




HELMET SIZE GUIDE

	Y S/M YOUTH S/M				Y L/XL YOUTH L/XL			M MEDIUM			L LARGE		XL X-LARGE	
HAT SIZE	6	6 ³ / ₈	6 ¹ / ₂	6 ⁵ / ₈	6 ³ / ₄	6 ⁷ / ₈	7	7 ¹ / ₈	7 ¹ / ₄	7 ³ / ₈	7 ¹ / ₂	7 ⁵ / ₈	7 ³ / ₄	7 ⁷ / ₈
INCHES	19	20 ¹ / ₈	20 ¹ / ₂	20 ⁷ / ₈	21 ¹ / ₄	21 ⁵ / ₈	22	22 ³ / ₈	22 ³ / ₄	23 ¹ / ₈	23 ¹ / ₂	23 ⁷ / ₈	24 ¹ / ₄	24 ⁵ / ₈

SOFT SHOULDER PAD SIZE GUIDE

T-SHIRT SIZE	SHOULDER PAD SIZE
YOUTH SMALL OR MEDIUM	X-SMALL
YOUTH LARGE, X-LARGE, ADULT SMALL	SMALL
ADULT MEDIUM	MEDIUM
ADULT LARGE	LARGE
ADULT X-LARGE	X-LARGE