



One Team - One Family



Ohio Girls National Team in Fargo



## OHIO GIRLS WRESTLING

*“Chasing Dreams and Making Memories”*



## Why Girls Wrestling is Important to the Sport

- Since 1994, the number of women who wrestle in high school has grown from 804 to 14,587.
- 8 states have now sanctioned wrestling at the high school level, unfortunately not Ohio
- Wrestling is a sport for all colors, sizes, shapes, sexuality, cultures, and genders.
- Provides opportunities for more athletes to continue their education into college
- Discipline, hard work, mental and physical toughness is a lifelong reward

*“It’s a lot bigger than just wrestling on the boys team. It’s about women living out an athletic dream and getting to do amazing things with their lives” --Adeline Gray*





## What We Do

Our goal is to empower the girls both on and off the mat to help prepare them for all of life's challenges and to provide them with the skills to possibly wrestle in college and/or on the world stage.

- Establish an all-inclusive and welcoming family environment
- Offer training opportunities at All-Girls Camps and Practices
- Provide guidance in developing relationships with colleges and coaches
- Report successes through the use of social media and conventional news outlets

## Wrestling is for Everyone

Wrestling used to be a male dominated sport, but that is changing. Girls are finding the same benefits as their male counterparts: mental and physical toughness, sense of accomplishment, increased self-esteem.

## Our Success Stories

Ohio has made a name for itself on the girls scene in the past year with some remarkable performances on the National Level.

The Ohio Girls National Team has reached All American status at both the 2017 US JR Free-style Duals (8th) and 2018 US JR Folkstyle Duals (6th)

Individually, our Cadet and Junior ladies put six on the podium in Fargo last summer, including 2 Champions and 3 Runner-Ups. They recently followed that up with an additional 12 All-Americans at the 2018 USAW Girls Folkstyle Nationals

### National Girls High School Rankings

- Olivia Shore (1st at 106lbs)
- Taryn Martin (8th at 106lbs)
- Leilah Castro (10th at 117lbs)
- Andrea Schlabach (7th at 122lbs)
- Cassandra Smith (14th at 138lbs)
- Kaitlyn Vanhooose (6th at 225lbs)

### 2018 World Team Members

- Olivia Shore (Cadet 46kg)
- Leilah Castro (Cadet 53kg)

### 2018 National Team Member

- Taryn Martin (Cadet 46kg)



## Ohio Girls Wrestling

Ohio Girls Wrestling is on the rise as we are witnessing our numbers soar every single year. Whether it be in your youth leagues, schools or local clubs, you are bound to see more girls stepping on the mat.

### Growth of Girls Wrestling

Ohio has seen exponential growth over the last decade; From 50 high school girls in 2003 to over 200 this current season, representing 132 different schools.

Those numbers will continue to rise as multiple wrestling organizations (OHWAY, OAC, and USAW-Ohio) have created girls divisions at all age levels within the state..

Girls wrestling clubs are being formed in all corners of the state and their membership is exploding. Athena Wrestling Club has over 50 girls in just its 2nd season. Athena joins the likes of our other established Ohio clubs such as Shore Sports and Foxfire Vixens by providing opportunities to our girl wrestlers.

## Contact Us

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