

## **CAMP INFORMATION:**

### ADDRESS:

678 Lakeshore Rd, Grafton, ON K0K 2G0

### DIRECTION TO PLAST CAMP:

1.5-2 hours from Toronto  
exit from HWY 401: Exit 487 (Lyle St.) South  
turn right on HWY 2  
immediately turn left in Old Danforth Rd.  
past train tracks and turn right at Lakeshore Rd.  
turn right into Camp Driveway at 678 Lakeshore Rd., Grafton, ON K0K 2G0  
(if you reach Plast Rd... you missed the driveway!)

### CAMP FACILITIES:

The Ukrainian camp on the north and south sides of Lakeshore Road in the Grafton area was established in 1953. The camp resides on about 300 acres and the southern half borders Lake Ontario. A tennis court and Olympic-sized pool are located in that area. On the northern half are individual buildings that house staff, sleeping quarters for the scouts, kitchen and dining facilities and even an outdoor chapel.

Spacious Cabins  
Newly Renovated Kitchen  
Healthy Meals Prepared by Professional Cooks  
Supervised Olympic-size Swimming Pool  
300 Acres of Parks and Forest  
Sports Fields  
Camp Fire Area

### CHECKING IN

Registration begins at 13:00 on Sunday, 05-August-2018 at the Camp Kitchen.  
Each camper must have an OHIP Health Card (no copy) as part of registration.  
Campers will be assigned their cabins on Sunday after they have completed the registration process.

### CHECKING OUT

From 9:00 to 12:00 on Saturday, 11-August-2018 at the at the Camp Kitchen or the Swimming Pool.  
All OHIP Health Cards will be returned at the end of camp.

### CAMPER'S CHECKLIST

What to take to summer camp

Please make name tag or color sticker with your child initial or name on all items, so we can ID when it lost and found. (<https://www.mynametags.com/in dex.html>)

The items below based on a one-week stay at the Camp (Laundry service is not available)

Comfortable clothing jacket or vest, pants and one long sleeve shirt  
Swim-wear  
Sleepwear  
Laundry Bag  
8 t-shirts

8 shorts  
8 pairs of socks  
Sun hat with a brim  
Rain gear (jacket and boots)  
Sturdy footwear (running shoes, sandals, at least one pair that's waterproof)  
Toiletries (Soap, Toothbrush, Toothpaste, Shampoo, etc)  
Bedding (Sleeping Bag, Pillow, Sheets, Blanket,)  
2 Towels (Beach Towel and Shower Towel)  
24 or 35 bottle water case  
Sunscreen and insect repellent  
**Water and sunscreen please give to coaches during registration process**

#### Soccer Items

Soccer Cleats, Soccer Ball, Shin Guards  
Running Shoes for Training  
Light Sportswear (Shorts, T-Shirts)  
Team Uniform (Only for players who play games during camp)

#### What to leave at home

Electronic games consoles; tablets; laptops and/or personal digital audio/video players  
Cell Phone (We have phones on site to keep in touch with family) - numbers will be shared with parents of participating players  
Any food or drinks, except case of water  
Expensive items that will devastate your child if they are broken or lost and NO MONEY! We don't have store at the camp. All food, water and snack are free of charge available in Camp Kitchen 7/24.