



VALLEY WOLFPACK FOOTBALL & CHEER ASSOCIATION PARENT/FAN/FAMILY CODE OF CONDUCT

Parent, Fan and/or Family:

- I **will not** interrupt any game or practice
- I **will not** approach a coach, an organization or league representative immediately following any contest and will wait at least 24 hours before contacting them
- I **will** respect and show appreciation to the volunteer coaches and officials who give their time to my child. I will respect all officials and their decisions. I will do this because I understand all officials do their utmost to be impartial, provide a safe/suitable playing framework and see that the game is well played
- I **will never** confront or approach a game referee or official
- I **will not** question the officials bias or judgement in public nor will I encourage that behavior in my child
- I **will not** cause any disruption for any organization in which my child plays
- I **will not** use profanity while attending or spectating a VFCA event
- I **will not** harass players, coaches, officials or other spectators
- I **will** encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence
- I **will never** ridicule or yell at my child, other players, coaches or officials
- I **will** cheer all good plays and will avoid booing opponents
- I **will** show respect for my team's opponents, and acknowledge that without them there would be no game
- I **will** remember that my child participates in the sport for his/her enjoyment and not mine
- I **will** remain in good financial standing with VFCA and communicate with the VFCA Board Treasurer if I have any challenges in this area
- Alcohol is **NOT** permitted at **ANY** game or VFCA events where children are present
- Smoking/use of tobacco, including, but not limited to; cigarettes, marijuana, e-cigarettes, vaping or any other smoking or nicotine apparatus/device is **strictly prohibited on all school grounds and all VFCA events**. This includes parking lots

Social Media Guidelines:

Social media is a powerful tool for staying connected with teammates, fans, friends, and coaches. However, it also comes with risks if not used responsibly. Inappropriate posts can negatively impact your school, athletic programs, team and teammates. Every photo, link, quote, tweet, status, or post—whether shared by you or your friends—becomes a permanent part of your digital footprint. You never know when it could resurface and affect your chances of college acceptance, athletic recruitment, job opportunities, or other important life events where social media history is considered.

As a VFCA Member I agree to the following Social Media Guidelines:

- I **take full** responsibility for my online presence, including my own posts and any photos, videos, or recordings of me shared by others
- I **will not** speak/post negatively about my organization before, during, or after games
- I **will** avoid posting anything lewd, vulgar, profane, or engaging in bullying or behavior that could disrupt my child's team, program, or school environment
- I **will** share only positive and respectful content about my child's team, teammates, coaches, opponents, and officials
- I **will** use social media to highlight my child's abilities, support his/her team, and promote my community and values
- Before posting, I **will ask myself**, "Is this how I want to be seen?" or "Is this how I want my child to be seen?"
- I **will** ignore negative comments about me and will not respond with retaliation
- If I see a teammate post something concerning, I **will** address it directly or speak with a VFCA Board Member if I'm uncomfortable doing so
- I understand that I **represent my child's sport, school, team, family, and community at all times** and will do so in a positive and respectful manner



Consequences for violating the VFCA Code of Conduct, Social Media Guidelines or being ejected¹:

1st Offense:

- The parent, fan or family member will be **suspended from games for 2 weeks** (assuming only ejection and no physical contact or over-the-top verbal abuse took place). If **ANY** physical contact was made under any circumstance, ejection and suspension will be immediate and effective for the remainder of the season

2nd Offense:

- The parent, fan or family member will be ejected and suspended for the remainder of the season

ATHLETE NAME

PARENT/GUARDIAN SIGNATURE

PARENT/GUARDIAN PRINTED NAME & DATE

¹ The VFCA organization and/or the league reserve the right to suspend indefinitely