

Resources





Diversity

Group Activity

Understanding our Identities



Source: Rise To Win



Diversity



Source: Muse Wellbeing

Diversity

Discussion Questions



- 1. Name examples of diversity shared in the video.
- 2. What are the benefits of having a diverse team?





Source: Muse Wellbeing



Group Activity

Perceptions



Source: Overcoming Obstacles Curriculum



Discussion Questions

- 1. How did the stereotypes we read make you feel?
- 2. Do you think the stereotypes we read are true?
- 3. Do you think some people treat each other differently because of stereotypes like these?



Discussion Questions

- 1. Did you correctly match the facts to your fellow students?
- 2. How did you feel when you guessed incorrectly?
- 3. How did it feel when someone guessed incorrectly about you?
- 4. Can you think of a situation in which guessing incorrectly could be embarrassing?
- 5. Did anyone answer "I don't know" for the person being described?

Bias





Source: Teachers Pay Teachers

Bias

MINNESOTA
HOCKEY

Group Activity

Dot Exercise



Source: Positive Coaching Alliance



Prejudice



ource: Anne Frank House



Microaggressions



ource: She Knows Media



Discrimination



ource: Anne Frank House



Discrimination



Source: TED ED



Reporting Policy

If you hear discriminatory comments or see discriminatory actions take place during a game, practice, or in the locker room report it to

- A coach
- An official
- A parent or guardian



Reporting Policy

If you make discriminatory comments or take discriminatory actions against another person during a game, practice, or in the locker room consequences may include:

- writing an apology letter
- suspension from practice or games
- removal from the team



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Group Activity

Inclusion, Exclusion, Racism



ource: RISE to Win







ource: Global News







Source: M.I. Understanding



Group Activity

Four Corners







Allyship

Discussion Questions

- 1. What is an ally?
- 2. How were Divine's teammates and coaches his allies in this situation?
- How as a team can you be allies if one of your teammates is a target of discrimination?



Allyship





Source: PBS News Hour



Commitment

As an association or a team, commit to

- Not making discriminatory comments or committing discriminatory actions towards anyone
- Being an ally to teammates if someone makes a discriminatory comment or takes a discriminatory action against them
- Being inclusive to all members of your association