

Welcome back Week

NAME _____

EMAIL _____

PHONE _____

CURRENT
SKATING LEVEL _____

B I N G O

SKATING

DEADLINE FOR SUBMISSION SEPTEMBER 17th

Invited a friend to go skating	Completed a jump	Read a skating book	Have heard your coach say "One more time."	Do something outside of the rink with a friend from skating
Rollerblade or roller skate when you can't be at the rink	Write down 3 Skating goals for this season	Skated on an outdoor rink or pond	15 minutes of mobility work	Complete an off-ice workout
Meditate for 10 minutes	Take a photo at the rink & use #WelcomeBackBingo	FREE SQUARE	Participated in an ice show	Tripped over your toe picks
Been to a Disney on Ice performance	Practice off-ice jumps	Have geared up and played hockey	Dream of being in the Olympics	Woke up early to skate
Watch a figure skating movie	Make your favorite healthy snack after skating.	Skated over the summer	Share a photo with your skating coach and use #WelcomeBackBingo	Journal about why you love skating and how it makes your life better.

We are excited to start another Skating season. To celebrate, play our #WelcomeBackBingo & you have a chance to win some great prizes! You can play along by tagging us on Instagram @SkateWithSuburbanIce and #WelcomeBackBingo when you get BINGO. Get a raffle ticket for each BINGO you get from the front desk to be entered into the Welcome Back Week Raffle. **WINNERS WILL BE SELECTED BY SEPTEMBER 22nd.**

Welcome back Week

NAME _____

EMAIL _____

PHONE _____

TEAM NAME _____

B I N G O

HOCKEY

DEADLINE FOR SUBMISSION SEPTEMBER 17th

Set your personal goals for the season	Cross off if you have an autograph from a pro hockey player	Follow @SkateWith-SuburbanIce on Instagram	Complete an off-ice workout	Wear your jersey to school and post a photo using #WelcomeBackBingo
Share a photo with your tape job using #WelcomeBackBingo	Post a photo at the rink & use #WelcomeBackBingo	Make plans outside of the rink with a friend from hockey	Cross off if you can remember your first goal	Watched your favorite team win the Stanley Cup
Cross off if you have ever broken a stick	Shoot 100 pucks in your driveway or basement		Go to a Sticks & Pucks session	Named your pet after a hockey name
Played goalie in a game	If you went to an NHL game in the 2022-23 season	Take a yoga or mobility class	Share a pic from your first day of hockey using #WelcomeBackBingo	Cross off if you have ever earned an assist
Post a photo with your hockey buddies using #WelcomeBackBingo	Won a face-off	Share a pic from your first day of hockey using #WelcomeBackBingo	Cross off if you have scored a goal on a rebound	If you have ever played pond hockey

Hockey season is back! Play our #WelcomeBackBingo card & you have a chance to win some great prizes! You can play along by tagging us on Instagram @SkateWithSuburbanIce and #WelcomeBackBingo when you get BINGO. Get a raffle ticket for each BINGO you get from the front desk to be entered into the Welcome Back Week Raffle. **WINNERS WILL BE SELECTED BY SEPTEMBER 22nd.**