

**FIELD HOCKEY ONTARIO**

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## ANTI-DOPING POLICY

Field Hockey Canada has adopted the Canadian Anti-Doping Program (CADP). As part of Field Hockey Canada, all members of Field Hockey Ontario are subject to Canada's anti-doping rules, which are administered by the Canadian Centre for Ethics in Sport (CCES). The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations, and is compliant with the World Anti-Doping Code and all international standards.

By adopting the CADP, Field Hockey Canada has joined a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. Field Hockey Canada's anti-doping policy reflects and supports the CADP. <http://www.fieldhockey.ca/wp-content/uploads/Policies/Doping%20In%20Sport%2009.30.11.pdf>

Canadian Anti-Doping Program: <https://cces.ca/canadian-anti-doping-program>

The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

- Check the Global DRO ([www.globaldro.com](http://www.globaldro.com)) to determine if any prescription or over-the-counter medications or treatments that are banned by the WADA Prohibited List.
- Review Medical Exemptions requirements [click here](#) if you require the use of a banned medication for a legitimate medical reason.
- Do not use supplements, or take precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more: [www.cces.ca/supplements](http://www.cces.ca/supplements).
- Review the steps of the doping control sample collection procedures: [www.cces.ca/en/sample collection](http://www.cces.ca/en/sample-collection).

For additional resources and more about anti-doping, please contact the CCES

- CCES Info Line: +1 800-672-7775
- Online: <https://cces.ca/>

