

FRIDAY 22 NOVEMBER 2019

Registration :	15h30 – 18h30 (Hobie Beach Yacht Club / HBYC)
Bike Workshop :	15h30 – 18h30 (HBYC– gazebo outside)
5150 Merchandise :	15h30 – 18h30 (HBYC)

SATURDAY 23 NOVEMBER 2019

Registration :	09h00 – 17h00 (Hobie Beach Yacht Club)
Bike Workshop :	09h00 – 17h00 (HBYC - gazebo outside)
5150 Merchandise :	09h00 – 17h00 (HBYC)

SUNDAY 24 NOVEMBER 2019 (RACE DAY)

Bike Maintenance :	05h45 – 06h45 (Transition area – Kings Beach)
Bike Check-In, incl Welcome :	05h45 – 06h45 (Transition area – Kings Beach)
Race Briefing (Compulsory for all)	06h45 (Car park area next to Finish Line – Kings Beach)

FUNTRI (minimum age 14 years on race day)

Individuals Rolling Swim Start :	07h30
Teams Rolling Swim Start :	07h35

FUNTRI Distances:	400m Swim	20km Bike	5km Run
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PLEASE NOTE : There are no cut-off times for the FUNTRI

5150 : (minimum age 18 years on race day)

Rolling Swim Start :	08h10
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5150 Distances :	1500m Swim	40km Bike	10km Run
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PLEASE NOTE : There are cut off times per 5150 discipline (i.e swim, bike, run) :

Cut offs:	Swim time :	1 hour 10 minutes
	Bike time :	2 hour 20 minutes *
	Run time :	1 hour 20 minutes
	TOTAL time:	4 hour 50 minutes from your swim start time**

FUNTRI & 5150 Bike & Gear Check -Out (No Timing Chip, No Bike) :

FUNTRI Only :	09h45 – 10h45
5150 :	*15 minutes after last 5150 athlete finishes the bike course, until 13h45

Awards Presentation :	12h15 – All FUNTRI & 5150 (Male & Female: 18 – 24, 25 – 29, 30 – 34)
	13h15 - (5150 Male & Female: Age Groups 35+)