



2024 Men's



AGE DIVISIONS AND WEIGHT CLASSES

The age divisions and weights listed below will be used at all
ISWA Folkstyle, Freestyle and Greco-Roman State Final Events.



2024 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
6U	Born 2018-2019	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	30 lbs, 35 lbs, 40 lbs, 45 lbs, 50 lbs, 55 lbs, 65 lbs, 75 lbs, 85 lbs (10 lb Max Difference)
8U	Born 2016-2017	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40,43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs (15 lb. Max Difference)
10U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs (20 lb. Max Difference)
12U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs (25 lb. Max Difference)
14U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs
16U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs
USA Junior	* Born 9/1/2004 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs
Masters A	* Born 1990-1999	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters B	* Born 1982-1989	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters C	* Born 1974-1981	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters D	* Born 1966-1973	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters E	* Born 1958-1965	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
Masters F 23U	* Born 1949-1957 *Born 2000-2006	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	57 kg, 61 kg, 65 kg, 70 kg, 74 kg, 79 kg, 86 kg, 92 kg, 97 kg, 125kg

USA Junior: Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the Spring semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade. Only wrestlers born September 1, 2003 and later who were enrolled in grades 9-12 during the 2023 spring semester are eligible. No wrestler who was enrolled in 8th grade during the 2022 spring semester will be allowed to enter. Any such wrestler who enters or competes will be penalized by forfeiting his/her eligibility in the next year's event in both styles. **Masters A:** Master 58kg is not a World Team Weight, **Masters B:** Master 58kg is not a World Team Weight, **Masters C:** Master 58kg is not a World Team Weight, **Masters D:** Master 58kg is not a World Team Weight, **Masters E:** Master 58kg is not a World Team Weight, **Masters F:** Master 58kg is not a World Team Weight

USA Junior: Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the Spring semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade. Only wrestlers born September 1, 2003 and later who were enrolled in grades 9-12 during the 2023 spring semester are eligible. No wrestler who was enrolled in 8th grade during the 2023 spring semester will be allowed to enter. Any such wrestler who enters or competes will be penalized by forfeiting his/her eligibility in the next year's event in both styles. **Masters A:** Master 58kg is not a World Team Weight, **Masters B:** Master 58kg is not a World Team Weight, **Masters C:** Master 58kg is not a World Team Weight, **Masters D:** Master 58kg is not a World Team Weight, **Masters E:** Master 58kg is not a World Team Weight, **Masters F:** Master 58kg is not a World Team Weight



2024

Women's



AGE DIVISIONS AND WEIGHT CLASSES

The age divisions and weights listed below will be used at all
ISWA Folkstyle, Freestyle and Greco-Roman State Final Events.



2024 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
6U	Born 2018-2019	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	30 lbs, 35 lbs, 40 lbs, 45 lbs, 50 lbs, 55 lbs, 65 lbs, 75 lbs, 85 lbs (10 lb Max Difference)
8U	Born 2016-2017	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 46 lbs, 50 lbs, 55 lbs, 62 lbs, 68 lbs, 74 lbs, 85 lbs (15 lb Max Difference)
10U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 49 lbs, 53 lbs, 57 lbs, 62 lbs, 67 lbs, 73 lbs, 80 lbs, 90 lbs, 100 lbs, 113 lbs (15 lb Max Difference)
12U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	55 lbs, 59 lbs, 64 lbs, 69 lbs, 75 lbs, 81 lbs, 87 lbs, 94 lbs, 102 lbs, 112 lbs, 126 lbs, 140 lbs
14U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 76 lbs, 81 lbs, 84 lbs, 87 lbs, 90 lbs, 93 lbs, 97 lbs, 102 lbs, 108 lbs, 115 lbs, 121 lbs, 127 lbs, 143 lbs, 163 lbs, 183 lbs
16U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 112 lbs, 118 lbs, 124 lbs, 130 lbs, 136 lbs, 142 lbs, 148 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs
USA Junior	** Born 9/1/2004 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs

2024 ISWA ELEMENTARY DUAL TEAM STATE CHAMPIONSHIP WEIGHT CLASSES: 43, 49, 54, 59, 63, 68, 73, 78, 84, 90, 98, 105, 115, 130, HWT (up to 175)

Wrestlers may move up one weight class.

2024 ISWA MIDDLE SCHOOL DUAL TEAM STATE CHAMPIONSHIP WEIGHT CLASSES: 75, 80, 85, 90, 95, 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220, 275 Wrestlers may move up one weight class.

CLASSIFICATION POINTS

FOLKSTYLE BOUTS					FREESTYLE & GRECO-ROMAN BOUTS				
RESULTS BY MATCH	POINTS		RECORDING CODES		RESULTS BY MATCH	POINTS		RECORDING CODES	
	WINNER	LOSER	WINNER	LOSER		WINNER	LOSER	WINNER	LOSER
Victory by Fall	6	0	Time	LF	Victory by Fall	5	0	Time	LF
Technical Superiority - 15 pts	5	0	Score	Reverse Score	Technical Superiority 10+ pts	4	0	Score	Reverse Score
Major Decision - 8-14 pts	4	0	Score	Reverse Score	Technical Superiority Loser scores	4	1	Score	Reverse Score
Decision - 1-7 pts	3	0	Score	Reverse Score	Decision 1-9 pts - Loser no score	3	0	Score	Reverse Score
Disqualification	6	0	WBD	DQ	Decision 1-9 pts - Loser scores	3	1	Score	Reverse Score
Double Disqualification	0	0	DDQ	DDQ	Forfeit	5	0	WBF	FORF
Forfeit	6	0	WBF	FORF	Injury Default	5	0	WBI	INJ
Injury Default	6	0	WBI	INJ	Disqualification - Misconduct	5	0	WBQ	DQM
					Double Disqualification	0	0	DDQ	DDQ