



Administration Office  
3535 E. Mayo Blvd.  
Phoenix, AZ 85050

### Fall Camp Itinerary – USD 2019

#### MONDAY 7/22

4:30 am Check - In at Pinnacle  
5:00 am Pack bus/ Leave for CA  
12:00 pm Arrive at USD/CHECK-IN  
12:30 pm Lunch  
1:30 pm Practice #1  
4:00 pm Meetings  
5:00 pm Dinner  
6:00 pm Practice #2  
9:00 pm Team Meetings  
11:00 pm Lights Out

#### TUESDAY 7/23

6:30 am SPECIAL TEAMS WALKTHRU  
8 am Breakfast  
9 am Practice #1  
11:00 am TEAM ACTIVITY  
2:00 pm Return to USD  
4:00 pm Meetings  
6:00 pm Practice #2  
9:00 pm Meetings  
10:30 In Rooms  
11:00 pm Lights Out

#### WEDNESDAY/THURSDAY 7/24-7/25

6:30 am SPECIAL TEAMS WALKTHRU  
8 am Breakfast  
9 am Practice #1  
11:00 am Lunch  
1:00 pm Leave for Beach  
5:00 pm Dinner  
6:00 pm Practice #2  
8:30 pm Team Meetings  
10:00 pm In rooms  
11:00 pm Lights Out

#### Friday, 7/26

8:00 am Breakfast  
8:30 am Clean rooms/ pack  
9:00 am Practice  
11:00 am Checkout  
11:30 am Leave for Pinnacle  
6:00 pm Arrive at Pinnacle

#### NEEDED ITEMS:

Cleats  
Mouthpiece  
Helmet and Shoulder Pads  
Practice Jersey, Spring ball uniform (VARSITY ONLY)  
Blue Shorts (Pinnacle FB shorts REQUIRED)  
Street Clothes  
TENNIS SHOES/COURT SHOES  
Toiletries  
Sleeping Bag  
Pillow  
Snacks  
Towel  
Bathing Suit

SUNSCREEN  
WATER JUG  
Spending Money  
Pen/pencil and a NOTEBOOK  
PLAYBOOKS

University of San Diego

Address: 5998 Alcalá Park, San Diego, CA 92110

Phone: (619) 260-4600