

ORANGE COUNTY WHEELMEN
2025 Amtrak Metric + KOM
76 MILES

© 2025 Orange County Wheelmen
 OBEY ALL TRAFFIC LAWS

“►” DENOTES ROUTE ARROW ON ROAD
 "C" MEANS CONTINUE ON SAME ROAD
 "/" MEANS NAME CHANGES EN ROUTE

	START	0.0	0.0
L	ADA	0.1	0.1
L	BARRANCA / MUIRLANDS	5.4	5.5
L	LA PAZ ►	0.2	5.7
R	CHRISANTA ►	0.5	6.2
L	CORTINA ►	0.4	6.6
L	ESTANCIERO ►	0.3	6.9
R	MARGUERITE	3.6	10.5
R	AVERY ►	0.2	10.7
L	CAMINO CAPISTRANO	3.7	14.4
L	DEL OBISPO	0.1	14.5
R	PLAZA	0.2	14.7
R	(Towards Brew House)	0.1	14.8
	REST STOP – Brew House)	0.1	14.9
L	PLAZA	0.1	15.0
L	CAPISTRANO HOME CENTER	0.1	15.1
L	CAMINO CAPISTRANO	0.3	15.4
R	SAN JUAN CREEK TRAIL ►	0.2	15.6
L	SAN JUAN CREEK TRAIL (over bridge)	2.4	18.0
R	RESTROOMS – Doheny Beach)	0.1	18.1
R	PARK LANTERN	0.1	18.2
C	thru gate onto PCH	0.1	18.3
R	PCH	0.9	19.2
R	enter Bike Trail	2.6	21.8
L	SENDA DE LA PLAYA	0.0	21.8
R	AVENIDA ESTACION	0.0	21.8
L	CALLE DESHECHA ►	0.1	21.9
R	AVENIDA PICO	0.1	22.0
C	follow bike route signs	3.0	25.0
L	AVENIDA CALAFIA	0.1	25.1
R	AVENIDA DEL PRESIDENTE	1.1	26.2
R	PACIFIC COAST BIKEWAY ►	1.1	27.3
C	OLD PACIFIC HIGHWAY ►	3.5	30.8
	RESTROOM San Onofre	2.0	32.8
	RESTROOM San Onofre	0.3	33.1
C	thru gate onto PACIFIC COAST BIKEWAY	3.3	36.4
	REST STOP – Las Pulgas		36.4
R	LAS PULGAS	0.2	36.6
L	I-5 FRWY	1.9	38.5
R	ALISO CREEK REST AREA	0.1	38.6
	RESTROOM I-5 Rest Area		38.6
C	CONTINUE ONTO I-5 FRWY	5.2	43.8
R	EXIT HARBOR DRIVE	0.3	44.1
R	HARBOR DRIVE	0.2	44.3
L	HARBOR DRIVE	0.0	44.3
L	HARBOR DRIVE ►	0.2	44.5

ORANGE COUNTY WHEELMEN
2025 Amtrak Metric + KOM
76 MILES

© 2025 Orange County Wheelmen
 OBEY ALL TRAFFIC LAWS

“►” DENOTES ROUTE ARROW ON ROAD
 "C" MEANS CONTINUE ON SAME ROAD
 "/" MEANS NAME CHANGES EN ROUTE

	START	0.0	0.0
L	ADA	0.1	0.1
L	BARRANCA / MUIRLANDS	5.4	5.5
L	LA PAZ ►	0.2	5.7
R	CHRISANTA ►	0.5	6.2
L	CORTINA ►	0.4	6.6
L	ESTANCIERO ►	0.3	6.9
R	MARGUERITE	3.6	10.5
R	AVERY ►	0.2	10.7
L	CAMINO CAPISTRANO	3.7	14.4
L	DEL OBISPO	0.1	14.5
R	PLAZA	0.2	14.7
R	(Towards Brew House)	0.1	14.8
	REST STOP – Brew House)	0.1	14.9
L	PLAZA	0.1	15.0
L	CAPISTRANO HOME CENTER	0.1	15.1
L	CAMINO CAPISTRANO	0.3	15.4
R	SAN JUAN CREEK TRAIL ►	0.2	15.6
L	SAN JUAN CREEK TRAIL (over bridge)	2.4	18.0
R	RESTROOMS – Doheny Beach)	0.1	18.1
R	PARK LANTERN	0.1	18.2
C	thru gate onto PCH	0.1	18.3
R	PCH	0.9	19.2
R	enter Bike Trail	2.6	21.8
L	SENDA DE LA PLAYA	0.0	21.8
R	AVENIDA ESTACION	0.0	21.8
L	CALLE DESHECHA ►	0.1	21.9
R	AVENIDA PICO	0.1	22.0
C	follow bike route signs	3.0	25.0
L	AVENIDA CALAFIA	0.1	25.1
R	AVENIDA DEL PRESIDENTE	1.1	26.2
R	PACIFIC COAST BIKEWAY ►	1.1	27.3
C	OLD PACIFIC HIGHWAY ►	3.5	30.8
	RESTROOM San Onofre	2.0	32.8
	RESTROOM San Onofre	0.3	33.1
C	thru gate onto PACIFIC COAST BIKEWAY	3.3	36.4
	REST STOP – Las Pulgas	0.0	36.4
R	LAS PULGAS	0.2	36.6
L	I-5 FRWY	1.9	38.5
R	ALISO CREEK REST AREA	0.1	38.6
	RESTROOM I-5 Rest Area	0.0	38.6
C	CONTINUE ONTO I-5 FRWY	5.2	43.8
R	EXIT HARBOR DRIVE	0.3	44.1
R	HARBOR DRIVE	0.2	44.3
L	HARBOR DRIVE	0.0	44.3
L	HARBOR DRIVE ►	0.2	44.5

ORANGE COUNTY WHEELMEN**2025 Amtrak Metric + KOM****76 MILES (Page 2)**

© 2025 Orange County Wheelmen

OBEY ALL TRAFFIC LAWS

“►” DENOTES ROUTE ARROW ON ROAD

"C" MEANS CONTINUE ON SAME ROAD

"/" MEANS NAME CHANGES EN ROUTE

L	N PACIFIC ST	2.3	46.8
	RESTROOM Buccaneer Park	0.3	47.1
L	CASSIDY	0.1	47.2
R	BROADWAY	0.4	47.6
L	EATON	0.1	47.7
R	S COAST HIGHWAY	0.7	48.4
	RESTROOM Magee Park	2.9	51.3
C	CARLSBAD BLVD	3.2	54.5
L	LA COSTA	0.1	54.6
R	VULCAN / SAN ELIJO	2.8	57.4
	RESTROOM Encintas Transit Center	2.0	59.4
R	CHESTERFIELD	0.1	59.5
L	COAST HWY 101	6.5	66.0
	RESTROOM – Torrey Pines Beach	1.6	67.6
R	REST STOP Torrey Pines Summit	0.0	67.6
L	TORREY PINES RD	4.1	71.7
R	JIMMY DURANTE BLVD ►	1.4	73.1
C	VALLEY	0.3	73.4
R	VALLEY	0.2	73.6
L	PARKING LOT	0.0	73.6
	RESTSTOP La Colonia Park	0.0	73.6
R	VALLEY	0.2	73.8
L	VALLEY ►	0.3	74.1
R	VIA DE LA VALLE	0.7	74.8
R	HIGHWAY 101	0.8	75.6
R	LOMAS SANTA FE DR	0.1	75.7
L	N CEDROS	0.3	76.0
L	PARKING LOT	0.0	76.0
	Look for Bike Truck	0.0	76.0
	SOLANA BEACH TRAIN STATION	0.0	76.0

SAG SUPPORT DESK (949) 433-7863**ORANGE COUNTY WHEELMEN****2025 Amtrak Metric + KOM****76 MILES (Page 2)**

© 2025 Orange County Wheelmen

OBEY ALL TRAFFIC LAWS

“►” DENOTES ROUTE ARROW ON ROAD

"C" MEANS CONTINUE ON SAME ROAD

"/" MEANS NAME CHANGES EN ROUTE

L	N PACIFIC ST	2.3	46.8
	RESTROOM Buccaneer Park	0.3	47.1
L	CASSIDY	0.1	47.2
R	BROADWAY	0.4	47.6
L	EATON	0.1	47.7
R	S COAST HIGHWAY	0.7	48.4
	RESTROOM Magee Park	2.9	51.3
C	CARLSBAD BLVD	3.2	54.5
L	LA COSTA	0.1	54.6
R	VULCAN / SAN ELIJO	2.8	57.4
	RESTROOM Encintas Transit Center	2.0	59.4
R	CHESTERFIELD	0.1	59.5
L	COAST HWY 101	6.5	66.0
	RESTROOM – Torrey Pines Beach	1.6	67.6
R	REST STOP Torrey Pines Summit	0.0	67.6
L	TORREY PINES RD	4.1	71.7
R	JIMMY DURANTE BLVD ►	1.4	73.1
C	VALLEY	0.3	73.4
R	VALLEY	0.2	73.6
L	PARKING LOT	0.0	73.6
	RESTSTOP La Colonia Park	0.0	73.6
R	VALLEY	0.2	73.8
L	VALLEY ►	0.3	74.1
R	VIA DE LA VALLE	0.7	74.8
R	HIGHWAY 101	0.8	75.6
R	LOMAS SANTA FE DR	0.1	75.7
L	N CEDROS	0.3	76.0
L	PARKING LOT	0.0	76.0
	Look for Bike Truck	0.0	76.0
	SOLANA BEACH TRAIN STATION	0.0	76.0

SAG SUPPORT DESK (949) 433-7863