

Viking Youth Wrestling Club Parent Information Packet

- Parents, feel free to join your child/children out on the mat during practice.
- Parents, if your child/children are disruptive during practice they will be told to sit with their parent(s).
- Parents, please make sure your child/children have their fingernails trimmed. This will eliminate scratches in practice and tournaments. Most tournaments will be checking for this as well.
- Please make sure that your child/children bathe after practice. This will help to prevent skin diseases.
- A limited number of wrestling shoes and headgear are available to be used by club members and turned back in at the end of the season. **Street shoes are not allowed on the mat.**
- T-shirts and shorts are acceptable attire during practice.
- Wrestling headgear is not required in practice, but most tournaments do require them to be worn.
- Tournaments are held on Saturdays and Sundays from now until April.
- Most tournaments require the wrestler to obtain a USA Wrestling Card. We are a USA chartered club and each wrestler is **required** to have a USA membership card. The cost of this card is \$40 and can be purchased online at www.usawmembership.com
- Additional information about the USA Wrestling Card
 - Membership benefits include secondary, non-duplicating sports accident insurance provided by an outside carrier. There are sports-accident supplemental benefits to USA Wrestling members who participate in limited non-sanctioned events. This insurance coverage includes a deductible, co-payment provisions and other conditions of the policy(details will be provided to club administrators); a one-year subscription to USA Wrestler; the privilege to compete and take advantage of events, camps, clinics, international exchanges, and club programs; discounts on wrestling gear, equipment and apparel; and other national discount programs as they become available.
- The club has purchased singlets to be used for tournaments only. The singlet will need to be turned in at the end of the season. If the singlet is damaged and not able to be used in the future or is not turned back in at the end of the season, the club would need to be reimbursed for the total cost of the singlet which is \$65.
- The club has Youth Wrestling apparel. We encourage you to order and support the Youth Wrestling Program.
- Please support the Varsity team when possible.
- The club will be taking a team picture at some point during the season and you will be able to purchase individual and team photos at that time.
- Parents, if financial assistance is needed for club or tournament fees, please feel free to contact Charles Biddle. He is the Fund Administrator for the LaVern P. Biddle Youth Athletic Fund. The fund supports youth sports in Vern's memory through grants and

scholarships to deserving youth in the Rio and Pardeeville School Districts. Charlie's phone number is 920-382-9522.

- At the end of the season, we will be having a banquet. All shoes, headgear and singlets must be returned at the banquet. Date and time will be announced at a later date.
- Once the season has ended, the club meets once a month to discuss club business and other items. The board members and coaches welcome and encourage anyone to join us for those meetings.
- **ATTENTION:** The club will be hosting a tournament in February. This takes *a lot* of volunteers to do a variety of tasks. All parents are *expected* to help even if your children are not competing. A minimum of one family member per wrestler will be required to participate in setting up, running the tournament and cleaning up after. If your kids are competing we will do our best to make sure you don't miss any of their matches.

WISCONSIN WRESTLING WEBSITES

www.wiwrestling.com

Click on **Calendar** tab for a list of tournaments and click on each tournament listing for details.

www.trackwrestling.com

Some tournaments require pre-registration through trackwrestling. We will try to post a link to each tournament we attend as a team but ultimately you are responsible for your child's registration.

[Wisconsin Wrestling Federation](https://www.wiwrestlingfederation.com/) - <https://www.wiwrestlingfederation.com/>

Go to 'Tournaments' tab then click on 'Club Tournaments' for a list of USA sanctioned tournaments.

[Elite Wrestling](https://elitewrestling1.com/) - <https://elitewrestling1.com/>

A wrestling supplies store located in Sun Prairie, WI

