

<u>Versus Soccer League – COVID RULES</u>

- 1. Please respect physical distancing. Physical distancing of two (2) metres must always be maintained
- 2. Please respect proper hygiene practices (washing and sanitizing hands, covering your face while coughing)
- 3. Please refrain from using public toilets, however if necessary, ensure hands are washed and sanitized
- 4. Please arrive no more than 15 minutes prior to activity commencement. You must also leave within 20 minutes of match completion
- 5. If an individual is exhibiting symptoms of Covid-19 (coughing, fever, shortness of breath, Runny nose, or sore throat) they are legally obligated to self-isolate. As per the declaration of compliance they are not permitted to return to play for 14 days from the day they last experienced symptoms.
- 6. Please do not congregate at the facility entry point. Please also refrain from post-game socializing.
- 7. Masks are to be worn from the facility entrance to the field.
- 8. No food of any type can be consumed on the premises
- 9. **NO SPECTATORS ARE PERMITED**. Only the participants are allowed in the facility during their allotted game time.
- 10. All non-essential contact (handshakes, high 5's, etc.) must be avoided.
- 11. All players should bring a labelled water bottle for themselves as to avoid transfer of bodily fluids
- 12. Please only use personal equipment.
- 13. No spitting of any kind is permitted.
- 14. To reduce bodily fluid transfer, heading of the ball is not permitted for the foreseeable future.
- 15. Any personal equipment used should be taken home and washed separately from others.
- 16. A maximum of 13 players can be registered to a team.
- 17. If a player is deregistered for any reason, a \$50 fee will be issued for any new player.
- 18. Game sheets will have a section that teams need to acknowledge they have done a self-check and currently have no symptoms of covid-19.

Disclaimer: It is recommended that all participants utilize the self-check on the Ontario Covid-19 app to prevent any spread of Covid-19.

Disclaimer: Rules subject to change as per federal and provincial government guidelines.