

## ORANGE COUNTY WHEELMEN

**2025 Amtrak Metric**

**65 MILES**

© 2025 Orange County Wheelmen  
OBEY ALL TRAFFIC LAWS

“▶” DENOTES ROUTE ARROW ON ROAD  
"C" MEANS CONTINUE ON SAME ROAD  
"/" MEANS NAME CHANGES EN ROUTE

	START	0.0	0.0
L	ADA	0.1	0.1
L	BARRANCA / MUIRLANDS	5.4	5.5
L	LA PAZ ▶	0.2	5.7
R	CHRISANTA ▶	0.5	6.2
L	CORTINA ▶	0.4	6.6
L	ESTANCIERO ▶	0.3	6.9
R	MARGUERITE	3.6	10.5
R	AVERY ▶	0.2	10.7
L	CAMINO CAPISTRANO	3.7	14.4
L	DEL OBISPO	0.1	14.5
R	PLAZA	0.2	14.7
R	(Towards Brew House)	0.1	14.8
	<b>REST STOP – Brew House)</b>	<b>0.1</b>	<b>14.9</b>
L	PLAZA	0.1	15.0
L	CAPISTRANO HOME CENTER	0.1	15.1
L	CAMINO CAPISTRANO	0.3	15.4
R	SAN JUAN CREEK TRAIL ▶	0.2	15.6
L	SAN JUAN CREEK TRAIL (over bridge)	2.4	18.0
R	RESTROOMS – Doheny Beach)	0.1	18.1
R	PARK LANTERN	0.1	18.2
C	thru gate onto PCH	0.1	18.3
R	PCH	0.9	19.2
R	enter Bike Trail	2.6	21.8
L	SENDA DE LA PLAYA	0.0	21.8
R	AVENIDA ESTACION	0.0	21.8
L	CALLE DESHECHA ▶	0.1	21.9
R	AVENIDA PICO	0.1	22.0
C	follow bike route signs	3.0	25.0
L	AVENIDA CALAFIA	0.1	25.1
R	AVENIDA DEL PRESIDENTE	1.1	26.2
R	PACIFIC COAST BIKEWAY ▶	1.1	27.3
C	OLD PACIFIC HIGHWAY ▶	3.5	30.8
	RESTROOM San Onofre	2.0	32.8
	RESTROOM San Onofre	0.3	33.1
C	thru gate onto PACIFIC COAST BIKEWAY	3.3	36.4
	<b>REST STOP – Las Pulgas</b>		<b>36.4</b>
R	LAS PULGAS	0.2	36.6
L	I-5 FRWY	1.9	38.5
R	ALISO CREEK REST AREA	0.1	38.6
	RESTROOM I-5 Rest Area		38.6
C	CONTINUE ONTO I-5 FRWY	5.2	43.8
R	EXIT HARBOR DRIVE	0.3	44.1
R	HARBOR DRIVE	0.2	44.3
L	HARBOR DRIVE	0.0	44.3
L	HARBOR DRIVE ▶	0.3	44.6

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L	CORTINA ▶	0.4	6.6
L	ESTANCIERO ▶	0.3	6.9
R	MARGUERITE	3.6	10.5
R	AVERY ▶	0.2	10.7
L	CAMINO CAPISTRANO	3.7	14.4
L	DEL OBISPO	0.1	14.5
R	PLAZA	0.2	14.7
R	(Towards Brew House)	0.1	14.8
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C	thru gate onto PCH	0.1	18.3
R	PCH	0.9	19.2
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	<b>REST STOP – Las Pulgas</b>	<b>0.0</b>	<b>36.4</b>
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R	ALISO CREEK REST AREA	0.1	38.6
	RESTROOM I-5 Rest Area	0.0	38.6
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L	PACIFIC ST		2.3	46.9
	RESTROOM Buccaneer Park		0.3	47.2
L	CASSIDY		0.1	47.3
R	BROADWAY		0.4	47.7
L	EATON		0.1	47.8
R	S COAST HIGHWAY		0.7	48.5
	RESTROOM Magee Park		2.9	51.4
C	CARLSBAD BLVD		3.2	54.6
L	LA COSTA	▶▶	0.1	54.7
R	VULCAN / SAN ELIJO	▶	2.8	57.5
	RESTROOM Encintas Transit Center		2.6	60.1
C	MANCHESTER		0.7	60.8
R	ENTER BIKE TRAIL	▶	0.1	60.9
R	NORTH COAST TRAIL	▶	0.1	61.0
R	NORTH COAST TRAIL	▶	0.9	61.9
L	SOLANA HILLS	▶	0.3	62.2
C	SAN RODOLFO	▶	0.2	62.4
L	STEVENS	▶	0.3	62.7
L	GENEVIEVE	▶	0.1	62.8
R	VALLEY	▶	0.2	63.0
R	PARKING LOT		0.0	63.0
	RESTSTOP La Colonia Park		0.0	63.0
R	VALLEY		0.2	63.2
L	VALLEY	▶	0.3	63.5
R	VIA DE LA VALLE		0.7	64.2
R	HIGHWAY 101		0.8	65.0
R	LOMAS SANTA FE DR		0.1	65.1
L	N CEDROS		0.3	65.4
L	PARKING LOT		0.0	65.4
	Look for Bike Truck		0.0	65.4
	SOLANA BEACH TRAIN STATION		0.0	65.4

SAG SUPPORT DESK (949) 433-7863

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R	LOMAS SANTA FE DR		0.1	65.1
L	N CEDROS		0.3	65.4
L	PARKING LOT		0.0	65.4
	Look for Bike Truck		0.0	65.4
	SOLANA BEACH TRAIN STATION		0.0	65.4

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