



BALTIMORE ELITE

VOLLEYBALL CLUB

HIGH PERFORMANCE CAMP

BALTIMORE ELITE HIGH PERFORMANCE TEAM COMPETITION CAMPS 2024

Session I: July 22-July 25, 2024 ● 6:00 – 9:00 pm

Session II: July 29-August 1, 2024 ● 6:00 – 9:00 pm

Session III: August 5-August 8, 2024 ● 6:00 – 9:00 pm

**Location: Roland Park Country School
5204 Roland Avenue, Baltimore, MD 21210**

Grades 9th-12th (girls only)

Cost: \$350 per session

The Baltimore Elite Volleyball Club High Performance Camps will be run primarily by current and former college coaches and are geared towards advanced players. These camps will focus on high level skill development, position specific training including defense, setting, hitting, and advanced offensive and defensive systems, as well as individual skill training and team competition. We'll do 1 hour of position specific training each night and 2 hours of team competition. Thursday night will be tournament play with certified officials. Players will be placed on teams by skill level and position and high school/club teams can also compete together. All players will receive jump testing stats including standing reach, block jump, and approach jump.

Camp Coordinator/Director

Kelli Wilkinson

Kelli Wilkinson served as the Head Varsity Volleyball Coach at St. Paul's School for Girls for 15 years where her team captured the IAAM regular season championship in 2002, 2003, 2005, 2006, 2007, 2008, 2016 and 2018 and the tournament championship in 2002, 2003, 2005, 2007, and 2013. She was named the *Baltimore Sun's* City/County Coach of the Year for 2003. Prior to coaching at St. Paul's School for Girls, Coach Wilkinson was the Head Volleyball Coach at Notre Dame of MD University where she was recognized as Coach of the Year twice and held four AWCC Championship titles in eight years.

Coach Wilkinson also served as the Head Men's Volleyball Coach at Stevenson University in 2001 and 2002 and the Head Women's Volleyball Coach at Goucher College in 2014 and 2015. She was an All-Conference performer at Winthrop University and Towson University. She taught middle and upper school physical education for 13 years and is a certified personal trainer. She is CAP Level I certified, IMPACT certified, a member of the AVCA, and a certified court instructor for Gold Medal Squared. She has also coached for Time Out Volleyball Club, the Baltimore Volleyball Club and Wild Blue Volleyball Club and has attended Terry Pettit's Summit for Extraordinary Coaching. She is currently the owner and director of Baltimore Elite Volleyball Club.



BALTIMORE ELITE VOLLEYBALL HIGH PERFORMANCE CAMP REGISTRATION FORM

****Registration on a first-come, first-served basis****



Player Name: _____ Please circle session(s) attending: **Session I** **Session II** **Session III**

Address: _____

Phone: _____ Age: _____ Grade and School Attending Next Year: _____

Email Address (please include so I can email you confirmation): _____

Club Experience: Yes _____ No _____ Club: _____

T-shirt Size (adult sizing/circle one): S M L XL XXL

Parent's Agreement:

The Baltimore Elite Volleyball Camp/Kelli Wilkinson assumes no liability for injuries or damage to a camper as a result of normal participation in the camp's program.

Parent's Signature: _____ Parent's Printed Name: _____

Emergency Contact Information: _____

Questions? Contact Kelli Wilkinson at baltimoreelitevbc@gmail.com or at 443-690-8575 (C). Mail registration form and a check **made payable to Kelli Wilkinson** to 38023 Water Walk Way, Selbyville, DE 19975. No refunds are given after camp begins. Registration forms can also be emailed to baltimoreelitevbc@gmail.com. Go to www.baltimoreelitevbc.com for more details.