MITES / U8
DAILY SCHEDULE
WEEK 8 (August 10 - August 13)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:15	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 4:00	Field Trip
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:45	Golf (Lessons)
10:30 - 11:30	Ice
11:40 - 12:40	Lunch
12:40 - 1:30	Plyometrics / Dryland
2:00 - 3:00	Field Time - Organized Games
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 9:30	Between the Pines
9:30 - 10:30	Outside / Structured Freetime
11:00 - 12:00	Ice
12:00 - 12:30	Lunch
12:45	Depart for Como Zoo
3:15	Depart for CHS
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf (On-Course)
11:00 - 12:00	Ice
12:15 - 1:00	Lunch
1:00 - 2:00	Shooting room
2:00 - 3:00	Plyometrics / Dryland
2:30 - 4:00	Field Time/ Organized Games/ Indoor
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 9 (August 17 - August 20)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:15	Ice
10:30 - 11:30	Between the Pines
12:00 - 12:45	Lunch
12:45 - 2:00	Plyometrics / Dryland
2:00 - 3:30	Field Trip- Fun City *Waiver needed*
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:15	Plyometrics / Dryland
9:45 - 10:45	Ice
11:40 - 12:40	Lunch
12:40 - 1:30	Shooting room
1:30 - 3:00	Field Time / Inside activities
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:15	Between the Pines
9:45 - 10:45	Ice
11:00 - 11:45	Lunch
11:45 - 1:00	Outside structured Game
1:00 - 2:00	Outdoor/Indoor free time
2:15 - 4:15	USA Track and Field (CHS Track)
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Golf Championship at Island Lake
11:00 - 12:00	Ice
12:15 - 1:00	Lunch
1:00 - 2:00	Shooting room
2:00 - 3:00	Plyometrics / Dryland
2:30 - 4:00	Field Time/ Organized Games/ Indoor
4:00 - 5:00	Pick-up

MITES / U8
DAILY SCHEDULE
WEEK 10 (August 24 - August 27)

TIME	MONDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:15	Ice
10:30 - 11:30	Between the Pines
11:30 - 12:00	Lunch
12:30 - 3:00	Field Trip
3:30 - 4:00	Outside Field Time
4:00 - 5:00	Pick-up

TIME	TUESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:45	Ice
10:00 - 11:00	Field time
11:00 - 11:45	Lunch
11:45 - 12:30	Shooting room
1:00 - 3:30	Movie Theater
4:00 - 5:00	Pick-up

TIME	WEDNESDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:15 - 9:15	Between the Pines
9:45 - 10:45	Ice
11:00 - 11:45	Lunch
11:45 - 12:45	Field Time - Organized Games
12:45 - 3:00	Field Trip
3:30 - 4:00	Outside Field Time
4:00 - 5:00	Pick-up

TIME	THURSDAY ACTIVITIES
7:00 - 8:00	Drop Off
8:30 - 10:30	Field Time/ Organized Games/ Indoor
11:00 - 12:00	Ice
12:15 - 1:00	Lunch
12:00 - 3:00	Field Trip
3:30 - 4:00	Outside Field Time
4:00 - 5:00	Pick-up