

2025



2026

EAGLES



GIRLS HOCKEY

EDENPRAIRIEGIRLSHOCKEY.ORG



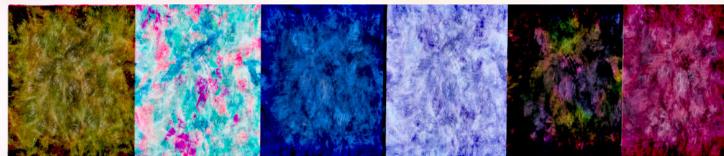
WHAT'S IN THE BOOK	PAGE
Welcome	7
Team Roster	11
Game Schedule	14-15
Senior Spotlights	22-30
Team Photos	58-65
Coach Bios	66-69
Player Bios	70-80
Eagles in College/Alumni.....	82-85
All-Time Leaders	86-91

108" QUILT BACKINGS

SISTER ROLLS
USE FOR
SEAMLESS
BORDERS,
BINDING, JELLY
ROLLS,
5" SQUARES
AND SO MUCH
MORE

With more than 200 choices of
108" WIDE BACKINGS, you can
finish all of your quilts tops
with **BEAUTIFUL fabric!**

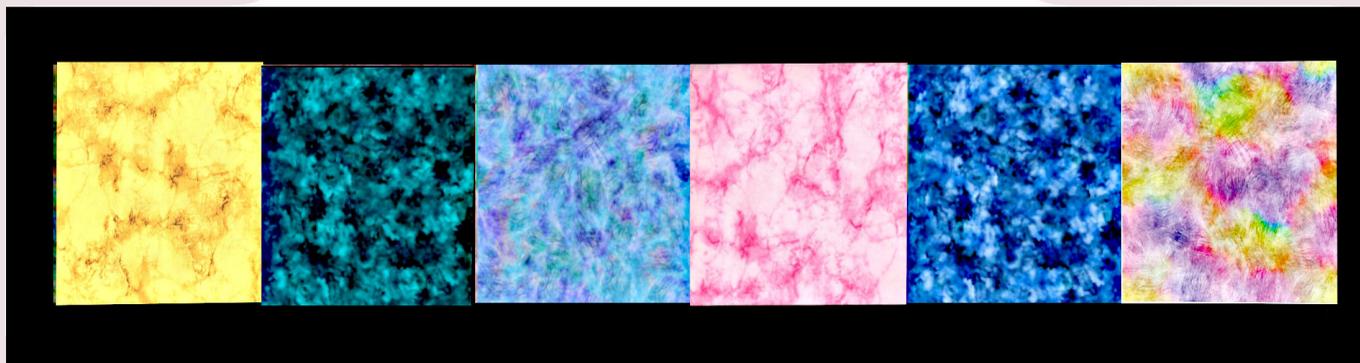
3 yard packages=108" by 108"



SISTER ROLLS
5" by 108"



LIL-SISTER
ROLLS
3" by 108"



QUILTERS PRESSING BOARDS

wider, longer, and square at both ends

Placed on your ironing board.



108quiltbackings.com

Hockey Jerseys can be made
into very memorable quilts
for your favorite hockey
player?



Sharon Harrison 763-568-0697



ACCELERATED

SPORTS THERAPY & FITNESS

*Don't let a minor ache turn
into a major setback.
Live life without limitations!*

CHOOSE US FOR:

- Physical Therapy
- Return to Sport Specialized Programs
- Dry Needling
- Injury Rehabilitation Programs
- Women's Health
- Free Injury Screenings



CALL TODAY



(763) 519-7900



www.acceleratedsports.com



@accelsportsmn

HAPPY HOUR WINS • LUNCH TIME SCORES

MON-FRI • 3PM-6PM | EVERY NIGHT • 10PM-CLOSE

HAPPY hour

DRINKS

\$1 OFF

ALL DRAFT
BEERS

\$3 OFF

DOMESTIC
BOTTLED BEER

\$4

WELL COCKTAILS
HOUSE CHARDONNAY
HOUSE CABERNET

\$5

HOUSE MARGARITA
FLYING MONKEY
LONG ISLAND

FOOD

\$7

SPINACH-ARTICHOKE
DIP *OR* POTATO SKINS

\$8

PRETZEL BITES *OR*
BUTTERMILK CHICKEN
TENDERS

\$9

SOUTHWEST CHICKEN
QUESADILLA *OR* LOADED
GRILLED CHEESE

\$10

SOUP + SALAD COMBO Choice of small Garden or Caesar salad served with a bowl of Guinness Onion soup or our famous Tailgate Chili.

FIESTA CHICKEN TACOS Seasoned chicken topped with shredded lettuce, pico de gallo and cheddar and jack cheese. Served with a side of chips, salsa and Atomic sauce.

\$12

SOUTHWEST CHICKEN WRAP Seasoned grilled chicken, spring mix, cheddar jack cheese, black bean and corn salsa, sliced avocado, and spicy aioli. Served with fries, waffle fries, or coleslaw.

TURKEY AVOCADO WRAP Roasted turkey breast, applewood bacon, sliced avocado, provolone cheese, lettuce, tomato, and ranch dressing. Served with fries, waffle fries, or coleslaw.

\$13

BEER-BATTERED FISH + CHIPS Two Sam Adams hand-battered fish fillets. Served with creamy coleslaw, tartar sauce, and choice of fries or waffle fries.

CHEESEBURGER SLIDERS Three burger sliders topped with American cheese, lettuce, and pickles. Served with a side of yellow mustard and choice of fries or waffle fries.

BBQ CHOPPED SALAD Grilled chicken, mixed greens, cheddar cheese, corn, black beans, carrots, tomatoes, green onions, and corn tortilla strips. Tossed with chipotle-ranch dressing and sweet BBQ sauce.

MON-FRI • 11AM-3PM

LUNCH specials

stop in before or after the game!

WELCOME



Hello Eagle Nation,

Welcome to another exciting season of Eden Prairie Girls Hockey! Each winter, this program brings energy, pride, and passion to the rink—and this year promises to be no exception. The commitment and drive our players show every day reflect what it means to wear the “EP” on their jersey.

While the goal is always to compete at the highest level, this program continues to stand out because of its people. The lessons learned in practice, the friendships formed on the bus, and the laughter shared in the locker room all help shape confident, resilient young women who will carry these memories well beyond their playing days.

Coach Persian and the staff have built a culture that values growth, teamwork, and character just as much as success on the scoreboard. I’m excited to see this program continue that tradition and make their own mark on the ice this season.

Thank you to our families, fans, and community members for your constant support. Your presence in the stands means more than you know. Let’s continue to cheer with pride, represent Eden Prairie with class, and make this season one to remember. A special shout out to our class of 2026 seniors and go Eagles!

Joe Perkl
Director of Student Activities
Eden Prairie High School

GIRLS HOCKEY 2025-2026

WITH A CANCER DIAGNOSIS,

LIFE CHANGES IN AN INSTANT



Angel Foundation™ offers support to adults with cancer and their loved ones by providing emergency financial assistance to relieve immediate concerns.

Help when cancer strikes
angel[™]
foundation



Learn more at
mnangel.org



BUSM

Brian's Ultimate Safety Meeting

Together we have supported Eden Prairie Hockey Association by raising nearly...

DRUM ROLL PLEASE

\$60,000!

In Memory of Beloved EP Hockey Coach Brian Engelstad

To our community, generous donors and supporters

Thanks for three ultimate events!



LEAVE THE STINK AT THE RINK

Discover a New Standard of Clean with Our Professional Services! Whether it's your home or workplace, we turn every space into a shining example of cleanliness and order. Trust us to deliver a top-tier cleaning experience that meets all your needs.

PROUD SPONSOR OF
**EDEN PRAIRIE
GIRLS HOCKEY**



Our Services:

- ✓ RESIDENTIAL CLEANING
- ✓ COMMERCIAL CLEANING
- ✓ CONSTRUCTION CLEANING
- ✓ SPECIALTY CLEANING SERVICES

Contact Us

Phone Number:
(612) 822-2012

Website:
MILLCITYCLEANING.COM

TEAM ROSTER



PLAYERS

NO.	NAME	GRADE	POSITION	LEVEL
1	Clara Hendrickson	9	G	JV
2	Peyton Ishaug	11	D	VAR
3	Jordan Elvecrog	11	F	VAR
4	Brooke Lokkesmoe	8	F	JV
5	Danica Bukovich	10	D	VAR
6	Presley Pauling	11	F	VAR
7	Peyton Penney	11	D	VAR
8	Lydia Simonson	11	F	JV
9	Paige Reisdorf	11	F	VAR
10	Allie Dahl	12	F	VAR
11	Alison Johnson	9	F	JV
12	Kate Petrie	12	F	VAR
13	Alyssa Stewart	10	F	JV
14	Olivia Chepokas	8	F	JV
15	Annika Buchanan	8	F	VAR
16	Anna Lang	9	F/D	JV
17	Genevieve Streed	12	D	VAR
18	Ella Abrahamson	11	F	VAR
19	Quinn Bille	11	F	VAR
20	Vivienne Farnan	9	F	VAR
21	Elise Emory	9	D	JV
22	Allison Farrell	9	F	JV
23	Kelsey Pottinger	11	F	VAR
24	Macy Mitchell	11	F	JV
24	Payton Amendola	8	G	VAR
25	Claire Solie	11	F	VAR
26	Madiana Walker	8	D	JV
27	Sara David	12	F	VAR
28	Celia Checcho	10	D	VAR
29	Quinn Schubert	8	D	VAR
30	Rylee Lorton	12	G	VAR
33	Sophie Solie	8	F	JV
40	Evy Dunlap	8	D	VAR
41	Madeline Abbott	11	D	VAR
42	Emma Altman	11	D	JV

ADMINISTRATION

VARSITY COACHES

Steve Persian
Mike Umland
Paige Sorensen
Kimberly Abrahams

JUNIOR VARSITY COACHES

Alycia Primeau
Nora Wagner

GOALIE COACH

Amanda Leveille

POWER SKATING COACH

Bryan Fuss

TEAM CAPTAINS

Kate Petrie
Genevieve Streed
Sara David

STUDENT MANAGERS

Ashley Prodoehl
Aubrey Wulf
Sydney Thompson
Lyla Stidger
Maren Sims

SUPERINTENDENT

Dr. Joshua Swanson

PRINCIPAL

Nate Gibbs

DIRECTOR OF STUDENT ACTIVITIES

Joe Perkl

ATHLETIC TRAINERS

Teri Edlebeck
Gary Smith

Club®



Shop online. Shop in-store.
Shop delivery. Shop happy.



Personalized

Wellness Therapies
in Eden Prairie

Our Services

- ✓ Acupuncture and Cupping for pain relief and stress reduction
- ✓ Massage therapy designed specifically for your unique needs.
- ✓ CranioSacral Therapy for chronic headaches, neck pain and general wellness


Elliott Therapeutics
Relieving Pain | Restoring Balance

Book Online @ elliottacu.com



**GOOD LUCK
THIS SEASON!**

General
SPORTS
EST.  1962





GAME SCHEDULE

VARSIITY

DATE	TIME	HOME	VISITOR	LOCATION
11.8.2025	3:00pm	River Cities	Eden Prairie	Champlin Ice Forum
11.14.2025	7:00pm	Grand Rapids	Eden Prairie	Yanmar Arena
11.15.2025	2:00pm	Hibbing	Eden Prairie	Hibbing Memorial Arena
11.20.2025	7:00pm	Hill-Murray	Eden Prairie	Polar Ice Arena
11.22.2025	3:00pm	Eden Prairie	Gentry Academy	Eden Prairie Community Center
11.25.2025	7:00pm	Holy Family	Eden Prairie	Victoria Ice Arena
12.2.2025	7:00pm	Maple Grove	Eden Prairie	Maple Grove Ice Arena
12.4.2025	7:00pm	Hopkins	Eden Prairie	Minnetonka Ice Arena
12.6.2025	2:00pm	Edina	Eden Prairie	Braemer Ice Arena
12.9.2025*	7:00pm	Eden Prairie	Minnetonka	Eden Prairie Community Center
12.11.2025	7:00pm	Eden Prairie	Prior Lake	Eden Prairie Community Center
12.18.2025	7:00pm	Eden Prairie	Orono	Eden Prairie Community Center
12.22.2025	7:15pm	Stillwater	Eden Prairie	St. Croix Recreation Center
1.6.2026	7:00pm	North Wright County	Eden Prairie	Saint Michael-Albertville High School
1.8.2026	7:00pm	Buffalo	Eden Prairie	Buffalo Ice Arena
1.10.2026**	3:00pm	Eden Prairie	Wayzata	Eden Prairie Community Center
1.15.2026	7:00pm	Eden Prairie	Maple Grove	Eden Prairie Community Center
1.17.2026	3:00pm	Eden Prairie	Edina	Eden Prairie Community Center
1.20.2026	7:00pm	Minnetonka	Eden Prairie	Pagel Activity Center
1.22.2026	7:00pm	Eden Prairie	Andover	Eden Prairie Community Center
1.24.2026	5:00pm	Eden Prairie	North Wright County	Eden Prairie Community Center
1.31.2026	2:45pm	Wayzata	Eden Prairie	Plymouth Ice Arena

*Teacher Appreciation Night: December 9

**Senior Night: January 10

GIRLS HOCKEY 2025-2026

GAME SCHEDULE



JR VARSITY

DATE	TIME	HOME	VISITOR	LOCATION
11.8.2025	1:00pm	River Cities	Eden Prairie	Champlin Ice Forum
11.14.2025	5:00pm	Grand Rapids	Eden Prairie	Yanmar Arena
11.15.2025	12:00pm	Hibbing	Eden Prairie	Hibbing Memorial Arena
11.20.2025	5:00pm	Hill-Murray	Eden Prairie	Polar Ice Arena
11.22.2025	1:00pm	Eden Prairie	Gentry Academy	Eden Prairie Community Center
11.25.2025	5:00pm	Holy Family	Eden Prairie	Victoria Ice Arena
12.2.2025	4:45pm	Maple Grove	Eden Prairie	Maple Grove Ice Arena
12.4.2025	5:00pm	Hopkins	Eden Prairie	Minnetonka Ice Arena
12.6.2025	12:00pm	Edina	Eden Prairie	Braemer Ice Arena
12.9.2025*	4:45pm	Eden Prairie	Minnetonka	Eden Prairie Community Center
12.11.2025	5:00pm	Eden Prairie	Prior Lake	Eden Prairie Community Center
12.18.2025	5:00pm	Eden Prairie	Orono	Eden Prairie Community Center
12.22.2025	5:15pm	Stillwater	Eden Prairie	St. Croix Recreation Center
1.6.2026	4:45pm	North Wright County	Eden Prairie	Saint Michael-Albertville High School
1.8.2026	4:45pm	Buffalo	Eden Prairie	Buffalo Ice Arena
1.10.2026**	1:00pm	Eden Prairie	Wayzata	Eden Prairie Community Center
1.15.2026	4:45pm	Eden Prairie	Maple Grove	Eden Prairie Community Center
1.17.2026	1:00pm	Eden Prairie	Edina	Eden Prairie Community Center
1.20.2026	4:45pm	Minnetonka	Eden Prairie	Pagel Activity Center
1.22.2026	5:00pm	Eden Prairie	Andover	Eden Prairie Community Center
1.24.2026	12:30pm	Eden Prairie	North Wright County	Eden Prairie Community Center
1.31.2026	12:30pm	Wayzata	Eden Prairie	Plymouth Ice Arena

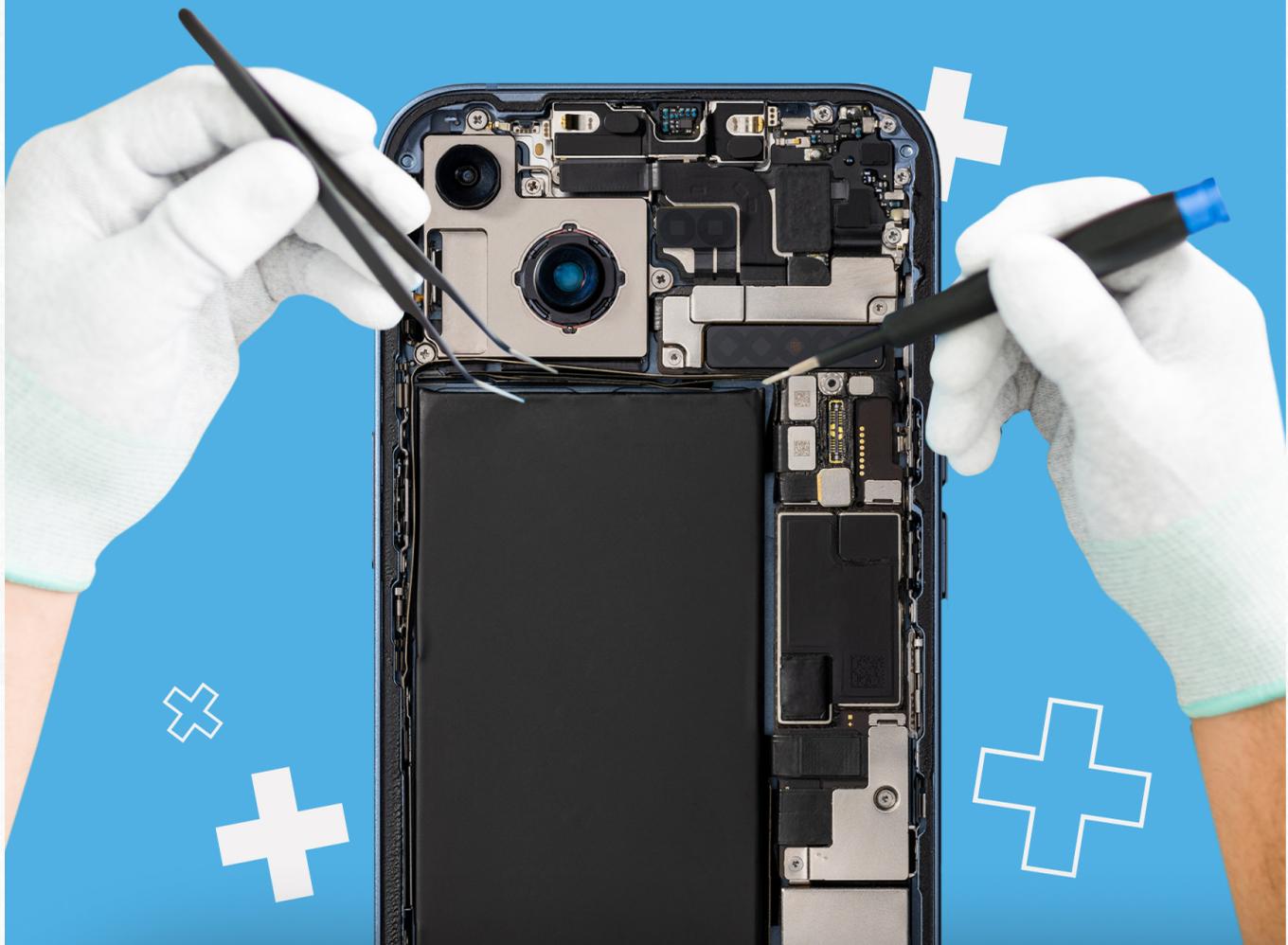
*Teacher Appreciation Night: December 9

**Senior Night: January 10

GIRLS HOCKEY 2025-2026

Cal Spa[®]
OF MINNESOTA

Fast repairs.
Performed by expert technicians.



We know you don't have all day,
so we'll fix your phone in record time.
Most repairs are done in under an hour.



CELL PHONE REPAIR

by ASSURANT®



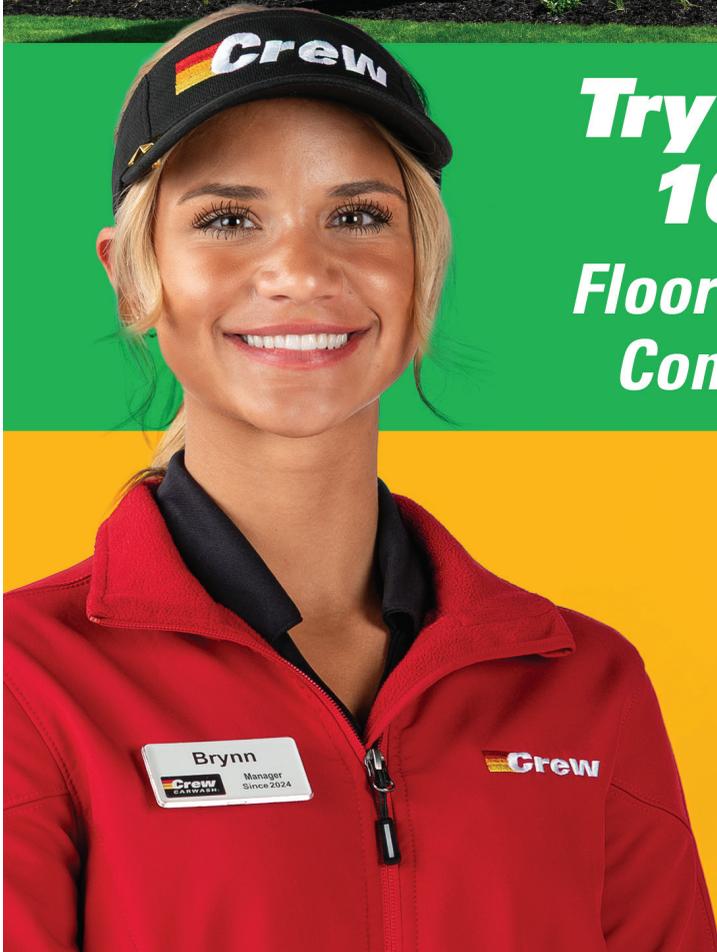
Chick-fil-A

**CHANHASSEN
EDEN PRAIRIE**

**ORDER AHEAD.
EARN REWARDS.**
chick-fil-a.com/One
scan to download



Go Eagles!



Try Our Interior Clean!
10 minutes or Less
*Floor Mats • Windows • Dashboard
Console • Vacuum • Door Jambs*



16345 Terrey Pine Drive
Eden Prairie



EAGLES EAT TOGETHER!

**BRING THIS PROGRAM TO
FAT PANTS FOR A FREE APP!**

ALL HOCKEY SEASON LONG



EXCHANGE THIS PROGRAM FOR
ONE FREE APP WITH YOUR
ORDER OF ANY REGULAR
PRICED ENTREE AND A
BEVERAGE. LIMIT ONE PER
PARTY PER VISIT. EXPIRES
FEBRUARY 28TH, 2026



8335 Crystal View Road
Eden Prairie, MN 55344



DANA HOAGLAND PLUMBING

For All Your Plumbing Needs

Family owned and operated since 2003

Water Heaters
Water Softeners
Service
Remodels
Backflow Testing

CONTACT US TODAY

952-935-5150
plumbing@dhpnm.com



Learn More
www.DHPMN.com

Your Team Headquarters!

Dine-In • Takeout • Curbside • Delivery • Party Room • Catering • Fundraisers



Online Ordering @ davannis.com

Minnesota Local & Family-Owned
Always Hiring! We Care, Work Hard & Have Fun!

Have A Great Season Eagles!

Metropolitan



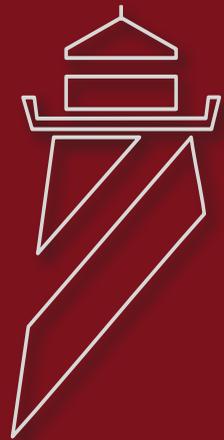
Eden Prairie, Minnesota

Proud supporter of Eden Prairie High
School Girls Hockey.

EAGLES SENIORS



#30 RYLEE LORTON



**LIGHTHOUSE
BUILDERS**

CUSTOM HOMES
RENOVATION

612.749.6442

LighthouseBuildersMN.com • Ben@LighthouseBuildersMN.com

Lic.# BC741349



Brent Romenesko CFP®
Partner, Wealth Advisor

At Tempo Wealth,
we are dedicated
to helping clients
bring clarity,
confidence, and
strategy to their
financial lives.

Advisory services offered through
NewEdge Advisors, LLC, a registered investment adviser.

7915 Stone Creek Dr., #120, Chanhassen, MN 55317
(952) 300-8836 // Tempo-Wealth.com





Experience the full flavors of Mexico at Mi Pueblo Eden Prairie!

7942 Mitchell Road
Eden Prairie, MN
mipueblomin.com
(952) 934-4736

Monday – Saturday 11:00am to 10:00pm
Sunday 11:00am to 9:00pm

EAGLES SENIORS

#17
GENEVIEVE
STREED



MOE'S
EST. 2023
CHARHOUSE

LUNCH & DINNER
TEAM BANQUETS
CATERING
ONLINE ORDERING
AND MORE!

WEBSITE

[952] 934-9340 560 W 78TH ST, CHANHASSEN, MN 55317

EAGLES SENIORS



#12
KATE
PETRIE



COLDWELL BANKER
REALTY

WHO YOU HIRE MATTERS

"Now more than ever, who you hire matters." - RYAN PLATZKE



#1 HOME SELLING TEAM IN EDEN PRAIRIE

#1 MOST VISITED REAL ESTATE BRAND ONLINE*

#3 NATIONALLY FOR LARGE TEAMS IN UNITS SOLD
FOR COLDWELL BANKER

#1 LISTING TEAM IN MINNESOTA FOR COLDWELL BANKER

RYAN PLATZKE

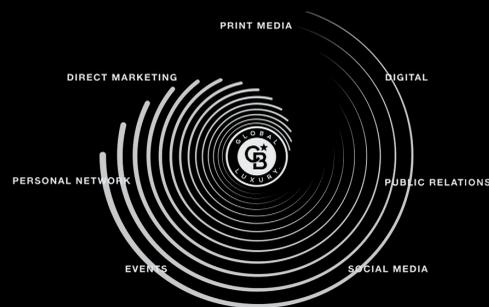
REALTOR

Platzke Real Estate Group

952.942.7777

RMPlatzke@CBRealty.com

PlatzkeRealEstateGroup.com



"Ryan and his team were great. Very professional and helpful. Staging was perfect and house pictures were amazing. Ryan's team hung in there with us during these challenging times. The closing couldn't have gone any better, simple and smooth. We would definitely recommend Ryan and his team to help sell your house."

*Reflects total website visits for 2023. Source: Comscore 2023 Media Trends.

Affiliated real estate agents are independent contractor sales associates, not employees. ©2025 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logos are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker® System is comprised of company owned offices which are owned by a subsidiary of Anywhere Advisors LLC and franchised offices which are independently owned and operated. The Coldwell Banker System fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. 22SN7B-DC_MN_11/22

EXPERIENCE THE PROGRAM!!



2026
SPRING/SUMMER

ICE EDGE HOCKEY WINTER EVALUATIONS

BOYS - 1/19/26 - RINK 3

10:45am-11:30am 2019 and 2018 boys
11:30am-12:15pm 2017 and 2016 boys
12:30pm-1:15pm 2015 and 2014 boys
1:15pm-2:00pm 2013 and 2012 boys
2:15pm-3:00pm 2011 and u16 boys

GIRLS - 1/19/26 - RINK 3

9:00am-9:45am u10 and u8 girls
(2019, 2018, 2017,
2016, 2015)
9:45am-10:30am u12 and u14 girls
(2014, 2013, 2012, 2011)

**EDEN PRAIRIE COMMUNITY CENTER
MONDAY, JANUARY 19TH, 2026**

*Please email jakrmpotich@aol.com for availability or questions.

**LAST CHANCE TO PLAY
ON OUR 2026 SPRING-SUMMER TEAMS!**

The World is your Oyster...

What's next on your bucket list?

Ready to turn your travel dreams into reality? With Seven Oysters Travel, the world is yours to discover! Whether you're looking for a spring break destination, European hidden gems, luxury cruises, or immersive cultural experiences, our expert team crafts personalized journeys to fulfill your travel hopes and dreams. We manage the details, you pack the suitcase.



Start Your Journey Today!

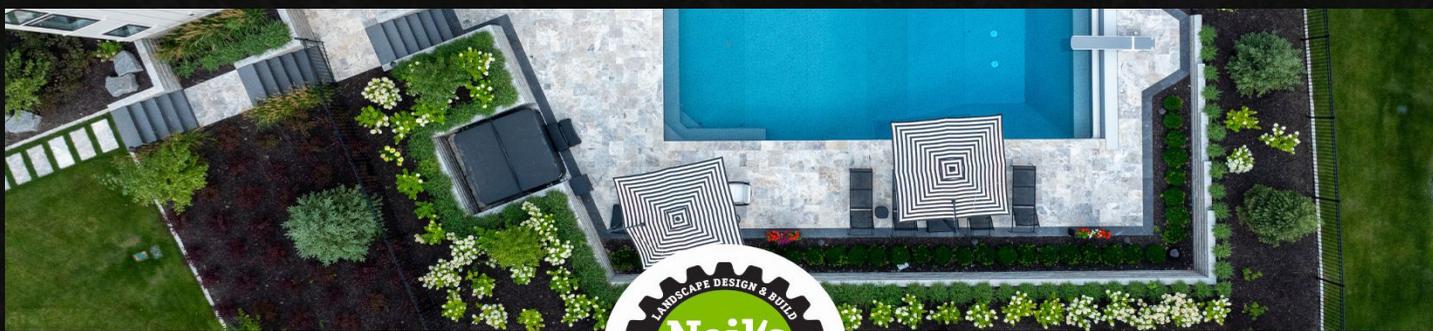
Contact EPHS hockey mom Allison Shultz
allison@sevenoysters.com
www.sevenoysterstravel.com

Seven Oysters
TRAVEL



#10
ALLIE
DAHL

EAGLES SENIORS



DREAM IT. DESIGN IT. BUILD IT.

Patios · Porches · Pools · Outdoor Kitchens · Landscaping & More
1,000+ Design-Build Projects Since 2008
Professional Styling to Complete Your Outdoor Space

www.neilsoutdoorservices.com | 952.698.6900



#27 SARA DAVID

EAGLES SENIORS



A second. That's all it took to change Aaron Holm's life forever.

Aaron was helping a co-worker change a flat tire on the side of the road when he was suddenly struck by another vehicle, pinning him between the two cars. The husband and father of three lost both legs.

"I remained conscious after being hit, and one of the first thoughts that went through my head was that I was going to need a very good attorney." Aaron met with a number of attorneys before selecting the personal injury powerhouse of Schwebel, Goetz & Sieben to represent him and his case. "The choice was obvious. They presented us with a detailed plan of action, not just empty words."

Have you been injured in an accident?

Contact Minnesota's Personal Injury Powerhouse for a free consultation. Join the thousands of Minnesotans that have turned to Schwebel, Goetz & Sieben to handle their personal injury and wrongful death claims.

5120 IDS Center
80 South Eighth Street
Minneapolis, MN 55402



612.377.7777
800.752.4265
schwebel.com

PERSONAL INJURY ATTORNEYS



Personalized Small Group Training to Help Your 40+ Body Thrive with Strength, Mobility and Nutrition

Altman Fitness is the premier fitness program in the southwest metro dedicated to helping you build lasting strength and vitality for a longer, healthier life. With personalized support and modifications tailored to your needs, we meet you where you are and guide you to feel strong, confident and fit at any stage. Call or email for your free consultation!

www.altmanfitness.com

office@altmanfitness.com

612-454-6409



AAA GIRLS HOCKEY PROGRAM

DEVELOPING CONFIDENT PLAYERS WITH GRIT AND A PASSION FOR THE GAME OF HOCKEY

LEARN MORE: WWW.MNICECOUGARS.COM

MIRA JALOSUO
mjalosuo@playhockey.com



MINNESOTA VALLEY
- country club -

Explore Membership at The Valley

952-884-2409 | WWW.MVCCGOLF.COM

*For details on Golf & Social Membership, contact General Manager,
Jonathan Abbott, PGA at jabbott@mvccgolf.com*

MANN Theatres



Your Work. Your Effort. Your Level.

.....
Your Success.



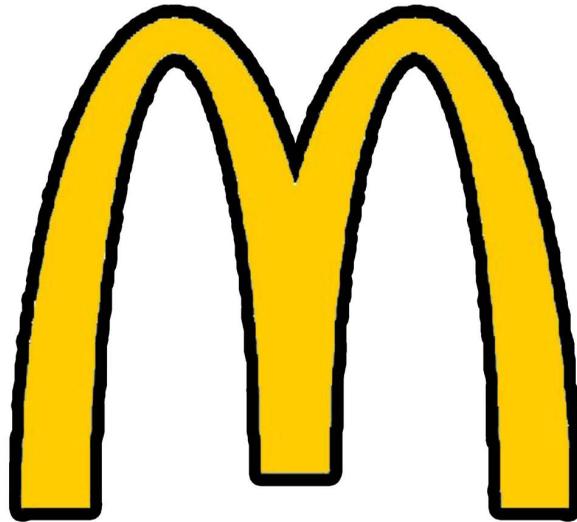
HOCKEY



WWW.OSHOCKEY.COM

Here's to a GREAT season!

- 8 WEEK SUMMER TRAINING
- PROSPECTS/FUTURES CAMP
- GOALIE TRAINING
- SUMMER DEVELOPMENT TEAMS
- SPRING/FALL LEAGUES
- TOURNAMENTS
- D1/D3 COLLEGE SKATE
- POWER SKATING AND ROOKIES CAMP
- PROGRAMS FOR U6-COLLEGE PLAYERS!



9240 BLOOMINGTON FERRY RD

**Play hard, do your BEST!
AMAZING things happen,
when you work TOGETHER!**

DOWNLOAD THE APP



ADD A PAYMENT



EARN REWARDS

Looking for some extra fun? JOIN OUR TEAM! Free meals, schedule around your activities, get paid for your grades, every student gets a scholarship bonus, get up to \$3000 a year for college tuition, free college education at Colorado Tech University, grow in our company and become a manager, and so much more!

(Details for scholarships provided upon request. Students receive a scholarship bonus depending on when they started. A freshmen or sophomore will receive a \$1000 upon graduating from high school.)

Morgan Stanley



Morgan Stanley is proud to support

Eden Prairie High School Girls Hockey Team



Beth Abrahamson
Financial Planning Specialist
Financial Advisor
8300 Norman Center Dr. Suite 1150
Bloomington, MN 55437
+1 952 921-1998
Beth.Abrahamson@morganstanley.com
advisor.morganstanley.com/beth.abrahamson

MN Insurance Lic. #20465823
IL Insurance Lic. #8283521
NMLS #2105008



MULTIVENTURE

PROPERTIES

The Correct Choice For Community
Association Management

Committed to Providing Full Service
Association Management for Condominium
and Townhome Communities Since 1984.

RELIABLE
RESPONSIVE 24/7
EXPERIENCED
KNOWLEDGEABLE
PERSONALIZED SERVICE

www.multiventureproperties.com
952.920.9388

Dental care for the entire family

Aaawwwsome



Our dentists offer the utmost care
to moms, dads and kids of all ages.

18315 Cascade Dr, Suite 120
Eden Prairie | 952-949-2536

Good luck this season, Eagles!

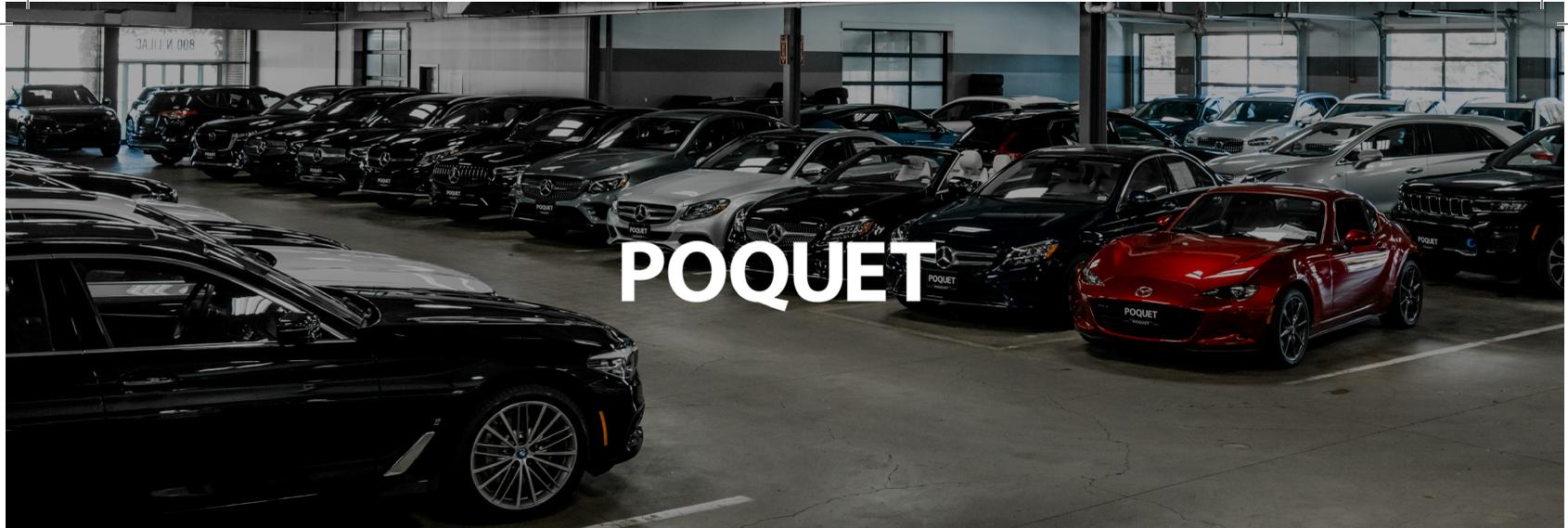
That's my



Park Dental[®]
Eden Prairie

**Schedule an
appointment today.**

parkdental.com



POQUET



**WE MAKE IT EASY TO BUY, SELL,
AND SERVICE YOUR CAR.**



**SEE WHY WE'RE ONE OF MN'S TOP-RATED
USED CAR DEALERSHIPS!**

Poquet Auto - Golden Valley

**800 North Lilac Drive
Golden Valley, MN 55422**

(763) 522-2000

Poquet Lakeville Service Center

**21100 Gateway Drive
Lakeville, MN 55044**

(952) 469-1500

RED MOON

ASIAN CUISINE



IS A PROUD SUPPORTER OF

EAGLE'S HOCKEY
EDEN PRAIRIE

**THE
NEIGHBORHOOD HANGOUT
FEATURING:
BREAKFAST
LUNCH
&
DINNER
DAILY**

**COME SEE US BEFORE OR
AFTER THE GAME!**

16396 WAGNER WAY, EDEN PRAIRIE, MN
952.934.4545 | TAVERN4AND5.COM





Ultra-fast fiber home internet from T-Mobile is here

Super fast and reliable. *Done right.*



Check availability
Fiber.T-Mobile.com/EdenPrairie

Plans start at

**500
Mbps
speed**

\$55 /mo.

w/Fiber AutoPay while on a postpaid voice line. Plus taxes & fees.

**5-Year
Price
Guarantee
included**

Exclusions like taxes & fees apply.

Plus applicable taxes & fees. Limited time only; subject to change. Available at select addresses. Qualifying new fiber service required. Return each device undamaged or fee may apply. **Fiber AutoPay** discount while using AutoPay with bank account or debit card; otherwise \$10 more/line/mo. May not be reflected on first bill. Max 1/account. May not be combined with some offers, discounts, or promotions. **Savings:** with \$10 monthly bill credit. Limited-time; subject to change. Qualifying credit, T-Mobile postpaid voice line as Fiber account phone number, and a new Fiber Internet line required. Credits may take up to 2 bill cycles; credits will stop if you cancel any lines or change plans. Limit 1/account. May not be combined with some offers, discounts, or promotions. **5-Year Price Guarantee** means that we won't change the price of fiber internet data for at least 5 years while you are on an eligible plan. Taxes & fees, voluntary equipment or speed upgrades, future wireless generations, select limited-time promotions, per-use charges, third-party services, and network management practices aren't included. This guarantee starts when you activate or switch to an eligible plan and doesn't restart if you add a line or change plans after that. Not available in all areas. See **Terms and Conditions (including arbitration provision)** at <https://fiber.t-mobile.com/legal/terms>.

Everyone Can Play



PRIDE
TWIN CITIES



A+ CARE FOR YOUR MVP

Medical care powered by ER providers.

Eagan • Golden Valley • Vadnais Heights • Woodbury

[UrgencyRoom.com](https://www.UrgencyRoom.com)



TOYOTA



**VOLUME TOYOTA
DEALERSHIP**
& USED CAR DEALER IN THE MIDWEST



Walser Toyota is a Proud Partner of Eden Prairie Hockey.

We're more than just a dealership - we're part of your team.

From early morning tournaments to road trips to the cabin, our personal, one-person approach makes car buying easy and stress-free. With a massive covered parking ramp, top-notch service, and Minnesota's best-selling Toyota lineup, we're always here for you.

Walser Toyota Bloomington

4401 American Blvd W, Bloomington, Minnesota
952.592.6958 · WalserToyota.com

Mon - Thurs 9:00am - 8:00pm
Fri, Sat 9:00am - 6:00pm



WALSER



\$1,000 Trade-In Assistance
Toward a New Toyota

Only Valid at Walser Toyota Bloomington

Must Present Certificate at Time of Write-up

Expires **6/30/2026**

Trade In Assistance offer valid toward any New Toyota now through 6/30/2026. Offer valid for trade in vehicles within 10 model years with 100,000 miles or less. Trade in assistance must be used toward the lease or purchase of a New Toyota. Some exclusions may apply, see dealer for complete details.

WALSER



2 Years Of
Toyota Service Care
For Only \$399

Only Valid at Walser Toyota Bloomington

Must Present Certificate at Time of Write-up

Expires **6/30/2026**

2 Years of Toyota Service Care includes 5 oil changes, 5 tire rotations, multipoint inspection, and 24/7 Roadside Assistance. Contract valid for 2 years, with no mileage limit. Price includes \$399 plus tax. See Service Specialist for complete details.



PERSONALIZED EYE CARE & EYEWEAR FOR YOUR ENTIRE FAMILY



DR. SARAH K. EBELING
Optometrist & Owner



DR. KATIE HANSEN
Optometrist



DR. SUZETTE SKAVLEM
Optometrist



600 Market Street #190 Chanhassen, MN
www.winkfamilyeyecare.com

EDEN PRAIRIE COMMUNITY CENTER

Achieve all your healthy lifestyle goals at the Community Center.

FITNESS



AQUATICS



Sign up to enjoy the perks of an Eden Prairie Community Center membership.



edenprairie.org/CommunityCenter



JAMISON OPTICAL

See Look Feel Great



Personalized Eyecare

Top Lens Technology

Handpicked Frame Collection

Google
5.0 ★★★★★
Over 500 Reviews

Crizal
Eyezen
VARILUX



JamisonOptical.com (952) 934-2084
7912 Mitchell Rd Eden Prairie MN 55344

Freedom from housework... it's a fabulous feeling!



SCAN ME!



\$50 OFF

your first cleaning!

CODE: MINED-50

952-944-8020

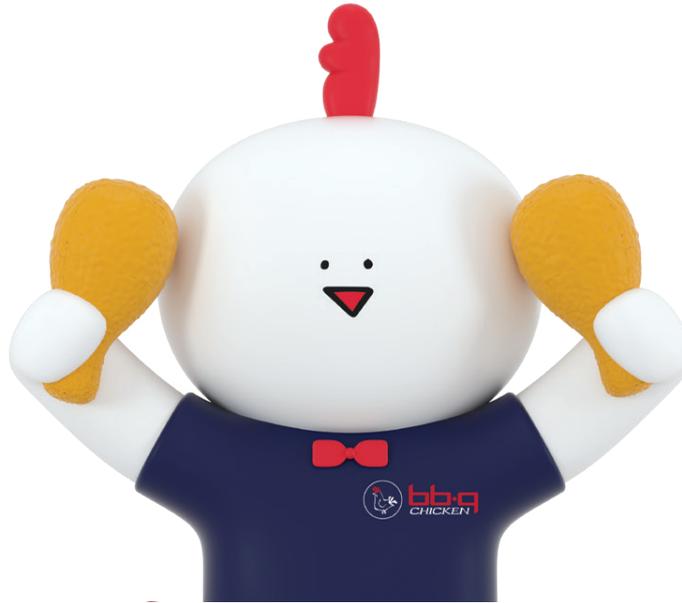
Call to schedule!

www.cottagecare.com





bb.q® *CHICKEN*



a hat trick of
HAPPY
CAMPERS

PROUDLY SUPPORTING THE EAGLES!



- ALL-DAY PLAY
- LIVE WEBCAMS
- CLIMATE CONTROLLED PLAY YARDS
- CPR & FIRST AID CERTIFIED TEAM



CAMP BOW WOW®
EDEN PRARIE
952-828-9663



Eden Lakes Dental
edenlakesdental.com



(952) 941-0470



9613 Anderson Lakes Pkwy,
Eden Prairie, MN 55344

GENERAL DENTISTRY & BEYOND:
ELEVATING WELLNESS, AIRWAY & BEAUTY



SCAN HERE
TO LEARN MORE &
SCHEDULE YOUR VISIT





WELCOMING NEW CLIENTS!

We are a full-service clinic in Eden Prairie that treats dogs, cats, and exotic pets. Our team combines advanced technology with compassionate care to meet your pet's needs.

New clients receive \$25 off their first visit. Just mention this ad or bring in the coupon. We can't wait to meet you and your pet!



SPECIAL OFFER

\$25 off
Wellness Exams
on your pet's first visit.

📞 952-944-5320

🌐 bushlakepethospital.com

📍 10140 Hennepin Town Rd. Ste 100
Eden Prairie, MN 55347

CHANHASSEN AMERICAN LEGION

Tuesday Night Trivia
Bingo - Pull Tabs - Tip Boards
Meat Raffles
Breakfast, Lunch & Dinner
Served Daily
Outdoor Bean Bag Courts



Chanhasseen American Legion
Post #580 • 290 Lake Drive East
952-934-6677
📘 alpost580-chanhasseenmn.org





Top-Rated, Honest & Friendly, Local Service

Your HomeTown Heroes!



Not all heroes wear capes—some drive garbage trucks. Suburban Waste has been your HomeTown Hero since 2007, delivering personal service the big guys just can't match.

- No Contracts, Plus Transparent Pricing with No Hidden Fees
- No Environmental or Administrative Fees
- Local Customer Support: Speak to a Real Human Every Time!
- Over 700, 5-Star Google Reviews, A+ Better Business Bureau
- Friendly Truck Drivers that do More than Just Haul Trash

952-937-8900  **suburbanwastemn.com**

HAWKEYE HOCKEY SERVICES

Specialized Consulting and Training for the Dedicated Hockey Player

EXPERIENCE THE
Key DIFFERENCE
KeyCadillac.com

952.920.4300



KEY CADILLAC

Your Escalade and EV Headquarters




EDEN PRAIRIE HIGH SCHOOL

Key Cadillac is proud to sponsor the Eden
Prairie Girls Hockey Program

LEIGHTON'S GARAGE

FIXING YOUR CARS FOR 40 YEARS



Go Eagles!



Proud Sponsor of Eden Prairie Girls Hockey!

952-934-8900



MAN CAVE BARBER CO.

THE COMRADERY OF MEN

For more than a century traditional barbershops have been the center of communities as much as the town square or city hall. They offer a brief respite from the chaos of life and a noble indulgence as they serve to refresh masculine appeal. There is no more sobering feeling of optimism than a well-groomed man rising from the barber's chair. The Man Cave Barber Co. seeks to both create the environment for escape, and the grooming services to refresh, while maintaining an "everyman" appeal to the humble braggart.



SHAVING



HAIRCUT



MUSTACHES



BEARDS

Tue - Fri: 9am - 6pm
Sat: 9am - 4pm
Sun - Mon: CLOSED

7884 Market Blvd, Chanhassen
952.297.1670
mancavebarberco.com



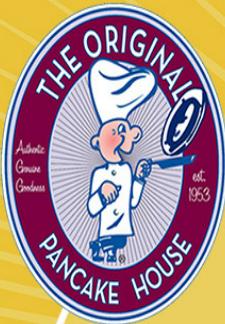
**FEED THE WHOLE TEAM
WHERE YOU GO AFTER THE GAME**



**OLD CHICAGO
PIZZA + TAPROOM**



EDEN PRAIRIE • 12300 Singletree Ln • Off Hwy 212 on Singletree Ln • 952.946.1400



*THE BEST BREAKFAST IN TOWN IS JUST
AROUND THE CORNER...*

THE ORIGINAL PANCAKE HOUSE

**SERVING A LARGE TRADITIONAL BREAKFAST
MENU WITH A FEW MODERN TWISTS**

**ALL OF OUR BATTERS, SAUCES AND SYRUPS
ARE HAND-MADE DAILY**

*our house specialty
The Apple Pancake*



**549 PRAIRIE CENTER DR
SOUTH OF THE SHOPPING CENTER
PHONE 952.224.9440**

**FOR MORE INFO VISIT US @
WWW.OPHMN.COM**



Dreaming up the ideal retirement is your job.
Helping you get there is ours.

We're excited to hear from you.



Susan Pauling
Financial Advisor

4 E Main St
Suite 400
Waconia, MN 55387-1113
952-442-1668



Proud to support the neighborhood

As your local State Farm® agent, I'll be there whenever you need me with Good Neighbor service you can count on. Give me a call.

Good luck Eden Prairie Girls Hockey teams and families.

Benjamin Just Ins Agency Inc

Ben Just, Agent
14850 Scenic Hts Rd St 155
Eden Prairie, MN 55344-2244

Bus: 952-941-5850
ben@benjust.net
www.benjust.net

Like a good neighbor, State Farm is there.®



Minneapolis' Trusted Partner in Disaster Recovery



Immediate Response.
Expert Cleanup.
Complete Repairs.

✓ WATER & STORM

Sewage and water cleanup, recovery from wind and natural disasters

✓ ENVIRONMENTAL

Mold remediation, asbestos abatement, decontamination

✓ FIRE & SMOKE

Emergency board ups, soot and odor removal and structural cleaning

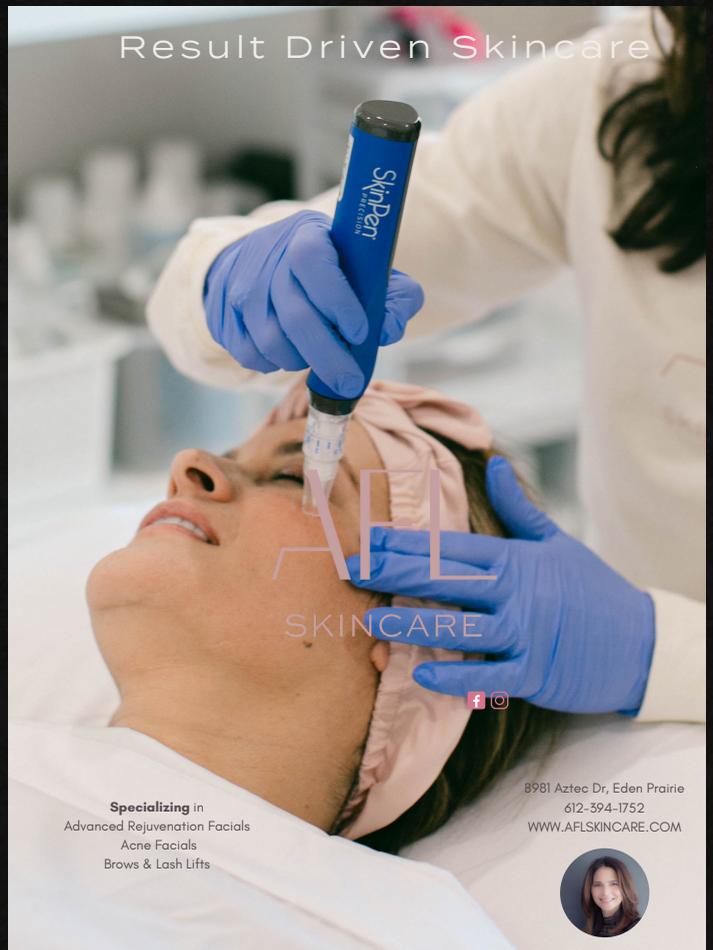
✓ RECONSTRUCTION

Repairs and rebuilds, renovations, and commercial roofing

24 HOUR
Emergency Response

BluSky of Minneapolis
6011 Culligan Way, Minnetonka, MN
800.266.5677 | goBluSky.com

Result Driven Skincare



AFL SKINCARE



Specializing in
Advanced Rejuvenation Facials
Acne Facials
Brows & Lash Lifts

8981 Aztec Dr, Eden Prairie
612-394-1752
WWW.AFLSKINCARE.COM



**DEVELOPING
TODAY'S
STUDENT-ATHLETES
FOR TOMORROW**

PROUD SUPPORTER OF
EDEN PRAIRIE GIRLS HOCKEY

**BREAKAWAY
ACADEMY**

Result Driven Skincare

SKINPEN
MICRONEEDLING

**AFL
SKINCARE**

Specializing in
Advanced Rejuvenation Facials
Acne Facials
Brows & Lash Lifts

8981 Aztec Dr, Eden Prairie
612-594-1752
WWW.AFLSKINCARE.COM

**MAYHEM
IS EXPENSIVE.
ALLSTATE
IS NOT.**

Let me help protect you before mayhem strikes.
From a tree branch falling on your car during a windstorm to a GPS that sends you the wrong way down a one-way, mayhem can strike anytime. So get an Allstate Agent like me who knows how to help you make sure you're protected. **Don't wait—call me today!**



Rob Shuman, CIC, LUTCF
Eden Prairie location
P: 952-777-4420
Excelsior location
P: 952-474-4101
robshuman@allstate.com

GO EAGLES!



Allstate

Shuman Insurance Group—Excelsior, MN
952-474-4101

Proud sponsor of the Ryan Shuman Determination Award

Subject to terms, conditions and availability. Allstate Indemnity Co. © 2013 Allstate Insurance Co.

Put the BISCUIT in the BASKET!



*We've recently scored with these properties –
yours could be next!*



Whether you're looking to buy,
sell, or invest, I'll help you
achieve your real estate goals.

**Contact me today to secure
your next move!**



**FIND OUT
WHAT YOUR
HOME IS WORTH!**

BILLY PAULING

952.261.9014
billy@paulinghomes.com
www.paulinghomes.com

kw PREMIER REALTY
LAKE MINNETONKA
KELLER WILLIAMS

Each Office is Independently Owned and Operated.



Jet-Black[®]
World's Most Beautiful Driveways & Parking Lots.

10% OFF

Driveway
Sealcoating
Not valid with other offers

FREE QUOTES
(952) 944-7474
www.Jet-Black.com

NHL SKATING COACH FOR 20 YEARS

KSD
KARN SKATING DYNAMICS

karnskatingdynamics.com

MDT
Minnesota Dance Theatre

2026 Summer Program

**WITH DIRECTOR & FORMER AMERICAN BALLET THEATRE
DANCER, LAUREN POST**

June 8–26, 2026

Ages 8–18

9:30–4 p.m. | Monday–Friday

**Includes ballet technique, pointe, variations, men's
rep, contemporary, choreography, and more.**

Registration opens in early spring

mndance.org | info@mndance.org | 612-821-9202 | 730 SE 9th Street Minneapolis, MN



TEAM PICTURES



VARSIITY COACHES

(L-R): Kimberly Abrahams, Mike Umland, Steve Persian, Paige Sorensen

Air Condition your shelter
with **Ray N. WELTER**
SINCE 1912

RAY N. WELTER HEATING



Ray N. Welter Heating has proudly provided HVAC services such as installation, maintenance and repair of Twin Cities central air conditioners, home heating systems, air purifiers and more for four generations.

LEARN MORE

To find out more about the services we offer or request a quote, call **612.825.6867** or visit us online at **welterheating.com**

RAY N. WELTER HEATING • 612.825.6867 • 4637 CHICAGO AVE. SOUTH, MINNEAPOLIS, MN 55407 • WELTERHEATING.COM

TEAM PICTURES



JUNIOR VARSITY COACHES

(L-R): Alycia Primeau, Nora
Wagner

SUPPORT EP HOCKEY!



play

PULL TABS!

FOUR GREAT LOCATIONS:

CHAMPPS
KITCHEN + BAR

T.J. HOOLIGAN'S
PUB & GRUB
EDEN PRAIRIE

OLD CHICAGO
PIZZA + TAPROOM

XGOLF
> EDEN PRAIRIE



TEAM PICTURES



VARSIITY CAPTAINS

L:R Genevieve Streed, Sara
David, Katie Petrie



JR. VARSITY CAPTAINS

L:R Lydia Simonson, Macy
Mitchell, Emma Altman

TEAM PICTURES



MANAGERS

Back Row: Aubrey Wulf,
Maren Sims, Sydney
Thompson
Front Row: Lyla Stidger,
Ashley Prodoehl

WISDOM TEETH | DENTAL IMPLANTS | JAW SURGERY | EXTRACTIONS



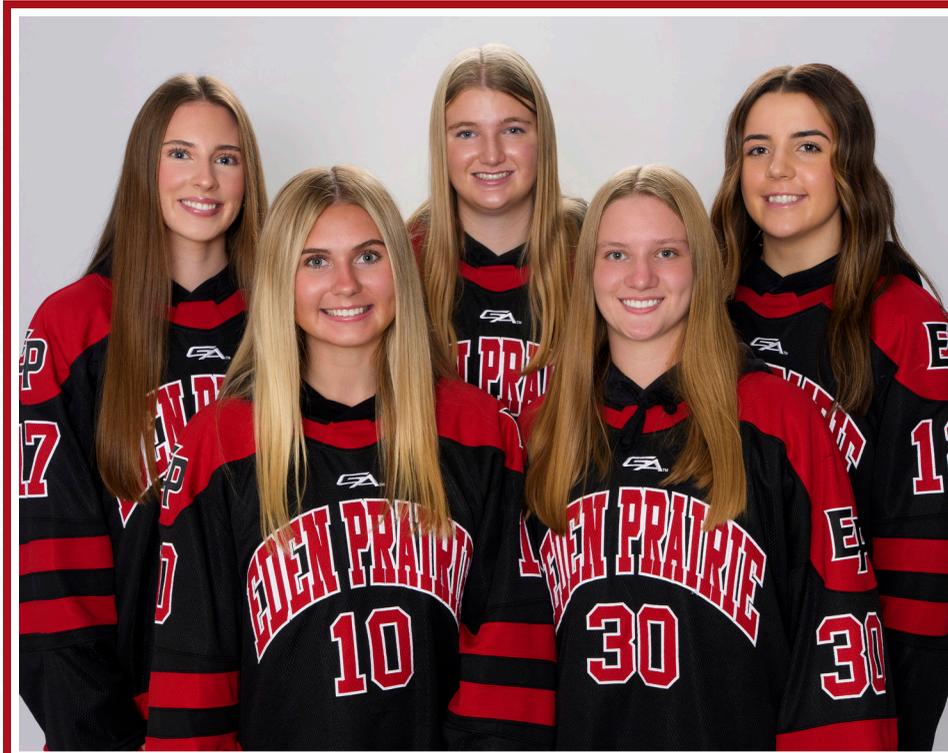
*Providing exceptional oral surgery care
in a relaxing, comfortable,
and highly personal atmosphere.*

EDINA | WAYZATA | SAVAGE | CHANHASSEN

952-841-9676 | omscmn.com



TEAM PICTURES



SENIORS

Back Row: Genevieve Streed,
Sara David, Kate Petrie
Front Row: Allie Dahl, Rylee
Lorton



Dine In & Take Out
Chanhassen
952-937-9117

Order Online
SoyaMN.com



Your hometown
home & auto
team

Joan Roisum Ins Agcy Inc
Joan Roisum, Agent
www.joanroisum.com
Bus: 952-835-7188

When you go with State Farm®,
you get neighborly service
and a local agent — all for a
surprisingly great rate. Give me
a call and get a quote today.

Good Luck EPHS Girls
Hockey!

Like a good neighbor,
State Farm is there.®

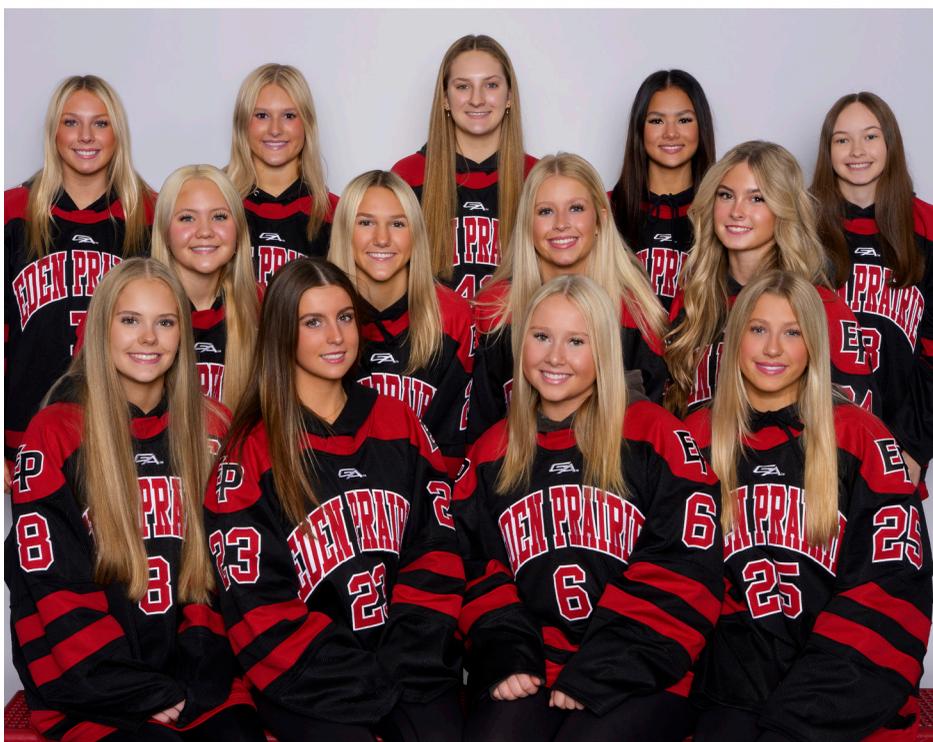
State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company
State Farm Fire and Casualty Company
State Farm General Insurance Company
Bloomington, IL

State Farm County Mutual Insurance Company
of Texas
State Farm Lloyds
Richardson, TX

State Farm Florida Insurance Company
Winter Haven, FL
2001735



TEAM PICTURES



JUNIORS

Back Row: Peyton Penney, Quinn Bille, Madeline Abbott, Paige Reisdorf, Ella Abrahamson
Middle Row: Emma Altman, Peyton Ishaug Jordan Elevcrog, Macy Mitchell
Front Row: Lydia Simonson, Kelsey Pottinger, Presley Pauling, Claire Solie



BEARPATH
golf and country club

The perfect backdrop for your families best moments

We offer three membership tiers: golf, pool/tennis/fitness, or social
Contact Lindsay Ellison, Membership Director, for more information | l Ellison@bearpathgolf.com



TEAM PICTURES



SOPHOMORES

Back Row: Cece Checco, Alyssa Stewart, Dani Bukovich
Front Row: Allison Farrell, and Ali Johnson



FRESHMAN

L:R Anna Lange, Clara Hendrickson, Elise Emory, Vivi Farnan

TEAM PICTURES



8TH GRADE

Back Row: Payton Amendola,
Evy Dunlap, Annika Buchanan,
Olivia Chepokas
Front Row: Madiana Walker,
Sophia Solie, Brooke
Lokkesmoe, Quinn Schubert



THANK YOU, RICK OLSON!

As photographer for Eagles Hockey, Rick has beautifully captured the faces of this team and the highlights of every game. Thank you for the great photos, Rick!



COACH BIOS



STEVE PERSIAN **VARSITY HEAD COACH**

With more than 20 years of coaching and individual player development experience at the youth, high school and college level, Coach Steve Persian begins his 4th season in Eden Prairie. Before joining Eden Prairie, he was the head coach at Breck and led the program to two Class 1A girls' hockey state championships (2019, 2020). He also previously served as head coach to the Orono Girls High School program from 2012-2018 and youth teams before that in both Orono and Wayzata. Persian played hockey as a forward for St. John's University during his college years. Persian is a native of Wayzata, Minn.



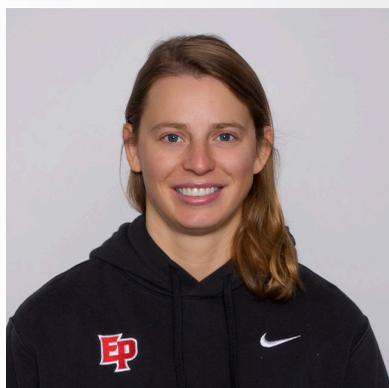
MIKE UMLAND **VARSITY COACH**

Coach Mike Umland has more than 20 years of coaching experience at the high school and youth level and has been part of the Eagles' coaching staff since the 2022-2023 season.

Prior to coaching for Eden Prairie high school, Mike was an assistant coach for the Breck girls varsity hockey program from 2018-2020 and an assistant coach for the Orono girls varsity high school program from 2012-2018. Prior to that he coached youth teams in the Wayzata girls program.

Umland played hockey at Osseo during his high school years and currently resides in Corcoran, Minn.





PAIGE SORENSEN
VARSITY ASSISTANT COACH

Coach Paige Sorensen has been part of the Eagles' coaching staff since the 2022-2023 season, specializing as a defensive coach.

She graduated from Wayzata High School in 2015 as a dual-sport varsity athlete, after which she played four years of Division I Hockey at Merrimack College where she double majored in Environmental Studies & Sustainability and Music. While at Merrimack, Paige served as a three-year captain, earning Hockey East all-academic and athletic honors.

Paige resides in St. Louis Park, working as a Sustainability Analyst for Cargill.



KIMBERLY ABRAHAMS
VARSITY ASSISTANT COACH

Coach Kimberly Abrahams joined Eden Prairie's coaching staff in 2025. She has been coaching since 2001 in various aspects of hockey. She has coached boys and girls from mites through high school and has experience coaching and evaluating at multiple levels of the USA Hockey development camps. Most of her career has been head coaching at the girls HS age level. Her resume encompasses a broad experience across the United States, including coaching in New York, California, Connecticut, and Minnesota. For the last 9 years, Abrahams has been coaching in the Minnesota State High School League.

Abrahams continues to learn and grow in the game through many avenues, one of which includes her participation in the NHL Coaches Association's Female Coaches Program.

Abrahams played high school hockey in Lake Placid, NY for the National Sports Academy's boys prep school team and the Lake Placid Rockets girls' town team, the 3x NY state champions. She played college hockey at Sacred Heart University in Connecticut. She lived her bucket list dream trip to see one home game at every NHL arena during the 2011-2012 season. In addition to a life in hockey, when not at the rink, she also works as a Doctor of Physical Therapy, specializing in orthopedics.



COACH BIOS



ALYCIA PRIMEAU JV CO-HEAD COACH

Coach Alycia Primeau joined Eden Prairie's coaching staff in 2025. Alycia is from Prior Lake and she graduated from Prior Lake High School in 2015. After, Alycia attended the University of Wisconsin- River Falls, and graduated with a degree in Elementary Education. Alycia is currently teaching in the Eden Prairie school district. She has been playing hockey since she was 4 years old. After playing 4 years of Varsity for Prior Lake, she continues to play in a women's league out of the Twin Cities. She has been coaching for Eden Prairie Hockey Association at the 12UA level for 2 years and is in her second-year coaching for the Ice Cougars program in the summer. When she is not at the rink, she is enjoying the outdoors, and spending time with family and friends!



NORA WAGNER JV CO-HEAD COACH

Coach Nora Wagner joined Eden Prairie's coaching staff in 2025. A native of Eden Prairie, Nora graduated from Eden Prairie High School in 2020, where she earned All-Lake Conference Honors and the Hobey Baker Character Award her senior year. She attended St. Lawrence University in New York earning her bachelor's degree in Biophysics. Since graduating, Nora has pursued a career in the medical device industry. Last season, she served as an assistant coach for the Eden Prairie-Bloomington 15UA team and has been coaching Little Twigs the past six summers. Nora enjoys golfing, fishing and spending time with her family in her free time.



Why Choose Us?

For over 40 years, Prairie Dental Group has proudly delivered exceptional dental care through a dedicated team of professionals. We're committed to transforming the dental experience by offering personalized care that replaces fear with comfort and confidence.



952-903-5000 | prairiedental.com
6608 Flying Cloud Drive, Suite 200 Eden Prairie, MN 55344

THANK YOU
FOR VOTING US BEST DENTIST!



The Off-Season Is the Best Season

Start Planning Your Summer Retreat Today
(651)203-3000



AMANDA LEVEILLE **GOALIE COACH**

Coach Amanda Leveille joined the Eagles as the goaltender coach during the 2022-2023 season. She is also the Goalie Director for OS hockey and has played professional hockey for the Minnesota Whitecaps in the Premier Hockey Federation and the Minnesota team in the inaugural season of the Professional Women's Hockey League (PWHL). During her first year in the PWHL she won the Walter Cup and during her 5 seasons as a Whitecap, she won 2 Isobel cups and 2 Goaltender of the Year titles.

Amanda previously played for the Minnesota gophers from 2012-2016, winning three national championships. She also played for team Canada's u22 and Development team, winning gold at the Nations cup in Fussen, Germany. She has more than 10 years of coaching experience at all levels including several current and past Div. 1 and 3 goaltenders. She has been a goaltender coach and consultant for the elite league and Minnesota high school for the past 5 years. Amanda also has international coaching experience; she was asked in 2019 to help evaluate and coach goaltenders at the Chinese national camp.



BRYAN FUSS **POWER SKATING AND SKILLS COACH**

Bryan Fuss joined the Eden Prairie Program as our power skating and skills coach in 2025. Coach Fuss grew up playing for the Madison Capitols AAA Tier 1 Program. He was drafted by the Des Moines Buccaneers of the USHL where he spent 2 years before earning a scholarship to play Division I college hockey for Lake Superior State. After four years of college hockey, Bryan began his professional career. Bryan was a lead instructor, Coaching Director and Director of the Minnesota Machine Boys program from 2009-2018 at Minnesota Made in Edina, MN. Bryan continues to serve as a lead instructor (SD Selects) developing many of our training programs while also coaching High School hockey in Minnesota each winter season. Coach Fuss brings a high level of knowledge to the ice. His passionate coaching style draws out the best in each player he works with. He cares about the development of each athlete and works hard to assist each athlete in their goals to be the best they can be.





PLAYER BIOS



CLARA HENDRICKSON // 1 //

GRAD YEAR: 2029

Pregame Ritual: Listen to music, Warm up with team, Warm up with my tennis balls, and eat fruit snacks.

Favorite Starbucks Drink: Grande Strawberry Açai Lemonade Refresher Light Ice

Best Advice from a Coach: "Play how you play, not how the other team plays."

Favorite Fast Food Restaurant Order: Chipotle and a burrito bowl with white rice, black beans, carnitas, sour cream, and cheese.

Interests Outside of Hockey: Reading and being outside

Favorite TV or Movie Series: Brooklyn Nine Nine

Favorite Hockey Memory: Going to Duluth in my second year of 12u.



PEYTON ISHAUG // 2 //

GRAD YEAR: 2027

Pregame Ritual: Get Starbucks and tape my stick while listening to music.

Favorite Starbucks Drink: Strawberry Açai Refresher with no berries and extra base.

Best Advice from a Coach: "Control what you can control. Your effort, attitude, and actions."

Favorite Fast Food Restaurant Order: Taco Bell Crunchwrap, nacho fries and a Baja blast.

Interests Outside of Hockey: Soccer, hanging out with friends, listening to music, and shopping.

Favorite TV or Movie Series: Gossip Girl

Favorite Hockey Memory: Going to state first year of 15u.



JORDAN ELVECROG // 3 //

GRAD YEAR: 2027

Pregame Ritual: Shoot pucks, tape stick, listen to music.

Favorite Starbucks Drink: Strawberry Açai Lemonade, light ice, no berries.

Best Advice from a Coach: "Play every shift like it's your last."

Favorite Fast Food Restaurant Order: 5 dollar meal deal from Mcdonald's with Sara and Presley.

Interests Outside of Hockey: Camping and hanging out with friends and family.

Favorite TV or Movie Series: Firefly Lane

Favorite Hockey Memory: Going to state my 15u year.



BROOKE LOKKESMOE // 4 //

GRAD YEAR: 2030

Pregame Ritual: Listening to music and playing volleyball.

Favorite Starbucks Drink: Strawberry Açai Refresher with light ice, lemonade, and no berries.

Best Advice from a Coach: "Keep your head up after you make a mistake."

Favorite Fast Food Restaurant Order: Chipotle Burrito with rice, chicken, and cheese.

Interests Outside of Hockey: Hanging out with friends and family, Baking, and Shopping.

Favorite TV or Movie Series: 10 things I Hate About You

Favorite Hockey Memory: Going to Duluth and staying in a hotel with my team.

PLAYER BIOS



DANICA BUKOVICH // 5 //

GRAD YEAR: 2028

Pregame Ritual: Tape Stick and watch hockey.
Favorite Starbucks Drink: Strawberry Açai with Lemonade
Best Advice from a Coach: "Be confident, have fun!"
Favorite Fast Food Restaurant Order: Chick-Fil-A Cool Wrap

Interests Outside of Hockey: Hiking, boating, and paddle boarding
Favorite TV or Movie Series: Modern Family
Favorite Hockey Memory: Hockey Day MN 2025



PRESLEY PAULING // 6 //

GRAD YEAR: 2027

Pregame Ritual: Hang out with Aunties Sara and Jordan and taping my stick.
Favorite Starbucks Drink: SARL
Best Advice from a Coach: "Always give 110%!"
Favorite Fast Food Restaurant Order: Mcdonald's 5 dollar meal deal with aunties.

Interests Outside of Hockey: Hanging out with friends
Favorite TV or Movie Series: Frozen 1
Favorite Hockey Memory: Going to Sate tournament



Black Armor Driveways

TOUGH PROTECTION. SMOOTH FINISH.



PLAYER BIOS



PEYTON PENNEY // 7 //

GRAD YEAR: 2027

Pregame Ritual: Crack my fingers and drink energy drink.

Favorite Starbucks Drink: Brown sugar Shaken espresso

Best Advice from a Coach: "Control your effort."

Favorite Fast Food Restaurant Order: Chick-fil-A cool wrap with fries and lot of chick fil a sauce.

Interests Outside of Hockey: Hanging out with friends, soccer, and shopping.

Favorite TV or Movie Series: Greatest Showman and Titanic

Favorite Hockey Memory: Bus rides and tournaments.



LYDIA SIMONSON // 8 //

GRAD YEAR: 2027

Pregame Ritual: Listen to music and tape my stick.

Favorite Starbucks Drink: Venti Strawberry Açai with light ice and no berries.

Best Advice from a Coach: "Be a good teammate and have fun."

Favorite Fast Food Restaurant Order: Mcdonald's chicken nuggets and fries.

Interests Outside of Hockey: Golf, hanging out with friends, and shopping.

Favorite TV or Movie Series: Outer Banks

Favorite Hockey Memory: Out of town tournaments.



Our services include:

- Residential Driveways
- Commercial Parking Lots
- Roadways
- Pathways
- Crack Filling
- Sport Surfaces
- Patching & Asphalt Rehabilitation

Plehal Blacktopping is a full-service asphalt contractor.

Contact us today for a Free Estimate:

www.plehal.com | 952-445-7676

PLAYER BIOS



PAIGE REISDORF // 9 //

GRAD YEAR: 2027

Pregame Ritual: Eating fruit and taping my stick.
Favorite Starbucks Drink: SARL
Best Advice from a Coach: "Empty the tank and play like it's your last shift."
Favorite Fast Food Restaurant Order: Chick-fil-A Deluxe Sandwich Meal with a Diet Coke.

Interests Outside of Hockey: Hanging out with my friends and shopping.
Favorite TV or Movie Series: The Notebook
Favorite Hockey Memory: Any away tournaments



ALLIE DAHL // 10 //

GRAD YEAR: 2026

Pregame Ritual: Tape my stick and listen to music.
Favorite Starbucks Drink: SARL
Best Advice from a Coach: "Don't let a bad shift turn into a bad game."
Favorite Fast Food Restaurant Order: Culver's Kids Meal

Interests Outside of Hockey: Lacrosse
Favorite TV or Movie Series: Gossip Girl
Favorite Hockey Memory: Out of town youth tournaments.



ALISON JOHNSON // 11 //

GRAD YEAR: 2028

Pregame Ritual: Hype music and stretching
Favorite Starbucks Drink: Pink Drink with light ice
Best Advice from a Coach: "Play every shift like it's your last."
Favorite Fast Food Restaurant Order: Culver's Cheeseburger with cheese curds and a concrete mixer.

Interests Outside of Hockey: Going to my cabin, hanging out with friends and golfing.
Favorite TV or Movie Series: White Chicks
Favorite Hockey Memory: Going to Boston with my summer team.



KATE PETRIE // 12 //

GRAD YEAR: 2026

Pregame Ritual: Taping my stick in the stands, going for a walk with Sara David, and talking with my teammates.
Favorite Starbucks Drink: Strawberry Açai Refresher with Lemonade
Best Advice from a Coach: "The only thing you can control is how hard you work."
Favorite Fast Food Restaurant Order: Leeann Chin Mongolian Chicken

Interests Outside of Hockey: Spending time with family and friends and going for walks with my dog.
Favorite TV or Movie Series: Friends
Favorite Hockey Memory: Waking up early to skate with my dad and having debriefs with my mom after games.



PLAYER BIOS



ALYSSA STEWART // 13 //

GRAD YEAR: 2028

Pregame Ritual: Praying

Favorite Starbucks Drink: Mango Dragon drink w/ lite ice +peach juice +vanilla syrup.

Best Advice from a Coach: "All you can control is your attitude and effort."

Favorite Fast Food Restaurant Order: Chick-fil-A : 8pc nugget w/ Chick-fil-A sause, fries, and Dr Pepper

Interests Outside of Hockey: Music, writing, and school.

Favorite TV or Movie Series: The summer I turned pretty

Favorite Hockey Memory: Scoring 4 goals and 5 points in one game against my friend.



OLIVIA CHEPOKAS // 14 //

GRAD YEAR: 2030

Pregame Ritual: Eat a small meal, stretch, drink an energy drink, and listen to music.

Favorite Starbucks Drink: Strawberry Açai Lemonade light ice no berry.

Best Advice from a Coach: "Keep your head up and give it your all."

Favorite Fast Food Restaurant Order: Taco Bell, chalupa meal with no tomato's on anything and a baja blast chicken.

Interests Outside of Hockey: Soccer, watching horror movies, hating out with friends, traveling.

Favorite TV or Movie Series: The Shining and The Simpsons

Favorite Hockey Memory: When we made Chaska Chan Slate



ANNIKA BUCHANAN // 15 //

GRAD YEAR: 2030

Pregame Ritual: Taping my stick, listen to music, and do a short prayer.

Favorite Starbucks Drink: Summer Berry Lemonade

Best Advice from a Coach: "Hit the net!"

Favorite Fast Food Restaurant Order: Raising canes. 3 tender combo with toast and lemonade.

Interests Outside of Hockey: Reading, lacrosse, and hanging out with friends.

Favorite TV or Movie Series: Miracle on Ice

Favorite Hockey Memory: Going on a bus trip to Fargo with my teammates.



ANNA LANG // 16 //

GRAD YEAR: 2029

Pregame Ritual: Tape my stick and braid my hair.

Favorite Starbucks Drink: Pink Drink

Best Advice from a Coach: "It doesn't matter what the scoreboard says; it's how hard you work."

Favorite Fast Food Restaurant Order: Chick-fil-A sandwich with fries.

Interests Outside of Hockey: Running and being with my friends

Favorite TV or Movie Series: Modern Family

Favorite Hockey Memory: All travel tournaments.

PLAYER BIOS



GENEVIEVE STREED // 17 //

GRAD YEAR: 2026

Pregame Ritual: Eat Chipotle or Jersey Mikes, listen to music, tape my stick with Sara, and run for 3 minutes.

Favorite Starbucks Drink: Apple Crisp Shaken Espresso

Best Advice from a Coach: "Always play like it's your last shift, you never know when it truly will be!"

Favorite Fast Food Restaurant Order: Pizza Luce and the Hulapeño Pizza with hot honey

Interests Outside of Hockey: Softball, girls bible study, playing games with family, and friends.

Favorite TV or Movie Series: Gilmore Girls (team Jess btw)

Favorite Hockey Memory: My first varsity goal!



ELLA ABRAHAMSON // 18 //

GRAD YEAR: 2027

Pregame Ritual: Listen to music

Favorite Starbucks Drink: SARL

Best Advice from a Coach: "Make every shift better than your last."

Favorite Fast Food Restaurant Order: Box Combo from Canes

Interests Outside of Hockey: Hanging out with family and friends.

Favorite TV or Movie Series: White Chicks

Favorite Hockey Memory: Out of town trips



Michael King Orthodontics

Specialist in Orthodontics for Children and Adults

(952) 470-2627

www.michaelkingortho.com



PLAYER BIOS



QUINN BILLE // 19 // GRAD YEAR: 2027

Pregame Ritual: Tape my stick and braid my hair.
Favorite Starbucks Drink: SARL
Best Advice from a Coach: "Every shift is a chance to be better than you were before."
Favorite Fast Food Restaurant Order: Crisp and Green Bold and Buffalo.

Interests Outside of Hockey: Soccer and Golf
Favorite TV or Movie Series: Greys Anatomy
Favorite Hockey Memory: All travel tournaments



VIVIENNE FARNAN // 20 // GRAD YEAR: 2029

Pregame Ritual: Tape my stick.
Favorite Starbucks Drink: Pink drink with light ice, no berries.
Best Advice from a Coach: "Skate hard every shift."
Favorite Fast Food Restaurant Order: Noodle's and Co. Mac and cheese.

Interests Outside of Hockey: Cross country and hanging out with friends.
Favorite TV or Movie Series: Criminal Minds
Favorite Hockey Memory: Out of town tournaments



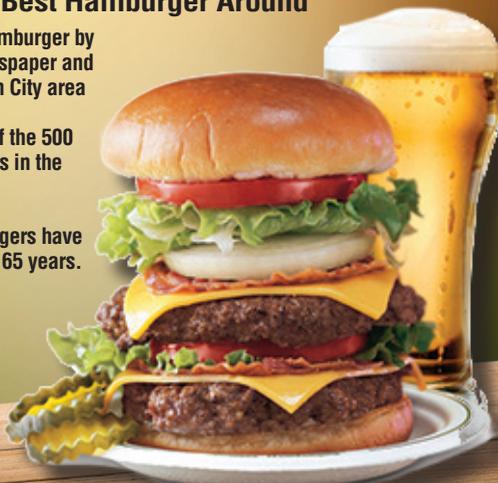
WHO'S YOUR PATTY?™

Absolutely the Best Hamburger Around

- Rated as the best hamburger by just about every newspaper and magazine in the Twin City area
- Recognized as one of the 500 best rated restaurants in the United States
- Our Famous Hamburgers have been served for over 65 years.



READERS' CHOICE Awards



Friendly Service - Quality Food
Craft Beer - Dine In or Take Out
Your hosts Bert & Bonnie Notermann

16180 Flying Cloud Drive Eden Prairie
952-934-5299 • Lionstap.com
OPEN 7 DAYS A WEEK • 11am-8pm

We believe that young hockey players develop best in small groups with high-quality instruction.

LITTLE TWIGS HOCKEY SCHOOL

- SKILLS BASED
- HIGH QUALITY INSTRUCTION
- RELATIONSHIPS AND VALUES
- REPETITION

Based in Eden Prairie.
Focused on 5 - 9 year olds



Coach Joe Krmpotich

For more information or to register visit littletwigshockeyschool.com

Registration opens in January for camps this summer

PLAYER BIOS



ELISE EMORY // 21 // **GRAD YEAR: 2029**

Pregame Ritual: Stretch, listen to music, and eat fruit snacks.
Favorite Starbucks Drink: Strawberry Açai with no berries
Best Advice from a Coach: "Be more physical."
Favorite Fast Food Restaurant Order: Taco Bell, Doritos Locos Tacos with Baja Blast.

Interests Outside of Hockey: Soccer, snowboarding, and hanging out with friends
Favorite TV or Movie Series: The Rookie
Favorite Hockey Memory: Scoring my first shootout goal in Duluth.



ALLISON FARRELL // 22 // **GRAD YEAR: 2028**

Pregame Ritual: Hype music
Favorite Starbucks Drink: Pink Drink with cold foam
Best Advice from a Coach: "Give it your all every time your on the ice."
Favorite Fast Food Restaurant Order: Taco Bell Crunch Wrap Supreme with chicken

Interests Outside of Hockey: Soccer
Favorite TV or Movie Series: Hunger Games
Favorite Hockey Memory: Out of town tourneys



KELSEY POTTINGER // 23 // **GRAD YEAR: 2027**

Pregame Ritual: Get Starbucks or an energy drink and tape my stick
Favorite Starbucks Drink: Pink Drink
Best Advice from a Coach: "If your going to make a mistake, make it at 100%."
Favorite Fast Food Restaurant Order: Culver's Kids Meal cheeseburger with pickles, fries, and a Diet Coke

Interests Outside of Hockey: Lacrosse
Favorite TV or Movie Series: Grown up's
Favorite Hockey Memory: Trip to Grand Rapids and Hibbing last year.



MACY MITCHELL // 24 // **GRAD YEAR: 2027**

Pregame Ritual: Tape my stick and listen to music
Favorite Starbucks Drink: Strawberry Açai with light ice Lemonade and no berries
Best Advice from a Coach: "To believe in yourself and have confidence when playing."
Favorite Fast Food Restaurant Order: Chipotle bowl with white rice, chicken, quac, queso, and cheese.

Interests Outside of Hockey: Golf, spending time at my cabin, wake surfing, and hanging out with my friends.
Favorite TV or Movie Series: The 100
Favorite Hockey Memory: Out of town tournaments and staying in the hotels with my team



PLAYER BIOS



CLAIRE SOLIE // 25 //

GRAD YEAR: 2027

Pregame Ritual: Get Starbucks, listen to music and tape my stick.

Favorite Starbucks Drink: Strawberry Açai

Best Advice from a Coach: "One shift is promised, the rest are earned."

Favorite Fast Food Restaurant Order: Crisp and Green Chicken bacon ranch salad.

Interests Outside of Hockey: Hanging out with friends and family.

Favorite TV or Movie Series: How To Lose a Guy in 10 days

Favorite Hockey Memory: 15u A state tournament.



MADIANA WALKER // 26 //

GRAD YEAR: 2030

Pregame Ritual: Warm up, stretch a lot, and just talk with peers kinda.

Favorite Starbucks Drink: Strawberry Acai Light ice no inclusions.

Best Advice from a Coach: "When one girl scores the whole team scores."

Favorite Fast Food Restaurant Order: Noodles and Co. Creamy Cheddar Mac and cheese.

Interests Outside of Hockey: Volleyball, hanging with friends, and shopping.

Favorite TV or Movie Series: Love Island or Dancing with The Stars.

Favorite Hockey Memory: Going on a bus trip with my 12uA team last year to North Dakota.



SARA DAVID // 27 //

GRAD YEAR: 2026

Pregame Ritual: Tape stick and listen to music.

Favorite Starbucks Drink: Strawberry Acai with Lemonade.

Best Advice from a Coach: "Shoot at the net not the goalie."

Favorite Fast Food Restaurant Order: McDonald's meal deal.

Interests Outside of Hockey: Lacrosse

Favorite TV or Movie Series: The Summer I Turned Pretty

Favorite Hockey Memory: Winning state in 15u.



CELIA CHECCO // 28 //

GRAD YEAR: 2028

Pregame Ritual: I take a walk.

Favorite Starbucks Drink: Strawberry Açai Lemonade

Best Advice from a Coach: "Do your best and have fun."

Favorite Fast Food Restaurant Order: Culver's and a Butter Burger and fries.

Interests Outside of Hockey: Shopping, Hanging out with my freinds.

Favorite TV or Movie Series: Maze Runner movie series and The Good Place tv series.

Favorite Hockey Memory: Meeting all my friends .

PLAYER BIOS



QUINN SCHUBERT // 29 //

GRAD YEAR: 2030

Pregame Ritual: Warmups, stretching, and listen to music
Favorite Starbucks Drink: Strawberry Açai Refresher with Lemonade no berries.

Best Advice from a Coach: "Be a bear, always have them in front of you and always have them to the outside."

Favorite Fast Food Restaurant Order: Jersey Mikes sandwiches

Interests Outside of Hockey: Playing lacrosse, hanging out with teammates/friends/family, walking my 2 dogs (Charlie and Martin), going to beaches/lakes, laying out in the sun and baking.

Favorite TV or Movie Series: Miracle

Favorite Hockey Memory: My favorite hockey memory is probably just traveling in general. I got to travel to so many new places and meet so many new people!



RYLEE LORTON // 30 //

GRAD YEAR: 2026

Pregame Ritual: Tape my stick and juggle

Favorite Starbucks Drink: SALR

Best Advice from a Coach: "Always give 100%."

Favorite Fast Food Restaurant Order: Jimmy John's Chicken Caesar salad wrap

Interests Outside of Hockey: Boating, Lacrosse, and hanging out with friends.

Favorite TV or Movie Series: Mamma Mia

Favorite Hockey Memory: Going to Warroad my 8th grade year



SOPHIE SOLIE // 33 //

GRAD YEAR: 2030

Pregame Ritual: Play volleyball and listen to music

Favorite Starbucks Drink: Strawberry Açai with light lemonade no berries

Best Advice from a Coach: "Go through them, not to them."

Favorite Fast Food Restaurant Order: Chipotle Chicken Bowl

Interests Outside of Hockey: hanging out with friends, playing soccer

Favorite TV or Movie Series: 10 Things I Hate About You

Favorite Hockey Memory: 12uA bus trip to fargo





PLAYER BIOS



PAYTON AMENDOLA // 34 //

GRAD YEAR: 2030

Pregame Ritual: I usually stretch before I go to the rink, and then I'll play volleyball with my friend Quinn, and sometimes I'll play catch or juggle with my tennis balls.

Favorite Starbucks Drink: Carmel Ribbon Crunch Frappuccino w/ a pump of hazelnut

Best Advice from a Coach: "When you're in the crease, don't let the sharks bite your feet and don't let the sand burn your toes. Stay near the shoreline."

Favorite Fast Food Restaurant Order: Chick-fil-a, and I'll usually get

a 12 piece nugget meal with chick-fil-a sauce, fries, and a lemonade.

Interests Outside of Hockey: I really enjoy fishing, camping, and traveling. I'm also a really big reader and I enjoy drawing.

Favorite TV or Movie Series: Legally Blonde

Favorite Hockey Memory: Last year I got to go to Geneva, Switzerland and Chamonix, France. We got to play against different countries and we won the world championship.



EVY DUNLAP // 40 //

GRAD YEAR: 2030

Pregame Ritual: No distinct ritual, will develop with the year

Favorite Starbucks Drink: Strawberry Açai no berries and light ice

Best Advice from a Coach: "To always remember to have fun."

Favorite Fast Food Restaurant Order: Chipotle-bowl with white rice chicken lettuce and guacamole.

Interests Outside of Hockey: Lacrosse

Favorite TV or Movie Series: Gossip Girl

Favorite Hockey Memory: When I made First Team All Star in the Rose Series Tournament in Edmonton Canada.



MADELINE ABBOTT // 41 //

GRAD YEAR: 2027

Pregame Ritual: Listen to the same playlist, put on gear left to right.

Favorite Starbucks Drink: Passion Tea Lemonade with peach juice

Best Advice from a Coach: "Remember your why."

Favorite Fast Food Restaurant Order: Chipotle Chicken Bowl

Interests Outside of Hockey: Spending time with family and friends and traveling

Favorite TV or Movie Series: Gilmore Girls

Favorite Hockey Memory: National Tournaments



EMMA ALTMAN // 42 //

GRAD YEAR: 2027

Pregame Ritual: Locking in by listening to music.

Favorite Starbucks Drink: Strawberry Açai with lemonade and strawberry inclusions

Best Advice from a Coach: "Support the puck, don't just wait for it."

Favorite Fast Food Restaurant Order: Chipotle white rice, chicken, black beans, pico, lettuce, cheese, quac.

Interests Outside of Hockey: Hanging out with friends, and singing.

Favorite TV or Movie Series: Outer Banks

Favorite Hockey Memory: Ice cream Run in Hibbing

EDGE TEK *Hockey*

410 West 78th St.
Chanhassen, MN 55317
952.934.2511



ELITE SPINE
CHIROPRACTIC



Mention EP Hockey for
a FREE appointment
including an exam, x-
ray(s) and treatment!!



Dr. Blake is a
former EP
student athlete!

- Injury treatment/prevention
- Better balance and coordination
- Faster recovery
- Improved performance



GO
EAGLES!

Dr. Blake DeJong
www.elitespinemn.com
952-855-7132
14675 Martin Drive, suite 100,
Eden Prairie



CHARTIER ORTHODONTICS

specializing in smiles for children and adults

952.797.3018 | chartierortho.com

Proudly Supporting Eden Prairie Hockey



EAGLES IN COLLEGE



CORA BUKOVICH
ST. OLAF COLLEGE



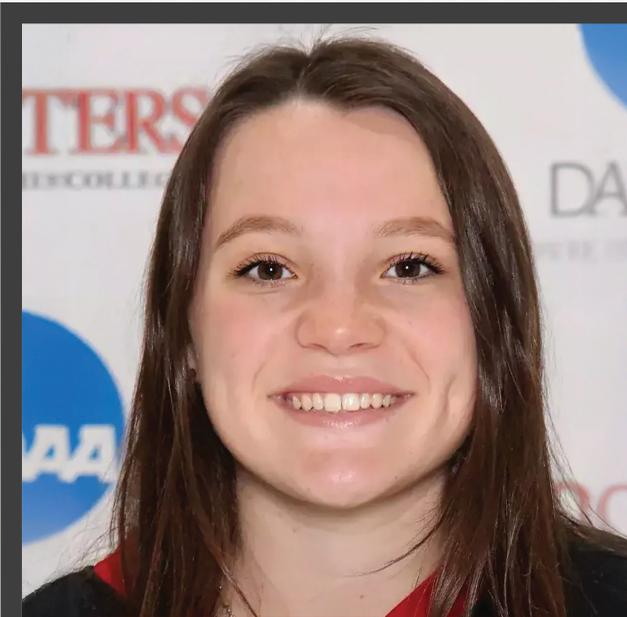
ELLA KONRAD
NAZARETH



GIANNA KOWALKOSKI
ST. OLAF COLLEGE



GRACE KUIPERS
PRINCETON



JENNA FRYAR
LAKE FOREST COLLEGE



MOLLY GOERGEN
SUNY CORTLAND

Velocity Hockey Center

Minnesota's Longest-Running & Highest-Attended 3-On-3 Hockey Leagues!

Velocity 3-on-3 is back for another season in Eden Prairie!
The puck drops on the upcoming season in **March 2026!**

Why Velocity 3-on-3 Hockey?

Our specialized rink leads to more puck touches, skating reps, stickhandling/shooting reps and creative scoring opportunities at a higher game speed.

Our unique formula creates the Midwest's best skill development tool for players of all ages and genders!

Countless Velocity 3-on-3 Hockey players have graduated onto success at every level of the sport over our 19-year history. From association hockey to high school, collegiate and pro careers, it's been proven that the Velocity 3-on-3 method will help develop your son or daughter's skill set much faster than on a regulation rink!

This upcoming season, we will offer thirteen age-specific leagues.
Mite, Squirt, PeeWee & Bantam,
as well as 8U, 10U, 12U Girls' divisions!

Follow Velocity Hockey on social media and stay tuned to velocityhockeycenter.com for league updates and registration dates.



@VelocityHockey



@velocityhockey



@velocity.hockey



@VelocityHockeyCenter

Velocity Hockey Center
235 County Road 81, Osseo

Velocity Hockey Center
7901 Fuller Road, Eden Prairie

952-937-0949
www.velocityhockeycenter.com





EAGLES IN COLLEGE



SYDNEY LANGSETH
MN STATE - MANKATO



TEGAN SWANSON
UNIV. OF WI - EAU CLAIRE

HS HealthSource[®]
of Eden Prairie



**PLAY
WITHOUT
PAIN**



SCAN FOR YOUR
FREE
INITIAL VISIT!

HKY IQ

Eden Prairie-based and a proud supporter of Eagles hockey

GO EAGLES!



STOP PAYING MORE FOR THE SAME STICKS



HKYIQ.COM



ANNABEL MEHTA
HAMLINE UNIVERSITY



CHRISTINA SPANIER
HAMILTON COLLEGE



**HOME SALT
DELIVERY!**

WE DELIVER!

**1st Four Bags
FREE!**

CulliganTM
Water you love.TM

Contact us today!

952-933-7200

CulliganWater.com



ALL-TIME LEADERS

CURRENT COLLEGE ATHLETES

NAME	GRAD.	COLLEGE	DIV.	YEARS
Cora Bukovich	2025	St. Olaf College	3	2025-Present
Ella Konrad	2025	Nazareth	3	2025-Present
Gianna Kowalkoski	2024	St. Olaf College	3	2024-Present
Tegan Swanson	2024	University of Wisconsin - Eau Claire	3	2024-Present
Jenna Fryar	2023	Lake Forest College	3	2023-Present
Annabel Mehta	2023	Hamline University	3	2023-Present
Goergen, Molly	2021	SUNY Cortland	3	2021-Present
Kuipers, Grace	2021	Princeton University	1	2021-Present
Spanier, Christina	2021	Hamilton College	3	2021-Present
Langseth, Sydney	2020	Minnesota State	1	2020-Present

PAST COLLEGE ATHLETES

NAME	GRAD.	COLLEGE	DIV.	YEARS
Byrnes, Carrie	2020	Penn State	1	2020-2024
Kuipers, Claire	2020	Saint Anselm	1	2020-2024
DeCesare, Rachel	2019	College of St. Benedict	3	2019-2022
Kniss, Becca	2019	Franklin Pierce University	1	2019-2022
Dobchuk, Alexa	2018	Colgate U. / U.of St. Thomas	1	2018-2022
Hengler, Crystalyn	2018	University of Minnesota	1	2018-2022
Rogge, Naomi	2017	University of Minnesota - Duluth	1	2017-2022
Wagner, Nora	2020	St. Lawrence University	1	2020-2021
Bienkowski, Sandra	2017	University of Massachusetts	3	2017-2021
Henrichs, Sydney	2017	Gustavus Adolphus College	3	2017-2021
McLaughlin, Emily	2017	Dartmouth College	1	2017-2021
Morton, Sammie	2017	Denver University	1	2017-2021
Oberle, Lauren	2016	University of Minnesota - Duluth	1	2016-2020
Rydland, Kate	2016	Penn State University	1	2016-2020
Werdin, Rachel	2016	University of St. Thomas	3	2016-2020
Boyle, Lauren	2015	Ohio State University	1	2015-2019
Brosseau, Isabelle	2015	Univ. of Wis.-River Falls	3	2015-2019
Dahlquist, Charly	2015	Ohio State University / UND	1	2015-2019
Johnson, Anna	2014	University of Denver	1	2014-2015
Johnson, Mckenzie	2013	Clarkson University	1	2013-2017
LaCombe, Allie	2011	Syracuse University	1	2011-2015
LaCombe, Christina	2010	Syracuse University / UND	1	2010-2011
Riggs, Meghan	2010	Boston University	1	2010-2014
Piras, Carly	2009	Concordia University-Wis.	3	2009-2013
Blader, Rachel	2008	Univ. of Wis.-River Falls	3	2008-2009
Feste, Melissa	2008	Ohio State University	1	2008-2012
Green, Andrea	2008	Boston College	1	2008-2012

GIRLS HOCKEY 2025-2026

ALL-TIME LEADERS



NAME	GRAD.	COLLEGE	DIV.	YEARS
Ketcher, Kelsey	2008	University of North Dakota	1	2008-2012
Ludwigson, Nikki	2008	University of Minnesota	1	2008-2012
Osberg, Katie	2008	Loyola University	1	2008-2012
Riggs, Hannah	2008	Longwood University	1	2008-2012
Seeler, Kelly	2008	University of Minnesota	1	2008-2012
Elliott, Kristen	2007	University of St Thomas	3	2007-2008
Ketcher, Carissa	2007	Bemidji State U. / Robert Morris U.	1	2007-2011
Lambert, Ashlan	2007	Boston College / St. Cloud State	1	2007-2010
Stewart, Dy-anna	2007	Robert Morris U. / St. Mary's U.	1	2007-2011
Stoa, Maria	2007	Robert Morris University	1	2007-2011
Pezon, Meaghan	2006	St. Cloud State University	1	2006-2010
Riggs, Jennifer	2006	Denver University	1	2006-2010
Jaeger, Katie	2005	University of St Thomas	3	2005-2007
McCarthy, Megan	2005	St. Cloud State University	1	2005-2009
Merhar, Emily	2005	Augsburg College	3	2005-2009
Reddin, Kelly	2005	University of St Thomas	3	2005-2009
Jensen, Kelly	2004	Univ. of Wis.-River Falls	3	2004-2008
Kuyper, Brittini	2004	St. Cloud State University	1	2004-2008
Harriman, Megan	2003	Boston College	1	2003-2004
Morris, Tera	2003	Univ. of Wis-Superior	3	2003-2005
Setterstrom, Kristin	2003	Gustavus Adolphus College	3	2003-2004
Heinmiller, Sue	2002	University of St. Thomas	3	2002-2006
Tiery, Taylor	2002	Cornell University	1	2002-2006
Rezac, Shelly	2001	College of St. Benedict	3	2001-2004
Dixon, Katy	2000	Bemidji State University	1	2000-2001
Ortenzio, Julia	1999	Univ. of Wis-Madison	1	1999-2003
Rochford, Julie	1999	Univ. of Wis-Stevens Point	3	1999-2001
Erickson, Brittany	1998	University of St Thomas	3	1998-2002
Louwsma, Emily	1998	Bethel College	3	1998-2002

PROFESSIONAL ATHLETES

NAME	GRAD.	TEAM	LEAGUE	YEARS
Rogge, Naomi	2017	Linkoping HC	SDHL (W)	2024-Present
		SDE Hockey	SDHL (W)	2023-2024
Pezon, Meaghan	2006	Minnesota Whitecaps	PHL	2021-2023
		Minnesota Whitecaps	NWHL	2018-2021
		Minnesota Whitecaps	Independent	2017-2018
Allie LaCombe	2011	Connecticut Whales	NWHL	2019-2020
		Aisulu Almaty	EWHL	2018-2019
		EHV Sabres Wien	EWHL	2015-2016

GIRLS HOCKEY 2025-2026



ALL-TIME LEADERS

PLAYER CAREER STATS

▼ CAREER POINTS ▼

RANK	PLAYER	YEAR	POINTS
1	Meaghan Pezon	2006	263
2	Sydney Langseth	2020	230
3	Megan McCarthy	2005	227
4	Allie LaCombe	2011	170
5	Melissa Feste	2008	169
5	Grace Kuipers	2021	169
7	Kelly Seeler	2008	167
8	Charly Dahlquist	2015	151
9	Crystalyn Hengler	2018	150
10	Hannah Riggs	2008	149

▼ CAREER GOALS ▼

RANK	PLAYER	YEAR	POINTS
1	Meaghan Pezon	2006	144
2	Megan McCarthy	2005	121
3	Sydney Langseth	2020	106
4	Allie LaCombe	2011	86
5	Naomi Rogge	2017	83
6	Grace Kuipers	2021	81
7	Melissa Feste	2008	79
8	Hannah Riggs	2008	76
9	Charly Dahlquist	2015	66
10	Angie Hepplemann	2015	64

▼ CAREER ASSISTS ▼

RANK	PLAYER	YEAR	POINTS
1	Sydney Langseth	2020	124
2	Kelly Seeler	2008	121
3	Meaghan Pezon	2006	119
4	Megan McCarthy	2005	106
5	Crystalyn Hengler	2018	93
6	Melissa Feste	2008	90
7	Grace Kuipers	2021	88
8	Charly Dahlquist	2015	85
9	Allie LaCombe	2011	84
10	Andrea Green	2008	74

ALL-TIME LEADERS



PLAYER SEASON STATS

SEASON POINTS	RANK	PLAYER	GRADE	SEASON	POINTS
	1	Meaghan Pezon	12	2005-'06	90
	2	Meaghan Pezon	11	2004-'05	86
	3	Megan McCarthy	12	2004-'05	82
	4	Sydney Langseth	12	2019-'20	74
	5	Megan McCarthy	11	2003-'04	69
	6	Sydney Langseth	11	2018-'19	66
	6	Naomi Rogge	12	2016-'17	66
	8	Grace Kuipers	11	2019-'20	63
	9	Meaghan Pezon	10	2003-'04	62
10	Melissa Feste	10	2005-'06	59	

SEASON GOALS	RANK	PLAYER	GRADE	SEASON	POINTS
	1	Meaghan Pezon	11	2004-'05	46
	2	Megan McCarthy	12	2004-'05	43
	3	Naomi Rogge	12	2016-'17	40
	3	Meaghan Pezon	12	2005-'06	40
	5	Allie LaCombe	12	2010-'11	37
	6	Allie LaCombe	11	2009-'10	36
	6	Kelly Seeler	11	2007-'08	36
	8	Sydney Langseth	12	2019-'20	33
	8	Maria Stoa	10	2005-'06	33
10	Megan McCarthy	11	2003-'04	31	

SEASON ASSISTS	RANK	PLAYER	GRADE	SEASON	POINTS
	1	Meaghan Pezon	12	2005-'06	47
	2	Megan McCarthy	12	2004-'05	42
	3	Sydney Langseth	12	2019-'20	41
	4	Meaghan Pezon	11	2004-'05	40
	5	Sydney Langseth	11	2018-'19	38
	6	Kelly Seeler	12	2003-'04	36
	7	Allie LaCombe	11	2003-'04	35
	8	Melissa Feste	10	2005-'06	34
	9	Grace Kuipers	11	2019-'20	33
9	Nora Wagner	12	2019-'20	33	



ALL-TIME LEADERS

GOALIE CAREER STATS

WINS	RANK	PLAYER	GRAD.	WINS
	1	Alexa Dobchuk	2018	85
	2	McKenzie Johnson	2013	71
	3	Kristen Elliot	2007	63
	4	Maddie Burke	2008	57
5	Kristin Settersrtom	2003	50	

SHUTOUTS	RANK	PLAYER	GRAD.	SHUTOUTS
	1	Alexa Dobchuk	2018	35
	2	Kristin Settersrtom	2003	29
	3	Kristen Elliot	2007	25
	4	Maddie Burke	2008	24
5	McKenzie Johnson	2013	21	

SAVE PERCENTAGE	RANK	PLAYER	GRADE	SAVE%
	1	Maddie Burke	2008	.945
	2	Alexa Dobchuk	2018	.933
	3	McKenzie Johnson	2013	.921
	4	Molly Goergen	2021	.918
5	Kristen Elliot	2007	.916	





GOALIE SEASON STATS

WINS	RANK	PLAYER	GRADE	SEASON	WINS
	1	Maddie Burke	12	2007-'08	25
2	Alexa Dobchuk	10	2015-'16	22	
2	Kristin Setterstrom	12	2002-'03	22	
4	Alexa Dobchuk	11	2016-'17	21	
5	McKenzie Johnson	12	2012-'13	21	

SHUTOUTS	RANK	PLAYER	GRADE	SEASON	SHUTOUTS
	1	Kristin Setterstrom	12	2002-'03	12
2	Alexa Dobchuk	10	2015-'16	11	
3	Alexa Dobchuk	12	2017-'18	9	
3	Alexa Dobchuk	11	2016-'17	9	
3	McKenzie Johnson	9	2009-'10	9	

SAVE PERCENTAGE	RANK	PLAYER	GRADE	SEASON	SAVE%
	1	Maddie Burke	11	2006-'07	0.964
2	Maddie Burke	10	2007-'08	0.948	
3	Alexa Dobchuk	12	2015-'16	0.940	
4	McKenzie Johnson	9	2009-'10	0.937	
5	Maddie Burke	12	2007-'08	0.934	

**GOOD
VIBES**

**GREAT
DRIVES**



NOW OPEN!

LAUNCHPAD
GOLF

LAUNCHPADGOLF.COM
952-496-6800 | PRIOR LAKE, MN   

LAUNCHPAD GOLF THE MEADOWS IS OWNED AND OPERATED BY THE SHAKOPEE MDEWAKANTON SIOUX COMMUNITY