

LISA SLINDE

Lisa Slinde joins the NCR High Performance Coaching Staff as the Girls U13 Head Coach. Lisa brings a plethora of coaching experience in both the club and high school setting.

Lisa is in her 11th year of coaching at Northern Lights, where she is currently the Head Coach of the 12-1 team. She has been a head coach in the 12s, 14s, 16s, and 17s age groups. She has also acted as assistant coach for 14s, 15s, and 17s teams.

Additionally, for the past four seasons, Lisa has been the 12's age group Lead Coach, taking the reins of that age group and running practices as a large group. With this coaching approach, Lisa has had the opportunity to work with athletes of varying skill levels and help each of them grow and improve.

Lisa was a three-sport athlete at Owatonna High School before attending Minnesota State University and has two daughters who played volleyball at the collegiate level.

