

Welcome to the Lakeville Learn to Skate Program!

Dear Parents of Skaters:

Thank you for enrolling your child in the skating lesson program with Lakeville Arenas and the city of Lakeville. Our goal is for your skater to experience a successful first skating lesson. We have put together a check list for parents to follow when preparing for this first important lesson.

How do I prepare my child for the first lesson?

- 1. <u>Make note of your Lesson and Practice times</u> There will be a 30 minute lesson and 30 minute practice time. Some classes have practice prior to the lesson, so please plan accordingly. If you are unsure of your lesson and practice times, you can check on your registration confirmation or see below how to look up your registration in your Sports Engine account.
- 2. <u>Please Dress Properly</u> Gloves/mittens, jacket for everyone; Helmets (recommended) & snow pants (for Snowplow Sam /PALS/Ice Explorers & new Basic 1/ Hockey 1 skaters). Clothing or knee pads that are too bulky may be just as difficult to move around in
- 3. <u>Arrive Ready for Lesson</u> **Skaters should arrive no more than 10 minutes prior to lesson start time**. Please have skaters dressed and ready to get on the ice (with skates on if possible) when you arrive at the rink.
- 4. Recreational Skates are Recommended For skaters who have never been on skates before, we recommend starting with the recreational skates instead of hockey skates. Limited rental skates are available for \$5.00 at the arena Welcome Center. Rental skates are self-service, check size using sizing mat, take correct size from rack and then pay for the rental at the Welcome Center/Concession Stand counter. Double bladed skates are not allowed. Skate should fit snug and your skater should wear long socks. Typically, skates will run one size smaller than your skater's shoe size. Please return the rental skates to the designated table after each lesson. Skates will be cleaned between each use.
- 5. <u>Have Child Use the Restroom Prior to Lesson</u> Restrooms are available by the locker rooms under the bleachers. NOTE: Only the family restroom in the lobby has rubber flooring. The men's and women's restrooms in the lobby DO NOT have rubber floors to walk on with bare blades.
- 6. *** ALL classes will start the first 5-10 minutes of class OFF ICE the first week ONLY. We will cover the basics of falling down and standing up prior to your skater getting on the ice. The class will then be on ice for the remaining portion of the time.
- 7. <u>Snowplow Sam Parents</u> Prepare your child for this separation. Parents may observe from the bleachers. Parents must stay in the building. If your child needs parent encouragement or consoling please partner with us to get them back to the ice as soon as possible. Skate Instructors will guide your child through the lesson and will seek you out if you are needed. Parents of Snowplow Sam/PALS are allowed to skate with their skater during practice time.
- 8. <u>No Boots or Shoes Allowed on the Ice</u>. This is extremely dangerous. At the start of the lesson, instructors will greet skaters at the designated class meeting spot. During the lesson, instructors will bring your child to you if needed. Do not attempt to walk out to the ice.
- 9. No Skates Allowed on Bleachers or Cement. Walking on these surfaces will damage skates.

Questions?

HOW DO I FIND WHAT CLASS MY SKATER IS REGISTERED FOR IN SPORTS ENGINE?

From the web version of Sports Engine, go to your profile initials in the top right corner > My SportsEngine> on the left navigation, select "registrations" > Your LTS session registration should be listed with class details.

For additional questions, please contact LTS Director, Tonyea Patterson at LTS@LakevilleMN.gov.

Thank you for choosing the Lakeville Learn to Skate Program.

Tonyea Patterson
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