

North Lake Yacht Club – 2026 Racing Events  
Memorial Day Weekend through Labor Day Weekend  
North Lake Yacht Club  
North Lake, WI, USA

## SAILING INSTRUCTIONS

### 1 RULES

The events will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

**Commented [c1]:** Since NLYC is an association member of both ILYA and US Sailing, the RRS stipulates that their rules, prescriptions, and scantlings also apply.

### 2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Bulletin board located at NLYC Clubhouse.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the NorthLakeYC.us website, the Clubhouse Bulletin Board, and be communicated by the Fleet Captain to their respective fleet before 0900 on the day it will take effect.

### 4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the Race Committee vessel at NLYC Dock.

4.2 When Postponement flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

**Commented [SB2]:** Add "This changes RRS Race Signals". Race Signals are part of the RRS and changes should be noted.

### 5 SCHEDULE OF RACES

5.1 Dates of racing: All races for each fleet are posted on the NorthLakeYC.us website calendar and posted on the NLYC Clubhouse Bulletin board. The NLYC logbook calendar will also list the schedule of races as of the published date.

5.2 The scheduled time of the warning signal for the first fleet of each race is posted on the NorthLakeYC.us website calendar and posted on the NLYC Clubhouse Bulletin board. The NLYC logbook calendar will also list the schedule of races as of the published date.

5.3 Make up races are not required for cancelled or abandoned races. However, races may be rescheduled at the discretion of the Fleet Captain and Chief Judge.

5.4 Any change to the schedule of races after the logbook is published will be posted on the NorthLakeYC.us website, the Clubhouse Bulletin Board, and communicated by the Fleet Captain to their respective fleet as soon as possible but no later than by 2000 on the day before it will take effect.

5.5 Scheduled Back-To-Back (B2B) races are both conducted when the winds are favorable (7-15mph). The second scheduled B2B race is indicated by a white flag displayed at the finish line of the first race. If the winds are <7mph or >15mph than only the first race is sailed.

**Commented [c3R2]:** In the RRS this SI rule is not a change rather an addition. (AP is only defined on race course).

**Commented [CL4]:** Guideline adopted in 2022.

### 6 CLASS FLAGS

Class flags will be the fleet letter or logo on a solid background.

**Commented [c5]:** Add figures for fleets

**7 COURSE DESIGNATIONS AND DIAGRAMS**

- 7.1 Refer to the RRS Appendix S for diagrams that show the courses, designations, the order in which marks are to be passed, and the side on which each mark is to be left. Courses will be either Windward/Leeward or Triangle, or a combination of both. The number accompanying the letter designation indicates the number of windward legs.
- 7.2 All Marks will be rounded to port, except when a gate is used. When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
- 7.3 Courses will not be shortened. This changes RRS 32.

**8 MARKS**

- 8.1 Marks will be an orange buoy, and the offset mark will be an orange buoy.
- 8.2 The starting and finishing marks will be the Race Committee signal vessel at the starboard end and an orange buoy at the port end.

**9 THE START**

- 9.1 The starting line will be between a staff displaying an orange flag on the Race Committee Vessel at the starboard end and the course side of the port-end starting mark.
- 9.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.3 All scheduled fleets will start in the following order: C, MC, X, Laser. A fleet not sailing will cause the next fleet to move up in the start sequence. In the event of a general recall, the recalled fleet goes to the end of the starting order.
- 9.4 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.
- 9.5 When judges are present on the race committee boat rolling 5-minute starts will be used (Automated Horn Timer: Mode 51). When the racecourse is preset by a sailor and no judges are present, each fleet captain or their designate will initiate a 3-minute sequence with an alert of 3 short horns (or whistles) for the first warning signal which will begin the 3-minute sequence.

**10 CHANGE OF THE NEXT LEG OF THE COURSE**

- 10.1 To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position and signalling all boats before they begin the leg.
- 10.2 Minor adjustments in a mark's location will not be signalled. This changes RRS 33.

**11 THE FINISH**

- 11.1 The finishing line will be between a staff displaying an Orange flag on the Race Committee Vessel at the starboard end and the course side of the port-end finishing mark. This changes RRS S11.1.
- 11.2 If the Race Committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the Race Committee at the first reasonable opportunity.
- 11.3 The Race Committee may assign a finish position to the last boats provided that their position can be determined in a reasonable manner. A boat whose finish position has been so established will be notified by the Race Committee. Boats assigned in this manner will not be subject to redress. This changes RRS 62.1(a).

**12 PENALTY SYSTEM**

For the C class RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

**13 TIME LIMITS**

- 13.1 Race Time Limit for the first boat of each class (C, MC, X, Laser) to sail the course is 90 minutes.
- 13.2 Finishing Window Time Limit for boats to finish after the first boat in its class sails the course is 30 minutes.
- 13.3 Boats failing to finish within the Finish Window may be assigned a finish position by the Race Committee. This changes RRS 35, A4, and A5.
- 13.4 The maximum postponement for a race is: 30min with no/low wind conditions (<4mph), and 60min for thunderstorm or other conditions (ex: wind shift, etc.).

**14 PROTESTS AND REQUESTS FOR REDRESS**

- 14.1 Hearing Request forms are available at the race office, located at NLYC Clubhouse. Protests and requests for redress or reopening shall be delivered to the Chief Judge within the appropriate time limit.
- 14.2 For each class, the protest time limit is 2 hours after the Race Committee finish vessel docks.
- 14.3 Competitors will be informed in person or by phone of hearings in which they are parties or named as witnesses. Hearings will be held in a convenient location, as soon as practical after racing each day.

**15 SCORING**

- 15.1 The scoring system is as follows: Each boat's series score shall be the total of her race scores, excluding her worst scores as follows:

| <u>Races sailed</u> | <u>Scores Excluded</u> | <u>Race Series</u>             |
|---------------------|------------------------|--------------------------------|
| 1-4                 | 0                      | C, MC, X, Laser: Wed, Sat, Sun |
| 5-9                 | 1                      |                                |
| 10-14               | 2                      |                                |
| 15-19               | 3                      |                                |
| All                 | 0                      | X: June, July, August, Overall |

This changes RRS A2.

- 15.2** If a boat did not start a race (DNS) or was disqualified (DSQ) she shall be scored points for a finishing place two more than the number of boats that started that particular race. This changes RRS A5 and A9.
- 15.3** If a boat did not finish a race (DNF) she shall be scored points for a finishing place one more than the number of boats that started in that particular race. This changes RRS A5 and A9.
- 15.4** A DSQ, DNF, or DNS is permitted to be used as an excluded race. This changes RRS 90.3.
- 15.5** A boat sailing in an off-lake regatta and missing a NLYC race may request to receive a finishing place for the non-sailed race equal to the average of the last three races sailed in that series rounded to the nearest place. This request must be written and submitted to the Chief Judge prior to the missed race.
- 15.7** Memorial Day regatta points are not included in any series totals.
- 15.8** The C and MC Sunday series include Fourth of July, Small Lake and Labor Day regatta races.
- 15.9** One race is required to be completed to constitute a series.

## **16 SAFETY REGULATIONS**

- 16.1** A boat that retires from a race shall notify the Race Committee as soon as possible.
- 16.2** **Abandonment** When a race is abandoned due to foul weather or other safety reasons, all boats are to discontinue racing and seek safe harbour. If this signal is made after one or more boats have finished, any boats not finished may be scored at the discretion of the Race Committee. This changes RRS 32.1.
- 16.3** **Personal Flotation Devices for X Fleet** Properly fastened US Coast Guard approved PFDs shall be worn by all competitors at all times while afloat. Flag "Y" will not be displayed. This changes the Part 4 preamble and RRS 40.
- 16.4** **Outside Help** A boat that receives help in the form of assistance in righting after capsizing may continue racing. This changes RRS 41.

## **17 OFFICIAL VESSELS**

Official vessels will be marked as follows: RC Flag.

## **18 SUPPORT VESSELS**

Coaches, spectators, and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall, or abandonment.

**Revision: 01/25/26**