# GRIZZLY FOOTBALL 2025

Bring Your Best

# GRIZZLY FOOTBALL Agenda

- Coach Welcome...Team 22...Bring Your Best
- 2025 Varsity / JV Schedule
- Stadium Field Update / Site Projects
- Spring Football
- Spring Calendar
- Summer Football
- Fall Camp
- Fundraising, Booster Club
- 21 Seasons Completed
- Senior Meeting
- Power Point
- chris.hauser@smusd.org

# Varsity 2025 Schedule

August 22	at Quartz Hill	7pm	
August 29	vs Oak Ridge	7pm	
September 5	vs Oceanside	7:15pm	
September 12	vs Granite Hills	7:15pm	
September 19	at Ramona	7:15pm	
September 26	BYE week		
October 3	vs La Costa Canyon (HC)	7:15pm	
October 10	vs Carlsbad	7:15pm	
October 17	at Torrey Pines	7:15pm	
October 24	vs Rancho Bernardo (SN)	7:15pm	
October 31	at San Marcos (DB XXII)	7:15pm	
SDCIF Playoffs: 11.7, 11.14, 11.21, 11.28 State: 12.5, 12.12			

Playoff Format: No Divisions, at end of season create Divisions

# JV 2025 Schedule

August 21 Thurs	vs Quartz Hill	5pm	
August 21 Thurs	vs Quartz i iii	Эрпп	
August 28 Thurs (DH)	vs Lincoln	6:30pm	
September 5	vs Oceanside	4:30pm	
September 12	vs Granite Hills	4:30pm	
September 19	at Ramona	4:30pm	
September 26	BYE week		
October 3	vs La Costa Canyon	4pm	
October 10	vs Carlsbad	4:30pm	
October 17	at Torrey Pines	4:30pm	
October 24	vs Rancho Bernardo	4pm	
October 31	at San Marcos	4:30pm	
SDCIF Playoffs: 11.7, 11.14, 11.21, 11.28 State: 12.5, 12.12			

# MHHS 2025 Scrimmage

August 14 or 15

@ Mission Hills HS

Two Teams MH & El Camino

Frosh: 3:30pm

JV: 5pm

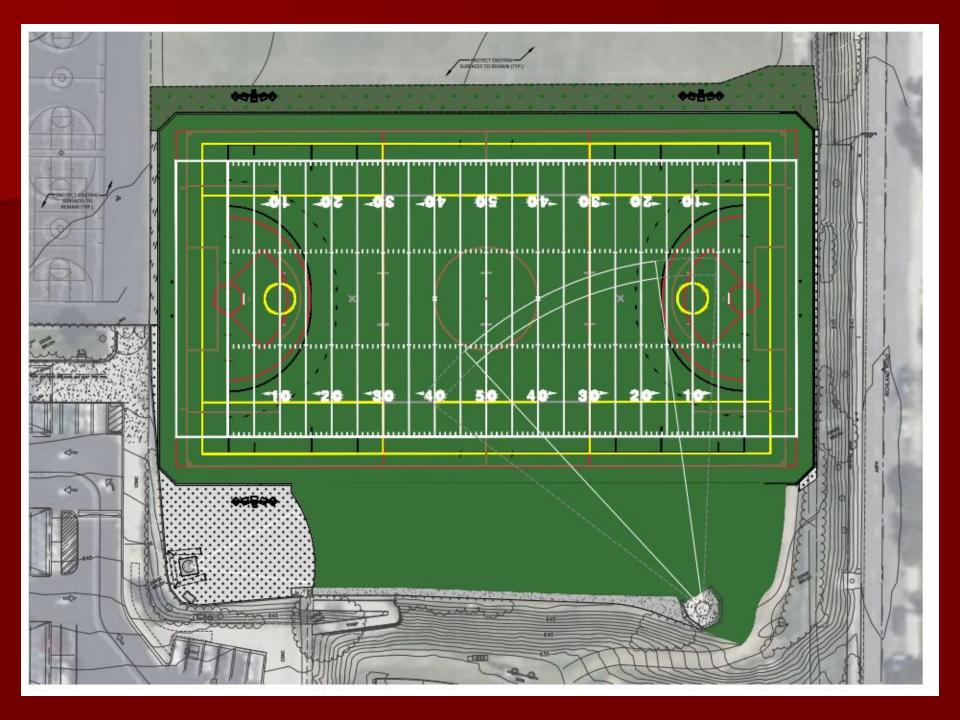
Varsity: 6:30pm



### **Mission Hills Stadium Field Project**

Summer of 2025
Stadium / Track / Upper Grass Field / Tennis Courts / Sand Volleyball

# MISSION HILLS



# **Spring Football**

- Begins May 6th 3:30pm-6:00pm (after school)
- Mondays & Fridays Off
- What we wear / to wear... Shorts / Cleats / Jersey (provided by MH, turn in every week, laundered)
- Purpose of Spring Practice
  - 1) Fundamentals, Skill Development, Technique
  - 2) System Installation
  - 3) 7 on 7 & 11 on 11
  - 4) Evaluation of Personnel (value, roles, level of play)
  - 5) Athletic Conditioning / Maintenance Lifting
  - 6) Preparation for Summer Camp
- Spirit Pack Online Store...Store closes Wed. 5.7

# **Spirit Pack**



- CODE: ybVucAM8Nr
- CLOSES ON WEDNESDAY, MAY 7







# Spring Calendar / 15 Practices

- Week of May 5: T, W, Th (Period 6 Athletes only this week)
- Week of May 12: T, W, Th
- Week of May 19: T, W, Th
- Week of May 26: T, W, Th
- Week of June 2: T, W, Th (June 5: Spring Showcase)
- Wednesday May 7<sup>th</sup> College Showcase 12noon at SMHS
- Monday May 26<sup>th</sup> Memorial Day (Off)
- Saturday May 10<sup>th</sup> Prom
- Week of June 9: Finals Week / Graduation

# **Summer Football Camp**

- Begins Monday June 23<sup>rd</sup>
- Stadium Field Project (6.12 7.31)
- Summer Camp Waiver (need day 1 of camp)
- Strength & Conditioning
- Field Skills
- Technique
- Competition
- Passing Games & Tournaments
- Commitment & FUN
- 1st Dead Period June 13 June 22... Great Time For A Vacation
- 2<sup>nd</sup> Dead Period July 13 July 20... Great Time For A Vacation
- Week of July 21...Summer Camp resumes
- Week of July 28...Summer Camp, Equipment, Lockers

# Summer Calendar

- Week of June 23: M, T, W, Th, F
- Week of June 30: M, T, W, Th
- OFF July 4, 5, 6
- Week of July 7: M, T, W, Th, F
- Week of July 21: M, T, W, Th, F
- Week of July 28: M, T, W (TH Day 1)
- AM Practice: 8:30am 11am \*NEW
- Fridays:Morning Lift / Var: 9am / JV:10am
- Morning Lifts for 7/7, 9am

# Summer 7 on 7

LCC Pass Tournament Sun May 18
SDSU Passing Tournament
Sat June 7 & Sun June 8
Mission Viejo HS Pass Tournament
Sat June 28
Battle at The Beach Pass Tournament Edison HS
Sat July 12

6.10 at Rancho Buena Vista — Varsity & JV 6.12 at St Margaret's (SJC) — Varsity 7.2 at San Juan Hills — Varsity & JV More to come... Varsity & JV compete, start times range Transportion

# **Be Prepared For Fall Camp**

- Clearance Website Open for 2025-26 School Year on June 1st
- Clearance Due for Fall Sports by July 25<sup>th</sup>
- Physicals / Clearance Fundraising Event
  - Date & Time: Wednesday June 18<sup>th</sup>, 1pm 4pm (Kaiser)
  - Location: Mission Hills HS

Trainer: Madison Cirillo (new hire)

- AthleticClearance.com.
  - Clearance Information
  - MHHS Website > Athletics > Clearance
  - https://missionhillshigh.smusd.org/athletics/clearance
- ASB Sticker (highly encouraged)
  - MHHS Website > About Us > Finance > Online Store
  - ASB Fee \$50.
- School Registration August 7<sup>th</sup> and August 8th
  - More information to come from administration
- First Day of School, Tuesday, August 19<sup>th</sup>

# Fall Football Camp

- Begins: Thursday, July 31st
- Equipment & Locker Issued: Tuesday 7.29.25
- Players: Cleats, Girdle, Mouthpiece // MH: Helmet, Shoulder Pads, Cloth, Uniforms
- Practice: Single Days & Double Days (18 hours)
- 10 Practices before competition
- School Registration (during camp)
- Program Pictures TBA (during camp)
- Family Day Practice: Saturday, August 8<sup>th</sup>
- Scrimmage: August 14<sup>th</sup> or August 15<sup>th</sup>
- First Day Of School: Tuesday, August 19<sup>th</sup>
- First Game: JV Aug 21st & Varsity August 22nd
- Labor Day: Monday, Sept. 1st

# **Grizzly Gridiron Social Media**



www.mhhsfootball.com



www.facebook.com/mhhsgrizzlyfootball



www.instagram.com/mhhsgrizzlyfootball



@MISSIONHILLSHI1



# 2025-26 Grizzly Football Booster Board

President – Danielle Carter

Vice President – Jamie Chavez

Treasurer – Flossie Lopez

Secretary - Moreland Brawner

# **Volunteer Opportunities**

Parent participation is crucial to our organization



### Game Day Help:

**Grill Master:** set up grill and tables, stock supplies from snack bar, manage the grill and sales.

Snack Bar Assistant: work with partner with shopping, tracking and selling concessions, manage volunteers in snack bar.

Grizzly Gear Assistant: work with partner selling, reordering, tracking sales.

Volunteer Coordinator: organize game day and Friday feed volunteers, connect with military for game day sign ups.

### Freshman Parent Liaison

communicate details and events to the Freshman Parents to help keep them informed



### JV Parent Liaison

communicate details and events to the JV parents to help keep them

informed



Sign up for Friday Varsity **Lunch Feeds and help in** the snack bar, at the grill and with grizzly gear

### Special Event Committees:

Help be apart of the planning and preparing for special events like...

> **SPRING SHOWCASE**

PANCAKE **BREAKFAST** 

ANNUAL **FUNDRAISER** DINNER & **SILENT AUCTION** 

**SUMMER FAMILY DAY** 

### 2025

MHH5 GRIZZLY FOOTBALL

### **VARSITY**

### SIGN UP ON THE

Remind APP

### TO GET THE LATEST INFO!



Text this message @varsity25m to 81010

Or scan the QR code



2025 VARSITY

### 2025

MHH5 GRIZZLY FOOTBALL

### SIGN UP ON THE

Remind

APP

### TO GET THE LATEST INFO!



Text this message

@jv25m to 81010

Or scan the QR code



2025 JV

### 2025 MHH5 GRIZZLY FOOTBALL

**FRESHMAN** 

### SIGN UP ON THE

Remind

APP

### TO GET THE LATEST INFO!



Text this message @mhfresh25 to <u>81010</u>

Or scan the QR code



2025 FRESHMAN



GRIZZLY GRIDIRON CLUB

**VIP EXPERIENCE** 

**VIP** Season **Tickets** 

### MISSION HILLS FOOTBALL **GRIZZLY GRUB MENU HOT FOOD**

	(with or without cheese) Hot Links are available for Grizzly BBQ/Grill		
DRINKS			
Powerade \$2.00 (assorted flavors)	Bottled Water\$1.00 Coffee\$1.00		
Fountain Soda (24 oz) \$2.00 (Coke, Diet Coke, Sprite, Dr. Pepper, Fanta Orange & Lemonade)	Hot Chocolate \$1.00 (NO DRINK REFILLS)		

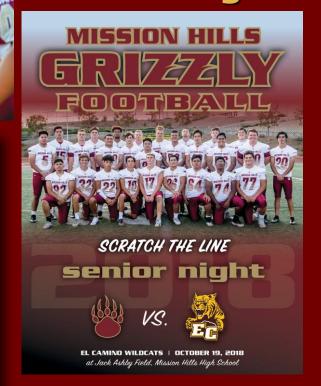
CANDY			
Airhead Extreme\$2.00 Kit-Kat\$2.00 M&M's (plain or peanut)\$2.00	Skittles       \$2.00         Snickers       \$2.00         Sour Patch Kids       \$2.00		
Red Vines\$2.00 Reese's P-nut Butter Cup\$2.00 Ring Pops\$1.00	Sour Punch Straws       \$2.00         Starburst       \$2.00         Twix       \$2.00		

### **SNACKS** Chips (assorted flavors) .... \$1.00 Popcorn (microwave) ........\$2.00

(Butter or Kettle)

**GO GRIZZLIES!** \*\*\*ITEMS MAY VARY AND PRICES SUBJECT TO CHANGE\*\*\*

### **Senior Night**



# **Fundraisers For 2025**

- Snack Bar... multiple opportunities (all home games)
- Digital Gold Card: Pre-Sale Date & Blitz Date (summer)
- 21<sup>st</sup> Annual Grizzly Social; Themes (**Luau**, Fiesta, Cowboy-Up, 50's)
- Sky Box
- Season Tickets / Seats
- Game Programs / Advertisements
- Grizzly Gear
- Booster Membership / Donations
- Budget

# Our New 2025 Grizzly Gear logo



Ask about our new options with our online store...

"When you volunteer with your child's sports program, you don't just show up — you show them you believe in who they're becoming.

You'll see your child lead, persevere, and shine in ways you never imagined.

Time moves fast, but the memories you create together will last a lifetime.

Don't miss the chance to be part of their journey.

Join us in Booster Club!"