

CAPE COAST ALUMNI

CLASS of 2018

Maddalena Farchild – FIT
Elizabeth Johnson – Keene State College
Ali McLoughlin- Keene State College
Lauren Farrow – Daytona State College
Starr Tomlinson – Lake Sumter State Coll.
Courtney Noe – Hillsboro Comm Coll.

CLASS OF 2016

Delaney Smith – Eastern FL State College

CLASS OF 2015

Kiara Barrett – Florida Atlantic Univ. (FAU)
Kiersten Rosa – Florida Tech (FIT)
Raquel Kulak – Armstrong State Univ.
Victoria Watts – Pasco Hernando State

CLASS OF 2014

Becca Bower – Florida Tech (FIT)
Alex Hollabaugh – Daytona State
Taylor Wilson – LSU (Sand Volleyball)
Kylie Taffer – Salem College, NC

CLASS OF 2013

Shelby Jelinek – Daytona Sate
Danielle Klein – Daytona Sate
Emily Smith – Lake Sumter Comm. College
Lauren Vanderveer – Daytona State
Heather Welch – Eastern FL State College

CLASS OF 2010

Brittany Toney – Central FL Comm. College

CLASS OF 2009

Sarah Bachand – Brevard Comm. College
Adrianna Perotti – Brevard Comm. College
Ebony Mitchell

CLASS OF 2008

Katie Riley – Univ. of Central FL, UCF
Teri Lind – Maryville College
Cassie Reschke – Lake Sumter Comm. Coll.
Jackie Oleksik – Brevard Comm. College
Crystal Niederriter – Flagler College

CLASS OF 2006

Megan Walden – Maryville College
Megan Deen – Mississippi College
Jessica Figler – Brevard Comm. College
Kelly Sharp – Brevard Comm. College

CLASS OF 2005

Ali Hansen – Marshall University

CLASS OF 2005 (cont.)

Brittany Scott – Lambuth College
Amanda Warrick – Brevard CC
Kelly Frakes – Brevard Comm Coll
Jennifer Nelson – Embry Riddle
Kacy Florack – FL Gulf Coast Univ.
Alyssa Swan – Brevard Comm. College
Christine Kennedy – Palm Beach Atl.
Dorey Gray – Mississippi State

CLASS OF 2004

Krista McAra – Flagler College
Layla Hamilton – Univ. of West Florida
Michelle Rycroft – Barry University
Nelmarie Ortiz – Brevard Comm. Coll.
Heather Hansen – Pasco-Hernando CC
Kimberly Clonan – Univ. of Central FL
Lindsay Foster – Florida Tech (FIT)
Eric Birch – Webber Intl. University
Aisha Berkley – St. Johns CC
Kylie Colgan – Florida Atlantic Uni.
Katie Buckey – Brevard Comm. Coll.

CLASS OF 2002

Rasheen Patrick – Brevard Comm. Coll.
Gina Corbin – Brevard Comm. College
Natalie Hyppolite – Georgia
Lori Shellenback – North FL University
Amanda Loehr – Valdosta State

CLASS OF 2001

Sarah Spinner Wayne – Univ. of KY
Jessica Mirda – Florida Tech (FIT)
Dana Jaenicke – Valdosta State
Sarah Cargill – Valdosta State
Michelle Green – Manatee Comm. Coll.
Amy McCrea – Manatee Comm. College

CLASS OF 2000

Natalia Acevedo – Florida Tech
Lisssa Allen – East TN State Univ.
Daniella Bragg – Indian River CC
Michelle Caudwell – Furman University
Nelmarie Casillas – South Florida CC
Irene Girigis – Nova Southeastern Un.
Cassidy Mulligan – Eastern FL
Kelli Notestine – University of Florida
Lauren Garell – Auburn/Univ. of Miami
Lindsay Panzek – Furman University
Jessica Parrot – Florida Tech

CAPE COAST VOLLEYBALL CLUB

2019 CLUB VOLLEYBALL SEASON



Serving Brevard County Youth for Over 25 years

EMAIL: capecoast1@gmail.com

WEBSITE: www.capecoastvolleyball.com

PHONE: 321-480-9473

2019 COACHING STAFF

ELITE / NATIONAL TEAMS (Tentative Coaching Staff)

10 ELITE	Lindsay Tipton / Connie Denaburg	
11 ELITE	Jennifer Arnold / Kim Tokumoto	
12 ELITE	Herb & Kim Tokumoto	
13 ELITE	Phil Horvath	
14 ELITE	Pete Klonowski	14 NATIONAL – Kate Sorensen
15 ELITE	Diego Perez	15 NATIONAL – Kelly Sharp
16 ELITE	Eric Murray / Kelly Sharp	16 NATIONAL – Dave Jelinek
17 ELITE	Connie Denaburg	
18 ELITE	Angie Patrick	

SELECT TEAMS – (Tentative Coaching Staff)

12 SELECT	Mari Amaral, Erin Arbour
14 SELECT	Carley Gregory, Elisa Pauser
15 SELECT	Abby Schaffer
16 SELECT	Kate Sorensen

CAPE COAST TEAM OPTIONS

ELITE TEAMS - Ages 10-18

Experienced players **seeking college scholarships.** (advanced)
 Designed for athletes who want to compete at the highest level.
 3 practices per week ** 1-2 coaches per team ** 2 & 3 day USA Tourn.
 Extensive travel to “in state” and “out of state” tournaments.
 Teams will attend at least 3 National Qualifiers

ELITE TEAM TOURNAMENT SCHEDULE 2019 (Tentative)

<u>DATE</u>	<u>TOURN</u>	<u>LOCATION</u>
Jan 12-13 or 19-21	MLK Showcase	Orlando
Jan 26-27	Battle of Bay	Tampa
Feb 2-3	Daytona 100	Daytona Beach
Feb 16-18	Gasparilla	Tampa
Mar 2-3	OVA Invite	Orlando
Mar 15-17	Sunshine Qual	Orlando
April 19-21	Windy City Qual	Chicago
May 3-5	FL Region Qual	Orlando

TRYOUT REGISTRATION FORM

ATHLETE INFORMATION:

NAME: _____

DATE OF BIRTH (MM/DD/YY) _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

PARENT INFORMATION:

FATHER EMAIL: _____

FATHER PHONE: _____

MOTHER EMAIL: _____

MOTHER PHONE: _____

STEPS TO REGISTER FOR TRYOUTS

- Register online for tryouts at www.capecoastvolleyball.com
- Get an AAU Membership at www.aausports.org – bring card to tryouts
- Fill out an AAU Medical Form (must be **notarized**) – **3 copies** to tryouts
Cape Coast AAU Club Code is WY6B44
- Pay online - \$60

ALL TRYOUTS ON SEPTEMBER 30, 2018 ARE HELD AT VIERA HIGH SCHOOL

TRYOUT TIMES:

Sept 30, 2018	10U	8:30 – 10:00 AM
Sept 30, 2018	11U	8:30 – 10:00 AM
Sept 30, 2018	12U	10:00 AM – 12:00 PM
Sept 30, 2018	13U	10:00 AM – 12:00 PM
Sept 30, 2018	14U	12:00 PM – 2:00 PM
Sept 30, 2018	15U	2:00 – 4:00 PM
Sept 30, 2018	16U	4:00 – 6:00 PM
Sept 30, 2018	17U	6:00 – 7:30 PM
Sept 30, 2018	18U	6:00 – 7:30 PM

WHAT IS CLUB VOLLEYBALL?

CAPE COAST VOLLEYBALL CLUB AT A GLANCE:

Established in 1994 – Celebrating 25 years!

USAV Gold Seal Award for 2011, 2012, 2013, 2014 & 2015, 2016, 2017, 2018

Non-Profit – Tax Exempt 501 c (3) Corporation

Volleyball training and tournaments for beginners & advanced ages 8-18

Affiliated with AAU Volleyball and USA Volleyball

Assist athletes who are seeking college volleyball scholarships

Beginner, Intermediate & advanced teams for those ages 8 to 18.

OUR MISSION:

The mission of Cape Coast Volleyball Club is to develop volleyball skills in athletes through a fun, positive, and competitive athletic experience. CCVC strives to teach players the value of teamwork, responsibility, self-discipline and leadership so every athlete has the opportunity to be the best they can be.

OUR GOALS:

To develop interest in volleyball and encourage participation. To provide each athlete a high level of technical training. To maintain a positive teamwork environment and to further their social, mental and athletic development. We strive to be a first class program displaying good sportsmanship while teaching athletes life skills through this positive experience. We expose athletes to collegiate volleyball programs through recruiting efforts. Provide programs for players of all skill levels.

CAPE COAST BOARD OF DIRECTORS

President & Indoor Volleyball Director

Connie Denaburg

Sand Volleyball Director

Daren Bolton

Parent Representative

Drew Johnson

Non-Board Positions:

Uniform Coordinator

Melissa Fairchild

Fundraising Coordinator

Tom Bradford

Coaches Coordinator

Herb Tokumoto

RECRUITING INFORMATION

The information below is intended for those athletes interested in playing collegiate indoor and/or sand volleyball.

Our recruiting program begins your freshman year in High School . The internet is your primary recruiting tool.

You must make yourself known to a coach-only top recruits get contacted

There are over 1700 colleges with athletic programs (85% other than D1) Alternative college assistance (academic scholarships, merit grants, F.A) Jr. Year (DI & DII) - you must register for the NCAA Clearinghouse.

CAPE COAST RECRUITING PLAN

What Athletes Can Do Now.

- Complete a player profile and give to director for website – athlete & parent
- Start sending emails to college coaches expressing interest in their program.
- Get evaluated by Cape Coast Staff
- Cape Coast will contact coaches on your behalf
- Build a player profile, one page flyer with your info / schedule
- Create a skills / game video and send to coaches
- Follow up with schools you are interested in and plan a college visit.

What Cape Coast Will Do for You

- List your player profile on our website
- Put your skills / game video on our website.
- Contact College Coaches on your behalf
- Conduct recruiting meetings to assist you with your recruiting process.

THINGS TO REMEMBER

The Student athlete and their family are ultimately responsible for recruiting process of their child and getting a college scholarship.

Cape Coast will evaluate and assist you in this process but Cape Coast won't "GET YOU" a college scholarship.

The athlete earns a scholarship with grades, ability and attitude. Cape Coast will help introduce you to college coaches and give you the exposure you need to help you in your quest for a college volleyball scholarship.

FUNDRAISING

Fundraising Coordinator: Tom Bradford Email: 1tombradford@gmail.com

We offer ways to help offset the cost of tuition through fundraising efforts. If you have an idea for a fundraiser, please see Tom Bradford.

Examples of Fundraisers:

YEARBOOK – Sell ads for the yearbook. (deadline Jan 15, 2019)

All teams will be featured in this book.

70% of Ad income will go into your Cape Coast account.

Athletes must provide camera ready artwork in black & white

CANDY SALES

BUMP A THON

GOLF TOURNAMENT

FAMILY FUN DAY

OTHER TEAM FUNDRAISERS – Funds will be split between players.

Examples: car wash, bucket drops, donut sales.

**VISIT OUR WEBSITE AT WWW.CAPECOASTVOLLEYBALL.COM
FOR THE FOLLOWING INFORMATION**

Register for tryouts NOW

Travel Information

Team Pages / Coaches Information

Practice Information

Senior / Recruiting Information

Tournament Schedule & Results Information

Monthly Newsletter

**If you would like to be added to our mailing list or have questions
send email to: Capecoast1@gmail.com**

TRYOUTS BEGIN SOON!

SEPTEMBER 30, 2018 for ALL AGES

OCTOBER 7, 2018 – MANDATORY TEAM MEETINGS

See website for specific times

REGISTER ONLINE FOR TRYOUTS at www.capecoastvolleyball.com

SELECT TEAMS – Ages 10-18

Designed for beginner to intermediate players wanting to play on H.S. team.
2 practices per week ** 1 coach per team ** 1 & 2 day AAU Tournaments
Travel to Orlando and locally.

SELECT TEAM TENTATIVE TOURNAMENT SCHEDULE

<u>DATE</u>	<u>TOURNAMENT</u>	<u>AGE</u>	<u>LOCATION</u>
Jan TBD	AAU 1 Day	10-18	Viera
Jan 26-27	AAU Chill Blast	10-18	Orlando
Feb 2-3	AAU Winter Classic	10-18	Orlando
Feb 23-24	AAU Winter Festival	10-18	Orlando
Mar 9-10	AAU Spring Classic	10-18	Orlando
Mar 23-24	AAU Spring Fling	10-14	Orlando
April TBD	AAU 1 Day	10-18	TBD
April 27-28 (10-14's)	AAU Regionals	10-18	Orlando
May 11-12 (15-18's)	AAU Regionals	10-18	Orlando

LEAGUE TEAMS – Ages 10-18

Designed for beginners as introduction to volleyball skills
Local tournaments only
Utilize train the trainer program with parent coaches

LEAGUE TEAM TOURNAMENT SCHEDULE - practices Fri. OR Sun.

<u>DATE</u>	<u>TOURN</u>	<u>LOCATION</u>
Jan	AAU 1 Day	Local
Feb	AAU 1 Day	Local
March	AAU 1 Day	Local
April	AAU 1 Day	Local
May	AAU 1 Day	Local

MINI VOLLEYBALL – Ages 5-10

August – April for beginners as low cost training option 1 practice per week.
Athletes practice 1 day per week on Sundays at Cape Coast Facility.
Cost is \$60 per month

TRYOUT REGISTRATION

STEPS TO REGISTER FOR TRYOUTS

- Register online for tryouts at www.capecoastvolleyball.com
- Get an AAU Membership at www.aausports.org – bring card to tryouts
- Fill out an AAU Medical Form (must be **notarized**) – **3 copies** to tryouts
Cape Coast AAU Club Code is WY6B44
- Pay online - \$60 (Discounted to \$50 if paid at orientation meeting 10/23/2018)

ALL TRYOUTS ON SEPTEMBER 30 ARE HELD AT VIERA HIGH SCHOOL

TRYOUT TIMES:

See website for updated tryout days and times at:

www.capecoastvolleyball.com

THINGS TO REMEMBER AT TRYOUTS

- All players **MUST** tryout in YOUR OWN AGE DIVISION FIRST.
- Age Division for 2018 – How old you will be on **Aug. 31, 2019**
- You may try out for another age division for an additional fee of \$20.
- Team Placement is based on attitude, volleyball skills & athletic ability.
- Goal 10 players per team.
- Tuition will NOT be adjusted for more/less players per team.
- Tryout Results will be posted at www.capecoastvolleyball.com
- Check website for callbacks and time of first team meeting.
- Uniforms will be fitted at tryouts.
- We will have a notary on staff at tryouts.
- High School athletes who are still in season should attend tryouts but participate at the discretion of their parents and coaches.

PRACTICES BEGIN NOVEMBER 2018

TUITION PAYMENTS / BUDGET

ELITE TEAM BUDGET

PER PLAYER FEES	10 SELECT	11/12 ELITE	13-18 ELITE	18 ELITE
Coach Registration, Travel, Sal	\$ 325	\$ 682	\$1,420	\$ 790
Tournament Entry Fees	\$ 115	\$ 345	\$ 500	\$ 350
Equipment & Club Operation	\$ 125	\$ 270	\$ 350	\$ 350
Facilities	\$ 380	\$ 600	\$ 600	\$ 400
Total Per Player Fee	\$ 945	\$1,897	\$2,870	\$1,890
7 Monthly Payments	\$ 135	\$ 271	\$ 410	\$ 270

NATIONAL, SELECT & LEAGUE TEAM BUDGETS

PER PLAYER FEES	NATL TEAMS	11-18 SELECT & 10 ELITE	10-16 LEAGUE
Coach Registration, Travel, Salary	\$ 682	\$ 414	\$ 610
Tournament Entry Fees	\$ 345	\$ 300	\$ 80
Equipment & Club Operation	\$ 270	\$ 270	\$ 90
Facilities	\$ 600	\$ 500	\$ 270
Total Per Player Fee	\$ 1,897	\$ 1,484	\$ 500
7 Monthly Payments	\$ 271	\$ 212	\$ 100

(5 payments)

10 & UNDER VOLLEYBALL - \$60 PER MONTH – AUG –APRIL

THINGS TO REMEMBER

- Tuition charged in 7 monthly payments.(except league)
- League teams pay only 5 monthly payments of \$100 beginning Oct. 2018
- Payments after Oct. are due on 1st of the month & late by the 5th .
- Cost per team is the same regardless of number of players
- Payments accepted by Cash, check or paypal – you can pay online
- Submit check to: P.O. Box 541472, Merritt Island 32954
- An original Invoice will be sent showing full amount due.
- Monthly statements will be sent showing payment amounts and balance.
- A late fee of \$20 will be assessed for payments postmarked after 5th.
- Athletes not allowed to participate in practice or tournaments till paid to date.
- If you have not paid prior year tuition, you will not be assigned to 2019 team.
- Disputes & grievances will be presented to the Board of Directors for review.
- Money raised by fundraising is not refundable – it can be held in account.
- There will be no refunds for those not completing a full season.
- Refunds due to injury will be handled on a case by case basis.

BEACH VOLLEYBALL

Tryouts for advanced beach volleyball training for ages 14-16

Training is designed for beach athletes U14 to U16 who want to take their beach game to the next level with advanced training two nights per week. All Training will be held at Travis Park Recreation Center in Cocoa. Training begins in December 2018.

For more information on beach training please email Daren Bolton at myccvcbeach@gmail.com

NOTES

CLUB OPERATION

FACILITIES – NEW FACILITY- HOME of Cape Coast Volleyball Club

HOME OF Cape Coast Volleyball Club - 1430 W. King Street, Cocoa
Viera High School

Travis Park Rec Center – Cocoa

Cocoa West Rec Center – Cocoa

Kiwanis Island Rec Center – Merritt Island

Woody Simpson – Merritt Island

Merritt Island High School

Kennedy Middle School – Rockledge

SPONSOR

We are proud to call **NIKE** our **CLUB SPONSOR** once again this year. All our teams will wear quality NIKE uniforms. All uniform kits and merchandise will be sold separate from your tuition package.

Jerseys

Kneepads

Spandex

Socks

Backpacks

Drawstring Bags

Shoes

RECRUITING For those interested in playing volleyball at the next level, we are committed to partnering with parents and athletes to help them attain their collegiate goals. We will have specific recruiting meetings throughout the year to assist athletes and parents in the recruiting process. See athlete link on our Cape Coast website for recruiting.

TEAM MEETINGS:

Following tryouts we will have team meetings tentatively scheduled for Oct 7th to review club procedures and fill out necessary paperwork for the 2019 club season. We will size for uniforms and collect uniform package payments. We will also collect your first tuition payment at this meeting.