



## JOIN OUR COMMUNITY

A US Lacrosse membership is your all-access pass to a network of lacrosse enthusiasts working together to grow the sport. You'll receive a number of exclusive membership benefits, including the US Lacrosse Magazine.

### Membership Pricing

Youth (14U): \$30  
High School (15-18): \$35  
College Player: \$35  
Adult: \$55



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Sparks, MD 21152  
410.235.6882

**USLACROSSE.ORG**







# BENEFITS TO OUR MEMBERS

**INSURANCE COVERAGE** Excess medical and general liability coverage, including concussion. Box lacrosse included at no additional cost!

**US LACROSSE MAGAZINE** The latest lacrosse news delivered right to your mailbox. Featuring player stories, workout ideas, gear previews and more!

**SPECIAL DISCOUNTS** Offers on equipment, Team USA gear, NCAA and pro games, and more!

**ACCESS TO TIPS, DRILLS AND VIDEOS** Over 100+ videos to keep your skills sharp for players, coaches and officials.

**TRAINING** Become a certified coach or official, with our dynamic online courses and in-person clinics.

**MOBILE COACH APP** Practice plans and drills available right on your phone or tablet.

**ACCESS TO SANCTIONED TOURNAMENTS** Our tournament operators follow US Lacrosse best practices in order to create a more safe and consistent event and the best possible lacrosse experience.

**TOOLS TO SUPPORT GROWTH** Our regional management team is here to answer any and all questions when it comes to growing lacrosse in your community. Harness online tools such as the Program Leader Portal to make administration tasks easier.



446,208  
US LACROSSE MEMBERS

67,000

COACHES THAT HAVE  
TAKEN PART IN A US  
LACROSSE IN-PERSON  
INSTRUCTIONAL CLINIC



40

NATIONAL  
DEVELOPMENT CLINICS  
(LAREDO/LEAD) RUN  
FOR OFFICIALS BY  
US LACROSSE

\$2.7 MIL

US LACROSSE FINANCIAL SUPPORT  
PROVIDED TO LOCAL PROGRAMS TO  
HELP FUND GRASSROOTS INITIATIVES



6,498

NUMBER OF COACHES THAT HAVE BEEN  
CERTIFIED THROUGH THE US LACROSSE  
COACH DEVELOPMENT PROGRAM



55

URBAN LACROSSE  
ALLIANCE PROGRAMS  
SUPPORTED BY  
US LACROSSE

\$9.22  
MILLION

RETAIL VALUE OF  
GRANTS AWARDED  
TO 800 TEAMS  
THROUGH THE FIRST  
STICK PROGRAM



2,745

SOFT STICK  
EQUIPMENT GRANTS  
PROVIDED TO  
SCHOOLS AND  
ORGANIZATIONS,  
IMPACTING NEARLY  
82,350 CHILDREN

26,970

PARTICIPANTS BENEFITTING  
FROM THE 157 RECIPIENTS  
OF THE NATIONAL DIVERSITY  
GRANT PROGRAM



15

PROGRAMS WHO HAVE COMMITTED TO PUTTING  
PLAYERS FIRST UNDER THE LACROSSE ATHLETE  
DEVELOPMENT MODEL, REPRESENTING  
NEARLY 10,000 YOUNG ATHLETES

US Lacrosse was formed on January 1, 1998, as the national governing body of lacrosse in the United States. US Lacrosse has nearly 450,000 members around the United States and provides national leadership, structure and resources to fuel the sport's growth and enrich the experience of participants.

## BECOME A MEMBER

WE ARE NEARLY 450,000 MEMBERS STRONG

Players, Coaches, Officials,  
Administrators, Parents, and Fans

[USLACROSSE.ORG/MEMBERSHIP](https://uslacrosse.org/membership)



ABOUT  
US LACROSSE