



## OC Elevate/Upward Soccer Return to Play Guidelines Fall 2020

1. All players, staff, and family members visiting our facility are asked to **STAY HOME** if showing any sign of illness
2. All players, staff, and family members visiting our facility are asked to adhere to the social distancing recommendations of being 6 feet apart
3. Players should keep all of their personal gear, including water bottles, separate from anyone else's gear
4. Practice Days & Game Days we will be spread out more than last year to allow more social distancing
  - a. We will be using the West Fields (old soccer fields) & East Fields (new soccer fields)

### Game Day Procedures

1. All players, coaches, & volunteers are required to check-in at one of our tents before going to their game field
  - a. There will be a tent set up on the East Fields and one on the West Fields
  - b. Their temperature will be taken & they will be asked a couple "Covid-19" questions for screening
  - c. They will then receive a colored wristband which shows they are cleared to play. No player will be permitted to play or join their team without a wristband
2. There will be designated areas marked for fan seating. Fans will not be permitted to sit on the same side as any of the teams playing on any field.
3. Games will be played on the East Fields & West Fields allowing us to spread out more this season for social distancing

### Practice Day Procedures

1. All players & coaches are required to check-in at one of our tents before going to their practice field. Same procedure as "game day" except no wristband will be given out.
2. Only coaches may handle practice equipment
  - a. Soccer balls can be shared
  - b. Practice pinnies may not be shared with other players
3. Necessary contact is permitted during practice but while not playing (water breaks, devotion time, etc...) players should social distance
4. We will limit the number of teams able to practice at one time