

# FAHS TENNIS: CODE OF CONDUCT / PHILOSOPHY

<b>MIKE DERUBEIS- HEAD COACH</b>	<p>I am a Physical Education Teacher at FAHS. I have been a boys or girls tennis coach for over 20 years and enjoy the different challenges each team and season has to offer. If you have any questions you can contact me at the high school at 920-563-7811 ext. 1191 or via email at <a href="mailto:derubeism@fortschools.org">derubeism@fortschools.org</a>. Cell: 608-201-1692</p>
<b>SARAH KLINE- ASSISTANT COACH</b>	<p>If you have any questions you can contact me at the high school at 920-563-7811 ext. 2012 or via email at <a href="mailto:klines@fortschools.org">klines@fortschools.org</a></p>
<b>FAHS TENNIS TEAM PHILOSOPHY</b>	<p>The Fort Atkinson Tennis Program has an obligation to present a positive image to fellow students and the general public. The student/ athlete needs to meet academic eligibility requirements as well as team expectations set forth by the coaching staff. Athletics provide an opportunity for students/players to learn the value of sportsmanship, discipline, responsibility, and teamwork.</p>
<b>TEAM EXPECTATIONS / POLICIES:</b>	<p style="text-align: center;"><b>“ACT LIKE CHAMPIONS”</b></p>
<p><b>C: COEXIST</b>  <b>H: HUMILITY</b>  <b>A: ALL-IN</b>  <b>M: MENTAL TOUGHNESS</b>  <b>P: PRIDE</b>  <b>I: INTEGRITY</b>  <b>O: OPPORTUNITY</b>  <b>N: NEIGHBORLY</b>  <b>S: SPORTSMANSHIP</b></p>	<ul style="list-style-type: none"> <li>● <b>CREATING A POSITIVE / COOPERATIVE TEAM CULTURE</b></li> <li>● <b>BE HUMBLE ON AND OFF THE COURT. KNOW YOUR TRUTH</b></li> <li>● <b>ALL-IN: COMMITMENT TO YOURSELF AND TEAMMATES!!!</b></li> <li>● <b>FOCUS ON YOUR PRESENT MIND.</b></li> <li>● <b>WE ARE BLACKHAWKS- REPRESENT!!!!</b></li> <li>● <b>HOW YOU ACT... WHEN NOBODY IS WATCHING!!!</b></li> <li>● <b>CHANCE TO BE OUTSTANDING... TAKE ADVANTAGE OF IT!</b></li> <li>● <b>COMMITMENT TO SERVICE- THE ABILITY TO GIVE BACK!!!</b></li> <li>● <b>COMMITMENT TO FAIR PLAY...RESPECT RULES OF GAME!</b></li> </ul>
<p style="text-align: center;"><b>“ALL IN”</b></p>	<p>A lot of Teams focus on ALL OUT effort... In the Spirit of that Concept we selected “All IN” because we want to focus on the positive end of Tennis. We would rather be “IN” rather than “OUT.”  This is OUR COMMITMENT to OURself, OUR Teammates, OUR Team, OUR School, OUR Family, OUR Community, OUR Play, and All Aspects of OUR LIVES!!! WE ARE BLACKHAWKS!!!!</p>
<p><b>TEAM BLACKHAWK ATHLETES:</b></p> <p><b>“I” STATEMENTS</b></p> <p><b>#1: I WILL BE ACCOUNTABLE!!</b></p> <p style="text-align: center;"><b>“TRUE CHARACTER IS HOW YOU ACT WHEN NOBODY IS WATCHING.”</b></p>	<ul style="list-style-type: none"> <li>● <b>I WILL RESPECT TEAM uniforms, equipment, and facilities and wear appropriate attire at all practices and matches.</b></li> <li>● <b>I Will attend the practice prior to each meet unless excused by the coach. If an emergency or illness should occur the Player or Parent should contact (Not another Teammate) one of the coaches prior to practice that day.</b></li> <li>● <b>I WILL COMMUNICATE with your coach!!!! If communication does not occur the said player will be suspended for the next match.</b></li> <li>● <b>At matches I WILL REPRESENT FORT ATKINSON HIGH SCHOOL TO THE best of my ability.</b></li> <li>● <b>I WILL BE ACCOUNTABLE in school and passing MY classes to be eligible to practice and play. School is priority and Athletics is a privilege!!!</b></li> <li>● <b>Consequences for Inappropriate Behavior and Code of Conduct Violations PLAYER SAFETY IS OUR TOP PRIORITY.</b></li> <li>● <b>Refer to the Fort Atkinson Athletic Handbook for code violations and their penalties or suspension from play or the Team. EACH INCIDENT WILL BE HANDLED ON AN INDIVIDUAL BASIS AFTER AN INVESTIGATION IS COMPLETED.</b></li> </ul>



	<ul style="list-style-type: none"> <li>• <b>Match play/Challenge matches</b></li> <li>• <b>Conditioning drills – stretching</b></li> </ul>
<b>MATCH EXPECTATIONS:</b>	<ul style="list-style-type: none"> <li>• <b>Always bring water (even on cool days).</b></li> <li>• <b>Wear sunscreen</b></li> <li>• <b>Wear shorts with pockets</b></li> <li>• <b>Bring extra socks and dry clothing to matches</b></li> <li>• <b>Players are expected to stay at all Home Matches until at least: 630PM or Match Conclusion. CHEER ON YOUR TEAMMATES!</b></li> </ul>
<b>BIG BUDDIES</b>	<ul style="list-style-type: none"> <li>• <b>All players that are new to the team will have an upperclassman assigned to them.</b></li> </ul> <p><b>Responsibilities of the Big Buddies:</b></p> <ul style="list-style-type: none"> <li>• <b>Drive little buddy to practice</b></li> <li>• <b>Warm up with buddy and talk to little buddy before and after practice to see how things are going.</b></li> <li>• <b>Watch their matches if possible.</b></li> </ul>
<b>TEAM RANKINGS:</b>	<ul style="list-style-type: none"> <li>• <b>Players will have opportunities to challenge other teammates to help determine their rank order.</b></li> <li>• <b>An 8 game pro set will be used for challenge matches. Players must have a winning record against their opponent to move up in the player rankings.</b> <ul style="list-style-type: none"> <li>○</li> </ul> </li> <li>• <b>Players may challenge up one position. Coaches will make the decision if players can challenge beyond one spot.</b> <ul style="list-style-type: none"> <li>○</li> </ul> </li> <li>• <b>Attendance and Team commitment</b> will play a role in determining the team lineup. <b>Player(s) will attend the practice prior to each meet unless excused by the coach.</b> If an emergency or illness should occur <b>the Player or Parent should contact (Not another Teammate)</b> one of the coaches prior to practice that day.</li> <li>• <b>Attitude and Effort</b> in practice, matches, and other related team events will factor into determining the team lineup.</li> <li>• <b>The coach/coaches will make the final decisions on the team lineup and player status prior to each match.</b></li> <li>• <b>Final decisions for the line-up are not personal; they are made for the best interest of the team and future teams!!!</b></li> </ul>
<b>FIRST PRACTICE DATE:</b>	<b>TUESDAY AUGUST 13TH AT 8AM ROCK RIVER COURTS.</b>
<b>SOCIAL MEDIA / WEBSITE</b>	Check out the Boys & Girls Tennis site at <a href="http://www.fortathletics.com">www.fortathletics.com</a> or look at your son or daughter Google Classroom page for Tennis updates, schedules, Forms, etc.

## **FAHS TENNIS: CODE OF CONDUCT / PHILOSOPHY**

I, the undersigned, have read and understand the Philosophy and Code of Conduct of the Fort Atkinson School District. I will follow the rules and expectations set forth or will be subject to the disciplinary actions set forth by the Fort Atkinson Tennis program, Athletic Department, and the School District of Fort Atkinson.

**I understand I will be ineligible (Not able to participate in a match) until this sheet is signed.**

**Signatures:**

**Player Name (Print):**\_\_\_\_\_

**Signature:** \_\_\_\_\_

**Parent(s) Guardian:**

**(Print):**\_\_\_\_\_

**Signature:** \_\_\_\_\_

**Parent(s) Guardian:**

**(Print):**\_\_\_\_\_

**Signature:** \_\_\_\_\_

## 2020: Tennis Preseason & Post-Season Survey:

<b>Name:</b>	<b>Year:</b>
<b>PRESEASON</b>	<b>POST-SEASON</b>
<b>1. What experience or preparation have you done for the upcoming season? (Ex. Lessons, Summer USTA League, etc.)</b>	<ul style="list-style-type: none"> <li>• <b>What do you plan to do to prepare for next season? Lessons, USTA League, social summer tennis, etc?</b></li> </ul>
<b>2. What are your expectations or goals for the upcoming season? List 3</b>	<ul style="list-style-type: none"> <li>• <b>Did you succeed and meet your goals?</b></li> </ul>
<b>3. What do you feel are your strengths that you bring to the team? (Ex. Skills, leadership, etc.)</b>	<ul style="list-style-type: none"> <li>• <b>List 3 goals for the upcoming season if you are not a senior.</b></li> </ul>
<b>4. What area of tennis do you feel you need to improve, develop, or build on? (Ex. Specific skills, mental toughness, etc.)</b>	<ul style="list-style-type: none"> <li>• <b>List things you enjoyed about the season.</b></li> </ul>
<b>5. List 2 to 3 expectations that you would like to see from the coaching staff?</b>	<ul style="list-style-type: none"> <li>• <b>What improvements would you like to see for next season?</b></li> </ul>
<b>6. Circle the activities you would be willing to volunteer for during the season and out of season.</b>  <ul style="list-style-type: none"> <li>• <b>Concession Stand- Football Season</b></li> <li>• <b>Concession Stand- Basketball Season</b></li> <li>• <b>Junior Tennis Camp</b></li> <li>• <b>Out of season fundraising opportunities</b></li> </ul> <b>Suggestions:</b>	<ul style="list-style-type: none"> <li>• <b>Are you interested in the USTA SUMMER TEAM TENNIS LEAGUE. There will be a USTA association fee (10 to 20 dollars) and league fee (7.00). Summer of 2015 rates.</b>   <div style="text-align: center;">YES      NO</div> </li> <li>• <b>Would you be interested in a 5 day summer team camp with the boys and girls tennis teams?</b>   <div style="text-align: center;">YES      NO</div> </li> </ul> <b>Phone # and email if you are interested in these opportunities:</b>

## 2020: PARENT SURVEY

<b>PARENT Name(s):</b>	<b>SON OR DAUGHTERS NAME:</b>
<p><b>“Tell me one thing about your child that would help me to coach them well?”</b></p> <p><b>Tell me about their temperament, relationships with siblings, are they coachable or challenging, or special characteristics that need to be addressed/acknowledged/honored.</b></p>	
<p><b>List any suggestions on how you honor or work with your child to help them excel and succeed.</b></p>	