



Teenage Divisions Fall & Winter Training

Fall Clinic: Sundays 2-4pm, starting Nov. 3rd - Dec. 15th (7 sessions)

Winter Clinic: Sundays 2-4pm, starting Jan. 5th - Mar. 15th (10 sessions)

We are excited to be teaming up with “The Process Baseball Academy” and “Futbol 5 Athletic Training & Fitness” to offer our 2020 Intermediate, Junior & Senior division players (Sept.1,2003-Aug.31, 2007) indoor fall and winter training right here in New West. All sessions will be run by experienced baseball trainers, with coach support. Fielding and overall fitness will be worked on in groups and pitching, batting, back catching will be worked on in small groups and/or individually.

Spaces are limited so register now to avoid disappointment!

Registration Fees: Fall (7 Sessions) \$155, Winter(10 sessions) \$220;

Both Fall & Winter Clinics bundled (17 sessions) \$350

sign up for both Fall and Winter clinics now and save \$25

**Location: @ Futbol 5 Athletic Training & Fitness
109 Braid St. (building C), New Westminster**

****Register on our website: www.newwestbaseball.com**

Got questions?

Contact Karen Morgan at secretary@newwestbaseball.com