

Grand Cities Lacrosse Association
Board Meeting - Agenda

Date: October 8, 2025

Time: 6:30pm

Location: ICON Sports Center Board Room

Members: Laura L, Dan S, Nate S, Jamie L, Nate A, Sarah G, Crystal S, Matt S, Jeremy B, Sarah O

- I. Approval of minutes from September 10, 2025 meeting
Motion to approve: Jamie
2nd: Nate A.
Vote: Approved

- II. Treasurer's Report (Nate S)
Checking: \$13,375
Boosters: \$13,122
Items to Note: Last big expenditure was a check to Heather for Pumpkin Shootout

- III. Old Business
 - A. Coach Clinics - no update
 - B. Sports Fun Day (10/4) Dan & Jamie attended. Approximately 15 kids attended, well run.

- IV. New Business
 - A. NELAX Findings
Laura & Dan met w/NELAX board a few weeks ago. They were receptive to GCLA joining. Too little time to join this year. Looking at April 11 and April 25 weekends (Des Moines & Omaha) before NPLL season starts. Looking into if there's an option for a girls' team. NELAX board meets in November to set their schedule and keep us in mind when scheduling. They would like us to bring a referee. GCLA would pay travel for referee. Nate estimated coach cost – Omaha \$1,024/per coach, Des Moines - ?.
 - B. Schedule Winter TryLAX
Board talked about waiting for the hockey schedule to come out to schedule winter TryLAX event. Likely we'll look at something in January.
 - C. Spring Schedule Planning
 1. Proposed NPLL Schedule:
 - May 2-3 - Rapid City (Grand Rapids tournament)
 - May 9-10 - GF or Fargo
 - May 16-17 - GF or Fargo (**GCLA to request this weekend in GF**)
 - May 23-24 - OFF (Memorial Day)
 - May 30-31 - Watertown
 - June 6-7 - Championships in Bismarck

2. Non-NPLL Pre-Season Weekends

- a) 2 NELAX weekends for high school – looking at April 11 & 25 weekends. Board looking to start practice three weeks prior with 2 practices a week before teams start competing.
- b) 2 GNLL weekends for youth – looking at April 11 & 25 weekends. Board looking to start practice three weeks prior with 2 practices a week before teams start competing.

3. Dates to be aware of:

- a) April 18 - RRHS prom
- b) May 2 - CHS prom
- c) May 9 - EGF prom
- d) May 22 - EGF Graduation
- e) May 31 - RRHS/CHS Graduation

D. Uniforms (Sample & Sponsor?) – Jamie

Oxford Real Estate wants to be a sponsor. They offered to buy varisty uniforms, helmets, decals, etc. They agreed to pay up to \$15,000. Jamie had a sample uniform shirt and shooter shorts for the board to look at. Sizing seems to run big. Board made some changes to font and sizing.

E. National Celebrate Lacrosse Week (NCLW) - November 1-9

Board discussed doing a week's worth of posts on social media to get the word out about lacrosse during this week. Board will do a give-away during the week to encourage spreading the word. Please send any lacrosse facts, statistics, etc. to Laura.

V. Standing Items

A. Boosters (Casey) - none

B. NPLL (Dan) - There's a possible co-op option for girls in the spring in Chicago over memorial day weekend through NPLL. Tryouts are March/April through USA Lacrosse.

C. Gaming (Nate A) – Next month's check will be just under \$2,000.

VI. Items Arising

- Canadian teams are working on a contact. They are also unsure of their season.
- Moorhead is considering joining the NPLL youth games. NPLL has expressed interest in letting them join.
- The board started discussing possible indoor practice space for the 2026 season given the current two preseason games and the three weeks of needed practice. Crookston has an indoor turf field. It's \$53 to rent, available Wednesday afternoons after 6pm and on weekends. First come, first serve so we won't get bumped like HPS.

Next Meeting Date: November 12, December 10

Action Items:

Who	What	Due Date
Nate S	Sanford Donation	
	AED-make sure Klay does have the device as it's not in the shed	Done
Laura will start	Annual Report	
Casey	BWW Fundraising – This will be run by Scott @ BWW and he'll let us know if he needs anything from us.	

Notes for the 2026 Season:

- End registration sooner so we have more time to plan everything. Around March 15.
- Bunch Buddies
- Start time for practice - how can we add more? HPC days? Other indoor practice spaces?
- Cushman night should be varsity boys and varsity girls
- Need coaches identified sooner
- Add optional skills practices to the schedule
- Clothing for coaches
- Senior Yard Signs