your success or failure, so do not blame them for your circumstances.
- 4. Recognize and show appreciation for the fine play of your opponent.
- 5. Be proud of our school's reputation and work hard to protect it.
- 6. Cheer for your team, not against the opponent.
- 7. Don't allow others negative sportsmanship to become an excuse to do the same.

COMMUNICATION:

As your son/daughter becomes involved in PVC, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your student-athlete wishes. At these times, discussion with the coach is encouraged.

Communication Coaches Expect from Student-Athletes:

- 1. Notification of any schedule conflicts in advance.
- 2. Special concerns in regards to a coach's philosophy and/or expectations.
- 3. Injury or circumstances that may endanger the athlete when participating.

Appropriate Concerns to Discuss with Coaches:

- 1. The treatment of your student-athlete, mentally and physically.
- 2. Ways to help your son/daughter to improve.
- 3. Concerns about your student-athlete's behavior.

It is very difficult to accept your son/daughter's not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain things can and

should be discussed with your student-athlete's coach. Other things, such as the following, must be left to the discretion of the coach.

Issues Not Appropriate To Discuss With Coaches:

- 1. Playing time.
- 2. Team strategy.
- 3. Play calling.
- 4. Other student-athletes if it does not involve your son/daughter.

PEWAUKEE VOLLEYBALL CLUB EQUIPMENT

Players are responsible for all PVC equipment issued to them or used by program participants. PVC has the ability to use Pewaukee School's facilities, be considerate when using the facilities and leave your practice, in better condition than when you came.

LOCKER ROOM PRIVACY POLICY

Using devices of any kind to capture or transmit images is strictly prohibited in locker rooms, dressing areas, training rooms, weigh-in rooms, showers, restrooms, or other areas where there is an expectation of privacy.

ALCOHOL, DRUGS & TOBACCO ARE STRICTLY PROHIBITED. The possession, use, consumption, distribution, purchase, sale or manufacture of, or any other improper or unlawful involvement of any kind with illegal drugs, controlled substances, alcohol or alcoholic beverages, anabolic or androgenic steroids, tobacco, tobacco products, E-Cigarettes, Vapor Pens, or facsimiles, "look- alike" drugs, drug paraphernalia, or substances or products that mask or tamper with any of these, is strictly prohibited. Also prohibited is the distribution, abuse or misuse of over the counter medications or prescription drugs, or other chemicals or substances.

Consequences:

Possession or Use of Prohibited Substances as Defined Above:

First Offense: Suspension from 25% of scheduled sanctioned competitive events; referral to appropriate substance abuse counseling program;

Second Offense: Suspension for the entire season.

Third Offense: The student-athlete is dismissed from the program and no longer eligible to be a member of the team.

HAZING IS STRICTLY PROHIBITED. Because hazing is unsafe, and can discourage participation as well as negatively affect a student's enjoyment in athletic participation, all forms of hazing are strictly prohibited.

Hazing includes, but is not limited to:

Any gesture or written, verbal or physical act that a reasonable person under the circumstances should know will have the effect of harming a student or placing a student in reasonable fear of harm to his or her person, or damage to his or her property; any type of physical force, harm or injury inflicted by athletes on their team members such as whipping, beating, striking, branding, electronic shocking, or placing an unwanted substance on the student's body; any type of coerced or involuntary sexual or physical activity, such as sleep deprivation, exposure to weather, confinement in a restricted area, calisthenics, or other coerced or unwelcome confinement, restriction or other forced activity by athletes on their fellow team members; any coerced or involuntary activity by athletes on their team members that subject the athletes to an unreasonable risk of harm or that adversely affects their mental or physical health, safety, or welfare; or any coerced or involuntary activity inflicted, encouraged or mandated by athletes on their team members, such as the consumption of alcoholic beverages, illegal, unauthorized, or foreign substances of any type whatsoever, tobacco or tobacco products, over the counter medication or prescription drugs, or any other unreasonable risk of harm or activity that adversely affects an athlete's mental or physical health, safety, welfare or interest in the sport.

For purposes of this rule, a team member's voluntary participation in hazing is not necessarily a defense to a claimed violation of this rule. Athletes who organize or initiate hazing activities, but do not directly participate in them, are equally subject to possible discipline as students who directly participate in acts of hazing.

In addition, student-athletes are expected and required to report suspected violations of this rule. Athletes may be disciplined for failure to report known hazing violations or for falsely denying knowledge of known hazing activities.

Consequences:

First Offense: Suspension from 25% of scheduled sanctioned competitive events; possible loss of athletic awards and/or leadership role; possible referral to counseling.

Second Offense: Suspension from 50% of scheduled, sanctioned competitive events; referral to counseling, possible loss of athletic awards and/or leadership role.

Third Offense: The student-athlete is dismissed from the program and no longer eligible to be a member of the team.

STEALING, PROPERTY DESTRUCTION: To steal or be an accomplice to the act of stealing community property, school property, or the property of athletes, team managers or coaches; to destroy or deface school property or the property of others.

Consequences:

First Offense: Suspension from 25% of scheduled, sanctioned competitive events; restitution; possible loss of athletic awards, and/or leadership role; possible referral to counseling.

Second Offense: Suspension from 50% of scheduled, sanctioned competitive events; possible exclusion from team for a season; possible restitution; loss of athletic awards and/or loss of leadership role; referral to counseling.

Third Offense: Exclusion from athletic events for balance of high school career; restitution; loss of athletic awards and/or loss of leadership role.

GROSS MISCONDUCT:

Gross misconduct is defined as cheating, fighting, or unfavorable notoriety, violation of a civil or criminal law, or any socially unacceptable behavior that brings discredit to the athlete, parents, school or team. This includes any behavior on social media.

Consequences:

Consequences will be dependent upon the severity of the offense and will be decided by PVC Directors.

COACHES' RULES:

A. It is expected that daily attendance in practice sessions is a requirement of team membership. Coaches will establish, and publish, any team rules and expectations, which can be an addition to this Code.

- 1. The use of vulgar or profane language is unacceptable anywhere and at any time.
- 2. A member of an athletic team is to be well groomed.
- 3. Clothing worn at competitions must be worn in a neat and mannerly fashion (i.e., shirts tucked in and buttoned, etc.).
- 4. Exhibit appropriate behavior at all times.
- B. Coaches who invoke their right to suspend/penalize a team member for a violation of a team rule, which is not considered a violation of The Athletic Code, will notify PVC Directors of the situation before a consequence is invoked. The purpose of notification is to record the infraction in the event it is affected by a previous infraction or may have an effect on a future infraction.
- C. Membership on a team does not dictate any level of participation in contests. Only the coach of each team maintains the discretion of assigning "playing time."

Pewaukee Volleyball Club has the right to change and update Program Policies to ensure the safety of Program Participants, PVC Staff, and Families.

By participating in Pewaukee Volleyball Club you are to abide by these Policies and Rules. Failure to do so could result in further penalties outlined above.

Questions on PVC Code of Conduct can be directed to PVC Directors at <u>Pewaukeevbc@gmail.com</u>