



OFFICIAL HANDBOOK

THE MINNESOTA STATE HIGH SCHOOL LEAGUE IS A MEMBER OF THE
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



Additional copies of this 2023-2024 Official Handbook may be obtained from:

Minnesota State High School League
2100 Freeway Boulevard
Brooklyn Center, Minnesota 55430-1735
Office: 763-560-2262
Fax: 763-569-0499
www.MSHSL.org

The most current version of the Official Handbook is always posted on the League website — www.MSHSL.org

**RESOLUTION
IN APPRECIATION AND RECOGNITION FOR
SERVICE AND DEDICATION TO THE
MINNESOTA STATE HIGH SCHOOL LEAGUE
BOARD OF DIRECTORS**

WHEREAS, Suzy Guthmueller, Matthew Heier, Amanda Kaus, Astein Osei, John Ostrowski, Troy Stein and John Vraa duly elected or appointed members of the Minnesota State High School League Board of Directors, have with dedication and sincere interest served said Board on behalf of the boys and girls of Minnesota, and

WHEREAS, Suzy Guthmueller, Matthew Heier, Amanda Kaus, Astein Osei, John Ostrowski, Troy Stein and John Vraa have given generously of their time, talents and thoughtful energies to improve and expand the total program of activities and services for all school districts in the State of Minnesota,

NOW, THEREFORE, BE IT RESOLVED that the Minnesota State High School League member schools, Board of Directors and its staff officially and formally express their collective appreciation and voice of thanks to said members.

BE IT FURTHER RESOLVED that in recognition for years of said service, this edition of the League's Official Handbook is hereby dedicated to Suzy Guthmueller, Matthew Heier, Amanda Kaus, Astein Osei, John Ostrowski, Troy Stein and John Vraa.



Suzy Guthmueller
Centennial
MSBA
2021-2023



Matthew Heier
Little Falls
Governor's Appointee
2019-2023



Amanda Kaus
Rochester Century
Music
2019-2023



Astein Osei
St. Louis Park
MASA - Class AA
2022-2023



John Ostrowski
Dover-Eyota
Regions 1A & 2A
2019-2023



Troy Stein
Edina
Regions 5AA & 6AA
2019-2023



John Vraa
New London-Spicer
Boys Sports
2019-2023

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FOUNDING PURPOSES

The Minnesota State High School League is organized for the following educational purposes:

1. To provide, promote, extend, manage and administer a program of activities for youth of the schools of the state on subsection, section and state levels in the fields of athletics, speech, music and dramatics on a competitive basis, as well as such other curricular and extracurricular activities as may from time to time be sponsored by the schools of Minnesota.
2. To establish uniform and equitable rules for youth in inter-school activities.
3. To elevate standards of sportsmanship and to encourage the growth of responsible citizenship among the students, member schools and their personnel.
4. To protect youth, member schools and their personnel from exploitation by special interest groups.
5. To provide mutual benefit and relief plans for the assistance of school students injured in athletic events or supervised school activities in meeting medical and hospital expenses incurred by reason of such injuries.
6. To serve the best interests of member schools and their students by providing a medium of cooperation and coordination in educational fields of endeavor and a series of related activities on a state-wide basis, which they individually could not achieve or accomplish for their students and which aid and assist the schools in maintaining a constantly improved program.

MISSION STATEMENT

The Minnesota State High School League provides educational opportunities for students through interscholastic athletic and fine arts programs and provides leadership and support for member schools.

Education and Leadership for a Lifetime

BELIEFS

We believe that...

- Participation in school activity programs is a privilege and not a right.
- Sportsmanship needs to have a constant presence in all school-based activity programs.
- Students should have an equal opportunity to participate in all activities offered by their school.
- Ethical behavior, dignity and respect are non-negotiable.
- Student participants who choose to be chemically free must be supported.
- Collaborative relationships with parents enhance a school's opportunity to positively impact student success.
- Academic priorities must come before participation in athletic or fine arts activities.
- Positive role models and an active involvement in a student's life by parents and others are critical to student success.
- High school activity programs are designed for student participants, and adults must serve in a supportive role.
- The success of the team is more important than individual honors.
- Compliance with school, community and League rules is essential for all activity participants.
- Participation in school-sponsored activities must be inclusive, not exclusive.
- Ethical behavior, fairness, and embracing diversity best serve students and school communities.

**MINNESOTA STATE HIGH SCHOOL LEAGUE
2023-2024 BOARD OF DIRECTORS**

REPRESENTING	MEMBER	SCHOOL	FIRST ELECTED	TERM EXPIRES
Regions 1A & 2A.....	Brad O'Donnell	St. Clair	2023	2027
Regions 3A & 4A.....	Bill Tauer.....	Tracy Area	2020	2024
Regions 5A & 6A.....	Dave Rocheleau.....	Pierz	2021	2025
Regions 7A & 8A.....	Brent Schimek	Deer River	2022	2026
Regions 1AA & 2AA	Casey Indra.....	Winona.....	2022	2025
Regions 3AA & 4AA	M. Denarvise Thornton, Jr.	St. Paul	2022	2026
Regions 5AA & 6AA	Keith Cornell.....	St. Michael-Albertville.....	2023	2027
Regions 7AA & 8AA	Gary Revenig	Monticello	2020	2024

Minnesota Association of Secondary School Principals

Class A	Jake Timm	Rushford-Peterson	2022	2026
Class AA.....	James Smokrovich.....	East Ridge.....	2020	2024

Activity Representatives

Boys Sports	Mike Hennen.....	Forest Lake	2023	2027
Girls Sports	Dawn Engebretson.....	Rockford	2020	2024
Music	Mark Gitch	Wayzata.....	2023	2027
Speech.....	Ceil McDonald.....	St. Paul	2020	2024

Minnesota School Boards Association

Kristi Peterson	Shakopee.....	2023	2027
Jeanna Lilleberg.....	Atwater-Cosmos-Grove City...	2021	2025

Minnesota Association of School Administrators

Class A	Don Peschel.....	Sauk Centre.....	2021	2025
Class AA.....	Dr. Renee Corneille.....	St. Anthony-New Brighton	2023	2027

Governor's Appointees

MEMBER	HOME	FIRST APPOINTED	TERM EXPIRES
Dr. Julie Anderson	St. Cloud	2020	2024
May Thao-Schuck	Woodbury	2021	2025
LeRoy Staples Fairbanks	Cass Lake	2022	2026
TBD	TBD	2023	2027

2023-2024 BOARD OF DIRECTORS



James Smokrovich
East Ridge
President



Don Peschel
Sauk Centre
Vice-President



Bill Tauer
Tracy Area
Treasurer



Dr. Julie Anderson
St. Cloud



Dr. Renee Corneille
St. Anthony - New Brighton



Keith Cornell
St. Michael - Albertville



Dawn Engebretson
Rockford



LeRoy Staples Fairbanks
Cass Lake



Mark Gitch
Wayzata



Mike Hennen
Forest Lake



Casey Indra
Winona



Jeanna Lilleberg
Atwater - Cosmos - Grove City



Ceil McDonald
St. Paul



Brad O'Donnell
St. Clair



Kristi Peterson
Shakopee



Gary Revenig
Monticello



Dave Rocheleau
Pierz



Brent Schimek
Deer River



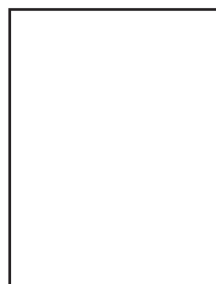
May Thao-Schuck
Woodbury



Jake Timm
Rushford - Peterson



M. Denarvise Thornton, Jr.
St. Paul



TBD
Governor Appointee

Minnesota State High School League
REPRESENTATIVE ASSEMBLY PROCESS

October 15
 Amendments submitted to League office by:
 1. The Designated School Representative of five (5) or more schools
 2. Any Region Committee
 3. Board of Directors
 4. Action of Representative Assembly
 5. Officers of each activity association (MnIAAA, MSHSCA, MMEA, CTAM)

November 1
 League office sends proposed amendments to each member school and each Region Committee

Each member school is asked to discuss the proposed amendment with their local advisory committee (Constitution 208.03) and at a meeting of the school district/ member schools' governing board. The purpose of this discussion is to gather input from the local school and school community regarding the effect of the proposed amendment. Each school should provide their input to their Region Committee members or to their Administrative Region Committee Secretary by December 15 of each year.

Class A Regions

Class AA Regions

- 1A
- 2A
- 3A
- 4A
- 5A
- 6A
- 7A
- 8A

By February 15
 Region Committees must respond to League office by voting yes or no to approve sending the amendment to the Representative Assembly.
 At least nine (9) of the sixteen (16) Regions must vote yes to move the issue forward.
 Yes = 9 or more No = Fewer than 9
 Each Region Secretary will identify the positive and negative points regarding each proposed item and identify the number of committee members who support and those who do not support the proposal(s).
 The Board of Directors may approve any amendment submitted outside the above referenced timelines as an emergency amendment if two-thirds of the members of the Board of Directors approve the submission.

- 1AA
- 2AA
- 3AA
- 4AA
- 5AA
- 6AA
- 7AA
- 8AA

The League's Representative Assembly will meet as determined by the Board of Directors to vote on any proposed amendment(s).

If approved, the amendment(s) becomes effective at the start of the next school year.

Minnesota State High School League
ACTIVITY ADVISORY COMMITTEE PROCESS

www.mshsl.org/activityadvisory

Seasonally, the Activity Advisory Committee for each coaches/fine arts association submits their recommendations to the League office via the League website.

Fall Activities - October 15

Winter Activities - February 15

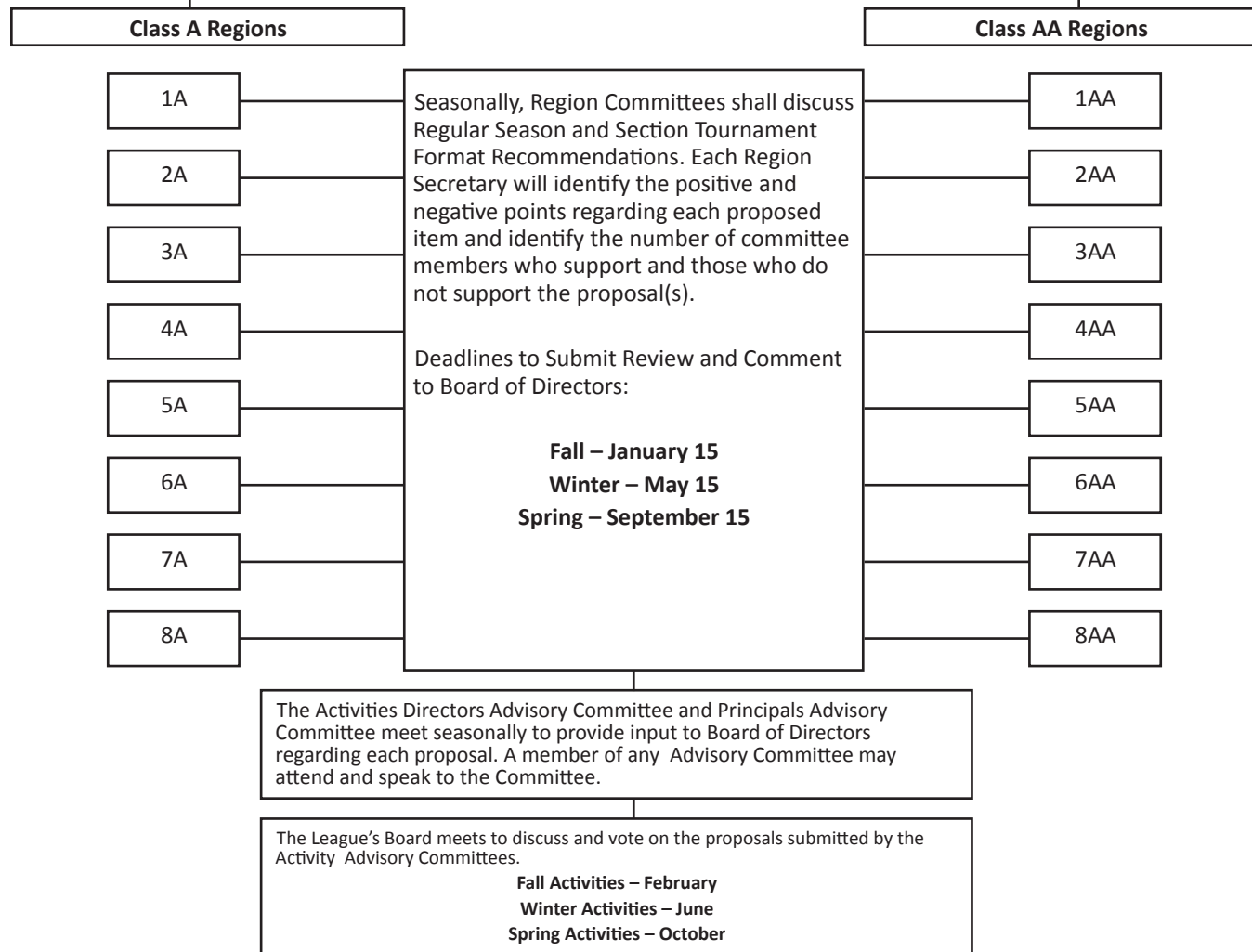
Spring Activities - May 15

Committee recommendations are advisory, and only the Board of Directors will make the final decision about any change to an activity.

Categories for Advisory Committee Recommendations

1. Awards (*Board of Directors Committee*)
2. State Tournament Recommendations regarding Format and Non-NFHS Rules or NFHS Experiments (*Board of Directors, Activities Directors Advisory Committee and Principals Advisory Committee*)
3. Regular Season and Section Tournament Format Recommendations (*Class A and Class AA Region Committees, Activities Directors Advisory Committee and Principals Advisory Committee*)
4. Staff Recommendations (to Tournament Staff)
5. State Tournament recommendations regarding Date(s) and Site(s) (*Board of Directors*)

The League office will meet with Region Secretaries to review Section Tournament Format Recommendations submitted by Coaches Associations.



Recommendations submitted after the deadlines will not be accepted until the following year.

**MINNESOTA STATE HIGH SCHOOL LEAGUE
2023-2024 MSHSL STAFF and
ADMINISTRATIVE REGION SECRETARIES**

2023-2024 MSHSL OFFICE STAFF

Erich Martens, Executive Director	Marissa Anitzberger, Administrative Assistant
Bob Madison, Senior Associate Director	Shannon Foreman, Administrative Assistant
Phil Archer, Associate Director	Jackie Grausam, Accounting Assistant
Charlie Campbell, Associate Director	Randi Hill, Administrative Assistant
Lisa Quednow, Associate Director	Susi Hollenbeck, Administrative Assistant
Laura Mackenthun, Director of Information Systems	Amie Ince, Administrative Assistant
Rich Matter, Director of Finance	Pam Inniger, Administrative Assistant
Amy Doherty, Assistant Director	Amanda Johnson, Executive Assistant
Jason Nickleby, Assistant Director	LaTayia McInnis, Administrative Assistant
Tim Leighton, Communications Coordinator	Nancy Myers, Ticket Assistant
John Millea, Media Specialist	Ellen Rajkowski, Information Specialist

2023-2024 ADMINISTRATIVE REGION SECRETARIES

REGION	NAME	PHONE	EMAIL
1A	Brad Johnson	507-993-7856	bj50johnson@gmail.com
2A	Dave Swanberg	612-756-2515	dave.swanberg80@gmail.com
3A	Bob Grey	320-894-9067	3aexecsec@gmail.com
4A	Rick Johns	651-706-3730	region4aexecsec@gmail.com
5A	John Vraa	320-212-5342	John.Region5A@gmail.com
6A	Chuck Evert	218-770-0137	cevert@arvig.net
7A	Chad Stoskopf	218-522-5555	cstoskopf@esko.k12.mn.us
8A	Todd Selk	218-820-4287	8aexecsec@gmail.com
1AA	Gary Addington	507-271-4348	garyaddington12@gmail.com
2AA	Jaime Sherwood	612-328-5688	region2aa@gmail.com
3AA	Dan Johnson	612-760-7577	DJ.MnIAAA@gmail.com
4AA	Jeff Whisler	651-329-5100	jeff.whisler17@gmail.com
5AA	Ray Kirch	763-567-9250	Region5aa@gmail.com
	Jim Colletti	763-910-1288	jeancolletti@usfamily.net
6AA	Nancy Manderfeld	612-590-9324	region6aa@gmail.com
7AA	Tom Lenarz	C: 218-391-4434 W: 218-879-3328 ext. 2103	tlenarz@isd94.org
8AA	John Ross	320-290-3392	region8aajr@gmail.com

2023-2024 MEMBER SCHOOLS by ADMINISTRATIVE REGION
Class AA Members by Administrative Regions (129 Schools)

<p>REGION 1AA—17 Albert Lea Austin Byron Faribault Farmington Hastings Kasson-Mantorville Lakeville North Lakeville South Northfield Owatonna Red Wing Rochester Century Rochester John Marshall Rochester Mayo Stewartville Winona</p>	<p>REGION 2AA—15 Chanhassen Chaska Delano Hutchinson Jordan Mankato East Mankato West Marshall Mound Westonka New Prague Orono Shakopee St. Peter Waconia Worthington</p>	<p>REGION 3AA—16 Academy of Holy Angels Apple Valley Bloomington Jefferson Bloomington Kennedy Burnsville Eagan Eastview Park Prior Lake Richfield Rosemount Simley South Saint Paul St. Thomas Academy Two Rivers Visitation</p>	<p>REGION 4AA—17 Cretin-Derham Hall East Ridge Hill-Murray School Mahtomedi North Roseville Area St. Anthony Village St. Paul Central St. Paul Como Park St. Paul Harding St. Paul Highland Park St. Paul Johnson St. Paul Washington Technology Magnet Stillwater Area Tartan White Bear Lake Area Woodbury</p>
<p>REGION 5AA — 16 Anoka Blaine Centennial Champlin Park Columbia Heights Coon Rapids Fridley Irondale Maple Grove Mounds View Osseo Park Center Rogers Spring Lake Park St. Michael Albertville Totino-Grace</p>	<p>REGION 6AA — 16 Benilde-St. Margaret's DeLaSalle Eden Prairie Edina Hopkins Minneapolis Edison Minneapolis Patrick Henry Minneapolis Roosevelt Minneapolis South Minneapolis Southwest Minneapolis Washburn Minnetonka Robbinsdale Armstrong Robbinsdale Cooper St. Louis Park Wayzata</p>	<p>REGION 7AA — 16 Andover Cambridge-Isanti Chisago Lakes Cloquet Duluth Denfeld Duluth East Elk River Forest Lake Grand Rapids Hermantown Hibbing North Branch Princeton Rock Ridge St. Francis Zimmerman</p>	<p>REGION 8AA — 16 Alexandria Area Becker Bemidji Big Lake Brainerd Buffalo Detroit Lakes Little Falls Monticello Moorhead Rocori Sartell Sauk Rapids-Rice St. Cloud Apollo St. Cloud Tech Willmar</p>

2023-2024 MEMBER SCHOOLS by ADMINISTRATIVE REGION
Class A Members by Administrative Regions (371 Schools)

<p>REGION 1A — 46 Alden-Conger Arcadia Charter School Bethlehem Academy Blooming Prairie Caledonia Cannon Falls Chatfield Cotter Discovery Public School of Faribault Dover-Eyota Fillmore Central Glenville-Emmons Goodhue Grand Meadow Hayfield Hope Lutheran</p>	<p>Houston Kenyon-Wanamingo Kingsland La Crescent-Hokah La Crescent Montessori & STEM School Lake City Lanesboro LeRoy-Ostrander Lewiston-Altura Lyle Mabel-Canton Medford Minnesota State Academy For The Blind Minnesota State Academy for The Deaf Pacelli</p>	<p>Pine Island Plainview-Elgin-Millville Randolph Riverway Learning Community Rochester Lourdes Rochester STEM Academy Rushford-Peterson Schaeffer Academy Shattuck-Saint Mary's Southland Spring Grove St. Charles Triton Wabasha-Kellogg Zumbrota-Mazeppa</p>
<p>REGION 2A — 41 Belle Plaine Blue Earth Area Buffalo Lake-Hector-Stewart Butterfield-Odin United Cedar Mountain Cleveland Comfrey Fairmont Genesis Classical Academy G-F-W Glencoe-Silver Lake Granada-Huntley-East Chain Immanuel Lutheran</p>	<p>Janesville-Waldorf-Pemberton Kato Public Charter Lake Crystal-Wellcome Memorial LeSueur-Henderson Madelia Mankato Loyola Maple River Martin County West Martin Luther Minnesota New Country School Minnesota Valley Lutheran Mountain Lake Mt. Lake Christian New Richland-H-E-G New Ulm</p>	<p>New Ulm Cathedral Nicollet Norwood-Young America Sibley East Sleepy Eye Sleepy Eye Saint Mary's St. Clair St. James Tri-City United Truman United South Central Waseca Waterville-Elysian-Morristown</p>
<p>REGION 3A — 34 Adrian BOLD Benson Canby Central Minnesota Christian Dawson-Boyd Edgerton Ellsworth Fulda Hendricks Heron Lake-Okabena Hills-Beaver Creek</p>	<p>Jackson County Central Kerkhoven-Murdock-Sunburg Lac qui Parle Valley Lakeview Luverne MACCRAY Minneota Montevideo Murray County Central Ortonville Pipestone Area Red Rock Central</p>	<p>Redwood Valley Renville County West Russell-Tyler-Ruthton Southwest Minnesota Christian Springfield Tracy-Milroy-Balaton Wabasso Westbrook-Walnut Grove Windom Area Yellow Medicine East</p>

2023-2024 MEMBER SCHOOLS by ADMINISTRATIVE REGION

Class A Members by Administrative Regions (371 Schools)

<p>REGION 4A — 74</p> <p>Academy for Sciences & Agriculture Agape Christi Academy Avail Academy Avalon School Blake BlueSky Online Breck School Brooklyn Center Chesterton Academy of the Twin Cities Chesterton Academy – St. Croix Valley Christ's Household of Faith City Academy-St. Paul Community of Peace Academy Concordia Academy-Roseville Cristo Rey Jesuit Cyber Village Academy Eagle Ridge Academy Exploration FAIR School FIT Academy Charter School Fourth Baptist Christian Franklin Academy Gentry Academy Great River School Groves Academy</p>	<p>Hand in Hand Christian Montessori Heritage Academy Heritage Christian Academy Hiawatha Collegiate High School for Recording Arts Higher Ground Academy Hmong College Prep Academy Hope Academy International School of MN (The) Lakes International Language Academy Legacy Christian Academy Liberty Classical Academy Lincoln International Maranatha Christian Academy Math & Science Academy Metro Deaf School Metro Schools College Prep Minneapolis North Community Minnehaha Academy Minnesota Math & Science Academy Minnesota Online Minnesota Transitions Charter School Mounds Park Academy New Life Academy of Woodbury</p>	<p>North Lakes Academy Nova Classical Academy Open World Learning Parnassus Preparatory School Performing Institute of Minnesota Arts Perpich Center for Arts Education Prairie Seeds Academy Providence Academy RiverTree Academy Southwest Christian St. Agnes St. Croix Lutheran Academy St. Croix Preparatory Academy St. Paul Academy and Summit School St. Paul City School St. Paul Conservatory for Performing Arts St. Paul Humboldt Trinity School at River Ridge Twin Cities Academy Ubah Medical Academy United Christian Academy Unity Venture Academy Wellstone International West Lutheran</p>
<p>REGION 5A — 51</p> <p>Albany Annandale Atwater-Cosmos-Grove City Belgrade-Brooten-Elrosa Braham Cambridge Christian Community Christian Dassel-Cokato East Central Eden Valley-Watkins Faith Christian School Foley Good Shepherd Lutheran Granite City Baptist Academy Harvest Christian School Hinckley-Finlayson</p>	<p>Holdingford Holy Family Catholic Holy Spirit Academy Holy Trinity Howard Lake-Waverly-Winsted Isle Kaleidoscope Charter Kimball Area Lester Prairie Litchfield Maple Lake Mayer Lutheran Melrose Area Milaca Mora New Century Academy New London-Spicer Ogilvie</p>	<p>Onamia PACT Charter School Paynesville Area Pierz Pine City Rockford Royalton Rush City Sauk Centre Spectrum St. Cloud Cathedral St. Cloud Christian School St. John's Prep Swanville Trilogy STEM Academy Upsala Watertown-Mayer</p>
<p>REGION 6A — 42</p> <p>Alexandria Community Christian Ashby Barnesville Battle Lake Bertha-Hewitt Brandon-Evansville Breckenridge Browerville Campbell-Tintah Chokio-Alberta Clinton-Graceville-Beardsley Dilworth-Glyndon-Felton Fergus Falls Frazee Hancock Hawley</p>	<p>Henning Herman-Norcross Hillcrest Lutheran Academy Lake Park-Audubon Lake Region Christian School Long Prairie-Grey eagle Menahga Minnewaska Area Morris Area School New York Mills Osakis Park Christian Parkers Prairie</p>	<p>Pelican Rapids Pequot Lakes Perham Pillager Pine River-Backus Rothsay Sebeka Staples-Motley Underwood Verndale Wadena-Deer Creek West Central Area School Wheaton</p>

2023-2024 MEMBER SCHOOLS by ADMINISTRATIVE REGION
Class A Members by Administrative Regions (371 Schools)

REGION 7A — 38 Aitkin Barnum Bigfork Carlton Cherry Chisholm Cook County Cromwell-Wright Crosby-Ironton Deer River Ely Esko	Floodwood Fond du Lac Ojibwe Greenway Harbor City International School Hill City International Falls Lakeview Christian Academy Littlefork-Big Falls Marshall School, Duluth McGregor Mesabi East Moose Lake Mountain Iron-Buhl Nashwauk-Keewatin	North Woods Northeast Range Northland Proctor Silver Bay (Wm. Kelley) South Ridge Stella Maris Academy Two Harbors Vermillion Country School Victory Christian Academy Willow River Wrenshall
REGION 8A — 45 Ada-Borup-West Badger Bagley Blackduck Bug-O-Nay-Ge-Shig School Cass Lake-Bena Clearbrook-Gonvick Climax Crookston East Grand Forks Fertile-Beltrami FHL Academy Fisher Fosston Goodridge Greenbush-Middle River	Grygla-Gatzke Heartland Christian Academy Kelliher Kittson Central Lake of the Woods Lancaster Laporte Mahnomen Marshall County Central Nevis Norman County East Northome Park Rapids Area Red Lake County Central	Red Lake Falls Red Lake Riverside Christian School Roseau Sacred Heart Stephen-Argyle Central Thief River Falls TrekNorth Tri-County Ulen-Hitterdal Walker-Hackensack-Akeley Warren-Alvarado-Oslo Warroad Waubun Win-E Mac

The Minnesota State High School League bylaws are adopted and amended by the Minnesota State High School League Representative Assembly and the Minnesota State High School League Board of Directors. Bylaws appear in a non-italicized font. (Sample)

To assist member schools with the interpretation and application of the bylaws, the bylaws themselves may also contain definitions and policies that are approved by the Minnesota State High School League Board of Directors. This information will appear in an italicized font. (*Sample*)