

# EARLY CONTACT INITIATIVE SUMMARY



	4v4 Rallyball	Rallyball	Traditional Non-Specialized (TNS)
Formally	11U/12U	13U	14U
Eligible Birth Years	2009 & Under Male and Female	2008 & Under 24 month eligibility: Male and Female	2007 (Female only July-Dec) & Under 18 month eligibility: Female 24 month eligibility: Male
Gendered divisions	Male/Co-ed and Female	Male and Female	Male and Female
Focus	Fully developmental model that is focused on maximizing fun and athlete engagement. It is designed to ensure maximum touches.  No emphasis on results. There will be no tiering or rankings, but pool play results will be posted.  Events will be as local as possible (dependant on location of registered teams).	Focus on increased rally opportunities in a 6v6 context.  Progress throughout the season with alternating 'Challenge' and 'Developmental' events.  Events based regionally (dependant on location of registered teams).	Focus on developing all skills in a regular 6v6 game context.  Progress throughout a traditional season with a gradual introduction of tiers.  First event of the season - split into larger tiers due to lack of rankings.
Tiering	No divisional splits	Divisional splits after Challenge events	Gradual progression to Premier, Championship and Trillium tiers.
Roster size (recommended)	10+ players Larger rosters are permitted to be split into 2 teams for the 4x4 competitions.  A team that is split up will be placed in the same event.	10+ players	10+ players

Game Regulations			
Ball	MVA Lite	MVA VQ200W-OVA	MVA VQ200W-OVA
Overhand serve receive	No	No	Yes
Designated setting position	Yes	Yes	Yes
Libero	No	No	No
Court size (m)	7x14 (or closest available); Badminton Court	9x18	9x18
Net height	2.10 - Female; 2.15 - Male/Co-ed	2.15 - Female; 2.20 - Male	2.15 - Female; 2.20 - Male
Serving regulations	Step-in permitted	Step-in permitted	Step-in permitted
Substitutions	Fairplay	Fairplay	Fairplay
Specialization	Not permitted	Not permitted	Not permitted
Playing time	Rotational	Fairplay	Fairplay
Ranking points	None	Points awarded for Challenge events	Points awarded for Challenge events
Medals	Ontario Championships only	Awarded for Challenge events and Ontario Championships	Awarded for Challenge events and Ontario Championships
Referee	Game day supervisors/court monitors	Single referees provided	Single referees provided

	4v4 Rallyball	Rallyball	Traditional Non-Specialized
Administration			
Membership level	Recreational - upgrade required to full competitive player if participating outside 4v4 Rallyball	Full competitive membership required	Full competitive membership required
Respect in Sport required	Yes	Yes	Yes
Coaching eligibility	All coaches on the roster must: <ul style="list-style-type: none"> <li>Abide by the OVA Screening Policy by submitting a Vulnerable Sector Screen and submitting a completed OVA Screening Disclosure Form annually.</li> <li>Complete the NCCP 'Making Head Way' Concussion education course.</li> <li>Complete the Coaches Association of Canada Safe Sport training.</li> </ul> <p>All individuals acting as head coach on a roster must also complete the following training prior to their registration as a member of the OVA:</p> <ul style="list-style-type: none"> <li>Foundations of Volleyball (\$89)</li> <li>Making Ethical Decisions Online Evaluation (\$85 or free if course was completed)</li> </ul> <p>If a team splits in 2 rosters for a 4v4 event, there must be a registered Head Coach who meets the eligibility requirements on at least one of the rosters.</p>	All coaches on the roster must: <ul style="list-style-type: none"> <li>Abide by the OVA Screening Policy by submitting a Vulnerable Sector Screen and submitting a completed OVA Screening Disclosure Form annually.</li> <li>Complete 'Making Head Way' Concussion education course.</li> <li>Complete the Coaches Association of Canada Safe Sport training.</li> </ul> <p>All individuals acting as head coach on a roster must also complete the following training prior to their registration as a member of the OVA:</p> <ul style="list-style-type: none"> <li>Foundations of Volleyball (\$89)</li> <li>Making Ethical Decisions Online Evaluation (\$85 or free if course was completed)</li> </ul>	All coaches on the roster must: <ul style="list-style-type: none"> <li>Abide by the OVA Screening Policy by submitting a Vulnerable Sector Screen and submitting a completed OVA Screening Disclosure Form annually.</li> <li>Complete 'Making Head Way' Concussion education course.</li> <li>Complete the Coaches Association of Canada Safe Sport training.</li> </ul> <p>All individuals acting as head coach on a roster must also complete the following training prior to their registration as a member of the OVA:</p> <ul style="list-style-type: none"> <li>Foundations of Volleyball (\$89)</li> <li>Making Ethical Decisions Online Evaluation (\$85 or free if course was completed)</li> </ul>

# EARLY CONTACT INITIATIVE SUMMARY

## EVENT STRUCTURE



	4v4 Rallyball	Rallyball	Traditional Non-Specialized (TNS)	
Event 1	<p>Event size based on registration and venue availability.</p> <p>Club hosted.</p> <p>Round Robin events with cross-pool. Preferred format: 3 sets of 15 (may be adjusted).</p>	<p>Event size based on registration and venue availability.</p> <p>Club hosted.</p> <p>Development event: No playoffs.</p>	<p>All Trillium - geographical splits.</p> <p>Development event: No playoffs.</p> <p>No specialization.</p>	
Event 2			<p>Event size based on registration and venue availability.</p> <p>Club hosted.</p> <p>Challenge event: Full playoff with points awarded.</p>	<p>All Trillium - geographical splits.</p> <p>Teams will be moved into tiers after this event.</p> <p>Challenge event: Full playoffs with points awarded.</p> <p>No specialization.</p>
Event 3		<p>Event size based on registration and venue availability.</p> <p>Club hosted.</p> <p>Development event: No playoffs.</p>		<p>Tiered tournament. Club Hosted.</p> <p>Premier/Championship/Trillium: Tiered breakdown will depend on team registrations.</p>
Event 4				<p>Event size based on registration and venue availability.</p> <p>Club hosted.</p> <p>Challenge event: Full playoffs.</p>
Event 5		<p>For remaining events: Partial specialization allowed, but not mandatory.</p> <p>No 5-1 system.</p>		
Ontario Championships	<p>2-day event. Eligibility: None.</p>	<p>3-day event. Eligibility: 2 events minimum.</p>	<p>3-day event. Eligibility: 2 events minimum.</p>	

### Warm up Protocol

<p><b>First match of the day:</b></p> <p>5 minutes - shared court 4 minutes - exclusive serving team 4 minutes - exclusive receiving team</p> <p>No shared hitting or travelling under the net.</p>	<p><b>All remaining matches:</b></p> <p>2 minutes - shared court 4 minutes - exclusive serving team 4 minutes - exclusive receiving team</p> <p>No shared hitting or travelling under the net.</p>
---	--