



2023 Northern Plains District Girls Player Development Camp

May 19-21, 2023

ICON SPORTS CENTER-Grand Forks, ND



GIRLS 2005-2007			
FRIDAY			
3:15 PM- 4:15 PM	ICON Rydell Rink	05-07 Girls ALL	SKILLS
8:00 PM- 8:30 PM	Choice Dryland Room	05-07 Girls Team 1, 2	Dryland
8:30 PM- 9:00 PM	Choice Dryland Room	05-07 Girls Team 3	Dryland
9:15 PM- 9:45 PM	ICON Rydell Rink	05-07 Girls Team 1, 2	Games
9:45 PM- 10:15 PM	ICON Rydell Rink	05-07 Girls Team 1, 3	Games
10:15 PM- 10:45 PM	ICON Rydell Rink	05-07 Girls Team 2, 3	Games
SATURDAY			
10:30 AM- 11:30 AM	ICON Rydell Rink	05-07 Girls ALL	Small Area Games
11:45 AM- 12:15 PM	Choice Dryland Room	05-07 Girls Team 1, 2	Yoga
12:15 PM- 12:45 PM	Choice Dryland Room	05-07 Girls Team 3	Yoga
4:45 PM- 5:15 PM	ICON Rydell Rink	05-07 Girls Team 2, 3	Games
5:15 PM- 5:45 PM	ICON Rydell Rink	05-07 Girls Team 1, 2	Games
5:45 PM- 6:15 PM	ICON Rydell Rink	05-07 Girls Team 1, 3	Games
SUNDAY			
8:00 AM- 8:30 AM	ICON Judd Rink	05-07 Girls Team 1, 3	Games
8:30 AM- 9:00 AM	ICON Judd Rink	05-07 Girls Team 2, 3	Games
9:00 AM- 9:30 AM	ICON Judd Rink	05-07 Girls Team 1, 2	Games
SEMINARS			
THURSDAY			
3:00 PM	ICON Community Room	BAUER PROFILE SKATE SHARPENING	
7:00 PM	ICON Community Room	BAUER PROFILE SKATE SHARPENING	
FRIDAY			
12:00 PM	ICON Community Room	UND Associate Head Coach Dane Jackson	
GIRLS 2008-2009			
FRIDAY			
12:45 PM- 1:45 PM	ICON Rydell Rink	08/09 Girls Team 1,2, 3 A-L	SKILLS
2:00 PM- 3:00 PM	ICON Rydell Rink	08/09 Girls Team 4,5, 3 M-Z	SKILLS
5:30 PM- 6:00 PM	Choice Dryland Room	08/09 Girls Team 1, 2	Dryland
6:15 PM- 6:45 PM	Choice Dryland Room	08/09 Girls Team 3, 4	Dryland
6:15 PM- 7:15 PM	ICON Rydell Rink	08/09 Girls Team 1, 2	Games
6:45 PM- 7:15 PM	Choice Dryland Room	08/09 Girls Team 5	Dryland
7:30 PM- 8:00 PM	ICON Rydell Rink	08/09 Girls Team 3, 4	Games
8:00 PM- 8:30 PM	ICON Rydell Rink	08/09 Girls Team 3, 5	Games
8:30 PM- 9:00 PM	ICON Rydell Rink	08/09 Girls Team 4, 5	Games
SATURDAY			
10:00 AM- 10:30 AM	Choice Dryland Room	08/09 Girls Team 4, 5	Yoga
10:30 AM- 11:00 AM	Choice Dryland Room	08/09 Girls Team 3	Yoga
11:00 AM- 11:30 AM	Choice Dryland Room	08/09 Girls Team 1, 2	Yoga
11:45 AM- 12:45 PM	ICON Rydell Rink	08/09 Girls Team 4,5, 3 M-Z	Small Area Games
1:00 PM- 2:00 PM	ICON Rydell Rink	08/09 Girls Team 1,2, 3 A-L	Small Area Games
6:30 PM- 7:30 PM	ICON Rydell Rink	08/09 Girls Team 3, 4	Games
7:45 PM- 8:15 PM	ICON Rydell Rink	08/09 Girls Team 1, 5	Games
8:15 PM- 8:45 PM	ICON Rydell Rink	08/09 Girls Team 2, 5	Games
8:45 PM- 9:15 PM	ICON Rydell Rink	08/09 Girls Team 1, 2	Games
SUNDAY			
10:00 AM- 11:00 AM	ICON Judd Rink	08/09 Girls Team 1, 5	Games
11:15 AM- 11:45 AM	ICON Judd Rink	08/09 Girls Team 2, 3	Games
11:45 AM- 12:15 PM	ICON Judd Rink	08/09 Girls Team 2, 4	Games
12:15 PM- 12:45 PM	ICON Judd Rink	08/09 Girls Team 3, 4	Games
GIRLS 2010-2011			
FRIDAY			
11:30 AM- 12:30 PM	ICON Rydell Rink	10/11 Girls ALL	SKILLS
3:15 PM- 3:45 PM	Choice Dryland Room	10/11 Girls Team 1, 2	Dryland
3:45 PM- 4:15 PM	Choice Dryland Room	10/11 Girls Team 3	Dryland
4:30 PM- 5:00 PM	ICON Rydell Rink	10/11 Girls Team 1, 2	Games
5:00 PM- 5:30 PM	ICON Rydell Rink	10/11 Girls Team 1, 3	Games
5:30 PM- 6:00 PM	ICON Rydell Rink	10/11 Girls Team 2, 3	Games
SATURDAY			
1:00 PM- 1:30 PM	Choice Dryland Room	10/11 Girls Team 1, 2	Yoga
1:30 PM- 2:00 PM	Choice Dryland Room	10/11 Girls Team 3	Yoga
2:15 PM- 3:15 PM	ICON Rydell Rink	10/11 Girls ALL TEAMS	Small Area Games
7:00 PM- 7:30 PM	ICON Judd Rink	10/11 Girls Team 2, 3	Games
7:30 PM- 8:00 PM	ICON Judd Rink	10/11 Girls Team 1, 2	Games
8:00 PM- 8:30 PM	ICON Judd Rink	10/11 Girls 1, 3	Games
SUNDAY			
12:30 PM- 1:00 PM	ICON Rydell Rink	10/11 Girls Team 1, 3	Games
1:00 PM- 1:30 PM	ICON Rydell Rink	10/11 Girls Team 2, 3	Games
1:30 PM- 2:00 PM	ICON Rydell Rink	10/11 Girls Team 1, 2	Games
GOALTENDERS			
SATURDAY			
3:30 PM- 4:30 PM	ICON Rydell Rink	ALL GIRL GOALIES	Goalie Session