

**Park City Ice Arena Summer High Performance
Figure Skating Camp Schedule
June 12-16, 2023**

Monday-Thursday schedule

Extra Freestyle 6:30-7:30am

7:00am Dynamic warm-up

7:30-8:15am FS #1

8:15-8:45am TE class

8:30am Dynamic Warm-up

8:45am ice make

9-10am FS #1

9:15-10:15am off-ice

10-10:30am TE class

10:30am ice make

10:45-11:45am off-ice

10:45-11:45am FS #2

11:45-12:15pm PC class

11:45-12:15pm Lunch

12:15-12:45pm lunch

12:30-1:15pm FS #2

12:45pm Camp ends or optional Add-on

1:15-1:45pm PC class

1:45pm ice make

1:45pm Camp ends or optional Add-on

Optional Advanced Add-on Monday-Thursday:

- 12:45-1:45pm/1:45-2:15pm Lecture
 - 2:30-3:15pm FS #3
- 3:15-3:45pm Edge/power class
 - 4pm Camp ends/pick up

Friday schedule:

Extra Freestyle 6-8am

Yoga 8-8:30am

Edge class 8-8:30am

Edge class 8:45-9:15am

Yoga 8:45-9:15am

Choreography class 9:30-10am

Exhibition 10:15-12:30pm

Camp ends 12:30pm