



# Fall Evaluations

Emphasis is to gauge each player's skill set, attitude, and effort. This will provide feedback for players, coaches, and parents. Each player will be evaluated on different aspects of the game through a variety of drills.

## 1. Baserunning

- a. Players will run a base length (Home to 1st Base), They will also run one "Double"(Home to 2nd Base). Their times will be recorded by hand stopwatches, starting off the player's first movement.

## 2. Fielding

- a. Players will field ground balls from the shortstop position and throw them to 1st base. (2 Straight on, 1 forehand, 1 backhand, 1 body control). Players will be evaluated on completion/success of the play, form/technique, and attitude/effort.
- b. Players will catch fly balls and throw them to a cut off man. (1 Straight on, 1 Back Left, 1 Back Right, 2 Shallow) Players will be evaluated on completion/success of the play, form/technique, and attitude/effort.

## 3. Throwing

- a. Players will be evaluated on accuracy, velocity, arm action, and form. This will be a constant evaluation throughout the entire clinic, with an option for a throwing specific station.

## 4. Hitting

- a. Players will be evaluated in the batting cage. They will get 5-15 swings to show their consistency, technique/mechanics, bat path, bat speed, and exit velocity. Exit velocities will be recorded for each player.