

COVID-19 Emergency Preparedness Plan for Stillwater Hockey Association

These guidelines are adapted from Minnesota Hockey's Association Guidelines for Managing Confirmed COVID-19 Cases, which are based upon guidance provided by both the Minnesota Department of Health (MDH) as well as the United States Centers for Disease Control and Prevention (CDC). ***The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis or treatment.***

1. Pre-Season Matters:

1. **COVID-19 Symptoms.** Coaches and families should become aware of COVID-19 Symptoms prior to the season, and update that knowledge throughout the season, in order to identify potential COVID-19 symptoms in players and family members.
2. **Designating COVID-19 Manager.** Teams should designate a coach, manager or volunteer position who will be responsible for responding to COVID-19 concerns and will help coordinate with local health authorities regarding positive COVID-19 cases (COVID-19 Manager). All team coaches; players and parents should know who this person is and how to contact them.
3. **Notifying Families of Obligations.** The COVID-19 Manager must notify families of their obligations to keep players and family members away from team activities when sick and to notify the COVID-19 manager of such events, as more fully described in this document.
4. **Identifying Safe Places for Sick Players.** The COVID-19 Manager should identify in each facility the location set aside by the facility for placing sick players.

2. Symptoms Before Arriving.

If symptoms are discovered before arriving at arena, players should not be permitted to participate in the team activity or enter the facility where the activity is taking place. Player may want to seek medical advice and/or testing. Player and family members should thereafter stay home and follow MDH Decision Tree (located at <https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>) to determine when to return. The family should notify the team COVID-19 Manager of the symptoms and duration of absence and any test results. The team COVID-19 Manager should track and confirm with family test results, if not heard from family within a reasonable period of time.

3. Symptoms After Arriving.

Players exhibiting symptoms while at team activities should be removed from practice and placed in location designated by arena as for persons with symptoms, until he or she can be safely removed from the arena. The COVID-19 Manager, coach or other responsible adult designated by the team for monitoring such events should: (A) promptly notify the player's parent or guardian and help arrange for safe removal of the player from the arena, (B) notify the arena management of such person's condition and placement in safe location, and comply with arena management instructions, if any, and (C) notify Association COVID-19 manager. The Player

may want to seek medical advice and/or testing. Player and family members should thereafter stay home and follow MDH Decision Tree to determine when to return. The family should notify the team COVID-19 Manager of any test results or continued symptoms. The team COVID-19 Manager should track and confirm with family test results (if any) if not heard from family within a reasonable period of time.

4. Confirmation of Positive Test or Exposure:

If a player tests positive, or has someone in their household test positive, or if the player has been exposed to someone confirmed to have COVID-19:

A. Families:

- (i) The family must notify the team COVID-19 Manager, and
- (ii) The player and family members should stay home and follow the MDH Decision Tree to determine when to return.

B. Teams/COVID-19 Manager:

1. Coordinate with association COVID contact to notify all team members if a positive test is confirmed, while maintaining that person's confidentiality in accordance with the Americans with Disabilities Act (ADA).
2. Work with MDH and association COVID contact to determine whether to notify any prior opponents or teams that practiced with the infected player
3. Work with MDH and association COVID contact to determine whether to notify any opponents or teams scheduled to practice with the player's team in future.
4. Pause activities until you have been able to review MDH guidelines on confirmed COVID-19 case. Work with Association COVID-19 Manager to notify MDH of confirmed COVID-19 case and consult with MDH and local health officials.
5. If requested by MDH, pause team activities until you can consult with local health officials and/or the Minnesota Department of Health on additional testing or requirements before returning to play

NOTE: Minnesota Hockey states that teams should not be penalized for forfeiting games due to COVID-19 Concerns.

C. Association COVID-19 Manager:

1. Upon learning of an association member testing positive for COVID-19, work with Team COVID-19 Manager to notify MDH of confirmed COVID-19 cases among players, coaches and family members (as required by Minnesota Rules, Chapter 4605.7050). An MDH inbox has been established for sport organization COVID-19 case reporting: health.sports.covid19@state.mn.us. Minnesota Department of Health can also be reached at 651-201-5000.
2. Work with team COVID-19 Manager to consult with MDH and local health officials and be prepared to communicate to any players, coaches, officials and

volunteers who had close contact with that player notifying them of a positive test. Maintain the confidentiality of anyone with a positive test in accordance with the Americans with Disabilities Act (ADA).

3. Notify the arena of the positive test, so the arena may close off areas used by the sick person within the last 24 hours. Do not use these areas until after cleaning and disinfecting them.
4. Any positive cases should be logged and tracked. They should also be communicated to the Minnesota Department of Health.