

ROOSEVELT HIGH SCHOOL

2018 SUMMER SCHEDULE

- **SOCCER**

- *TEAM CAMP JUNE 4TH-7TH
- TUESDAY & THURSDAYS 5:00PM-6:30PM (WORK OUTS)
- MONDAY-FRIDAY 11:00-12:00PM (WORK OUTS)
- WEIGHT ROOM: MONDAY-FRIDAY 9-10AM 10-11AM CONDITIONING

- **CHEER**

- *CHEER CAMP JUNE 21-23
- PRACTICE TUESDAYS AND THURSDAYS FROM 3:00-4:30PM AND WEDNESDAYS 5:30-7:00PM (JUNE ONLY)

- **VOLLEYBALL**

- *COLORADO STATE UNIVERSITY TEAM CAMP JULY 27-30
- OPEN GYMS TUESDAYS 3:00-5:00PM
- FRESHMAN CAMP JUNE 11TH-13TH (LIMITED SPACE)

- **FOOTBALL**

- *WESTERN STATE TEAM CAMP JUNE 3-6
- SUMMER PRACTICES (10-DAY CAMP) MAY 30 - JUNE 2
- JUNE 11-12 (FRESHMEN ONLY TEAM CAMP)
- JUNE 14 DENVER BRONCOS 7ON7
- JUNE 23 UNIVERSITY OF NORTHERN COLORADO 7ON7
- BERTHOUD HS 7ON7 TOURNAMENT JULY 28 (TENTATIVE)
- WEIGHT LIFTING MONDAY - THURSDAY / 6:30AM - 8:00AM
- SUMMER 7ON7 AND TEAM RUN WEDNESDAY NIGHTS AT 6:00PM ON FB PRACTICE FIELD

- **WRESTLING**

- *WESTERN STATE TEAM CAMP JUNE 18-21
- JUNE 12-14 INDIVIDUAL CAMP AT RHS
- WEIGHT ROOM MONDAY-THURSDAY 9-11AM
- OPEN GYM PRACTICES 6:00-7:30PM ON TUESDAYS

- **BOYS BASKETBALL**

- UNIVERSITY OF NORTHERN COLORADO TEAM CAMP JUNE 7TH-9TH
- *POWER TO PLAY SPORTS TEAM CAMP JUNE 21-23

- **CROSS COUNTRY**

- *CAMP AUGUST 3RD-4TH

- **TRACK AND FIELD**

- SPEED TRAINING TUESDAYS AND THURSDAYS AT 4PM

- **GIRLS BASKETBALL**

- *JUNE 7-9 POWER TO PLAY TEAM CAMP
- JUNE 22-24 CU TEAM CAMP

- **SOFTBALL**

- WEIGHT ROOM: IN JUNE AND JULY ON MONDAY, WEDNESDAY,
FRIDAY 1:00-3:00PM

* INDICATES SPORT PRIORITY DATE