

FALL 2020 OFFICIAL SOCCER RULES

The following are the playing rules for the Fall 2020 Boys & Girls Clubs - Alaska (BGCA) Soccer Season. These rules were established and assembled with help from the BGCA Soccer Technical Advisory Board. The Rules are not to be deviated from nor altered. Any question(s) regarding the Rules should be directed to the BGCA Director of Athletics. If there is a dispute to any rule or if the rule is not stated here, reference will be made to FIFA Laws of the Game.

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1:00:00	AUTHORITIES AND RESPONSIBILITIES
1:01:00	Boys & Girls Club – Alaska Soccer program is governed and regulated by the Boys & Girls Club - Alaska (BGCA). The program is managed by Boys & Girls Club – Alaska Athletics Staff and advised by the BGCA Soccer Technical Advisory Board, Members being comprised of United States Soccer Federation "C" (or equivalent) Licensed or higher coaches - and a Referee/Officials Representative.
	All recommendations decisions made by the BGCA Soccer Technical Advisory Board are subject to review and approval by Boys & Girls Clubs – Alaska Director of Athletics.
1:02:00	Decisions made by the Director of Athletics regarding the Soccer program are made in accordance with BGCA policy and are made in the best interest of the league. These decisions are final.
1:03:00	The rules contained herein shall govern all participating members of this organization except when these rules are inconsistent with the adopted Policies of the Boys & Girls Clubs – Alaska.



1:04:00		petition, including tournament play, shall be governed by these rules unless competition requires otherwise.
1:05:00	Manage Respon	ad Coach of each team is responsible for informing his/her Assistants, Team ers, parents, and players of Fall 2020 BGCA Soccer Rules. Specific Coaching isibilities and other coaching information can be found in section 11:00:00 as Responsibilities.
2:00:00 REGIS	TRATIO	N
2:01:00		nd girls residing wit <mark>hin the</mark> boundaries and territories of Boys & Girls Clubs – are eligible to reg <mark>ister and</mark> become members.
2:02:00	Alaska. Form, v	eligibility will be in accordance with the Policies of Boys & Girls Clubs – All players are required to submit a properly completed BGCA Registration whether online or paper application, including Consent to Treat, Parent and Codes of Conduct, and an Activities Release.
2:03:00	Late reg	istration period shall be designated for each season with a Discounted and gistration period, and closing date. Registration after closing date will be ed based on roster availability. The BGCA Athletics Staff will determine roster lity.
2:04:00	certifica	f age may be requested prior to the first game of the Regular Season. A birth ite, Passport, Zangle Report or any other official record specified by the Boys Clubs -Alaska would suffice.
2:05:00	followin	will be formed and registered players assigned to them in accordance with the g rules. Exceptions to these rules may be allowed, on a case-by-case basis, rmined by the BGCA Director of Athletics.
Tea	ams shal	I be comprised with the following considerations:
80	1.	Player's special request e.g. Coach, Teammate, Team, etc., if there is roster availability (Please Note: Only one special request will be honored)
	2.	Player's Anchorage School District school (or a series of schools within a high school zone) he/she attends if there is roster availability and player's special request cannot be accommodated
	3.	Player's ASD "sister" high school zone for e.g. Bartlett/East, Dimond/West, South/Service, Eagle River/Chugiak, etc.
	4.	Any Team which has roster availability
	5. 6.	Teams composed of late registrants (if all current Rosters are full) Waiting List
2:05:01		Players may be on a team coached by their parent(s) or guardian(s) regardless of the above criteria.
2:05:02	2	Late registrants on the Waiting List will be assigned to a team as roster vacancies become available. Precedence will be based on the date of the waiting list registration.
2:05:03	3	Protests concerning player assignments on a team must be submitted to the BGCA Director of Athletics in writing before uniforms (and player equipment when applicable) are distributed; Otherwise, any protests on player assignments will not be reviewed.



		2:05:04		Special circumstances will be taken into consideration on a case-by-case basis.
	2:06:00			ys & Girls Clubs – Alaska Director of Athletics will make final approval of all assignments to a team.
3:00:00		SEASO)N	
	3:01:00	2		ason for the Fall 202 <mark>0 B</mark> oys & Girls Clubs – Alaska Soccer League shall be Igust 10-Septembe <mark>r 26, 2</mark> 020 (or thereabouts) for U6-U12 Divisions.
	3:02:00			ration of the Fall 2020 BGCA Soccer Season will last a total of 7 weeks. The ek will be designated solely for practice.
	25	3:02:01		During the first week, there will be 2 practices and 0 games per week, with each practicing lasting 1 hour in length for the U6-U12 Divisions.
	N	3:02:03		After the first week, there will be 1 practice and 1 game per week, with each practicing lasting 1 hour in length for the U6-U12 Divisions.
	3:03:00		No gam	nes will be scheduled and no team may practice over Labor Day weekend.
4:00:00		DIVISIO	ONS	
	4:01:00		Divisior	is for the Fall 2020 BGCA Soccer Season will be as follows:
	S	4:01:01		U6 Division: Players in this division must be born between January 1, 2015- December 31, 2016
	8	4:01:02		U8 Division: Players in this division must be born between January 1, 2013- December 31, 2014
	C	4:01:03		U10 Division: Players in this division must be born between January 1, 2011- December 31, 2012
	5	4:01:04		U12 Division: Players in this division must be born between September 1, 2008-December 31, 2010
	4:02:00		by-case	er will be allowed to participate out of his/her Age Division except on a case- basis. Players will be assigned to Divisions based on their birthdate and ly participate on one team during a season.
	4:03:00			will be allowed to play in the next higher Age Division provided they meet the g requirements:
		4:03:01		The player must have the prior approval from the BGCA Director of Athletics.
		4:03:02		Participants may move up one Age Division only.
		4:03:03		No player may leave a higher division after registering and participating in that division to play in a lower division, even if they are eligible to play in the lower division.
	4:04:00		Divisior	is are coed.
	4:05:00		Divisior enrollm	is are subject to change or cancellation due to lack of ent.
5:00:00)	PLAYIN	NG ARE	A, EQUIPMENT & UNIFORMS
	5:01:00			d size, its markings, and the goal size will be determined by the Director of s based on the facilities available.
		5:01:01		U6 Division: The field size for this Division shall be a 15-20 X 20-25 yards



	1.	Goal Area: 4 yards in front of each goal and from each goal post
	2.	Center Circle: Located at the center of the field with a 4 yard radius
	3.	Corners Arcs: Located on all four corners of the field with a 1 yard radius
5:01:02	2 U8 Div	ision: The fiel <mark>d</mark> size for this Division shall be a 25-30 X 35-40 yards
	1 .	Goal Area; <mark>4 ya</mark> rds in front of each goal and from each goal post
	2.	Penalty A <mark>rea: 8</mark> yards in front of each goal and from each goal post
	3.	Center Circle: Located at the center of the field with a 4 yard radius
	4.	Corners Arcs: Located on all four corners of the field with a 1 yard radius
5:01:03	BU10-12 yards	2 Divisions: The field size for this Division shall be a 35-40 X 55-60
	1.	Goal Area: 4 yards in front of each goal and from each goal post
	2.	Penalty Area: 12 yards in front of each goal and from each goal post
	3.	Penalty Spot: 8 yards from the center of the goal line
5:01:03	4.	Penalty Arc: 8 yard radius from the Penalty Spot to edge of the Penalty Area
5	5.	Center Circle: Located at the center of the field with a 8 yard radius
22	<mark>6.</mark>	Corners Arcs: Located on all four corners of the field with a 1 yard
0		radius
5:02:00		build be clearly marked by 2-4" thick lines.
5:03:00	players on the as the Team or	o are not on the field must sit in a top of a different color from the field and out of the designated playable area. This area will be known ⁻ Technical Area. Coaches may stand next to the field and may move of the field (within their half to coach their team).
5:03:01		will sit on the same side of the field while spectators will take up
5:03:02	2 Specta	ancy on the opposing side tors viewing the game from behind the goals must remain at least 8 rom the goal line
5:03:03	same s	event two fields are side by side, both sets of teams shall occupy the side of the field and both sets of spectators shall occupy the opposing
5:05:00) The off	of the area the teams will occupy. Ficial ball for U6-U8 Divisions will be any ball designated as Size 3. The ball for the U10-U12 Divisions will be any ball designated as Size 4.
5:06:00		goal will be adjusted to meet the standards for each division. The size ich division is as follows:
5:06:01	U6-U8	Divisions: 6'-9' x 4-'5'
5:06:02	2 U10-U	12 Divisions: 14'-18' x 6'-7'
5:07:00		ust wear their team jersey and shorts during all games. No other permitted. Jerseys must also be tucked in at the start of the game.



	5:08:00	Players MAY NOT wear jewelry during practices or games. Stud earrings cannot be covered by tape. The only exception is for a religious symbol or medic alert bracelet or necklace. If worn, the jewelry must be protected under the player's uniform or wristband.
	5:09:00	Players MAY NOT wear a guard, cast or brace made of hard and unyielding leather, plaster, pliable (soft) plastic, metal or any rigid substance, even though padded, on the finger, hand, wrist or distal ½ of the forearm. Supports/braces are permitted on other parts of the body in judgment of the Referee/Official, they are not considered dangerous. The Referee/Official will, however, require the support/brace to be covered and padded if a sharp edge or point is exposed. Shin-guards are mandatory both in practice and games and are worn inside the socks.
	5:11:00	Footwear can be athletic shoes or soft-cleated shoes. Metal spikes are prohibited.
6:00:00		ES & STANDINGS AND POSTSEASON SEEDING
	6:01:00	Final scores will not be recorded and Standings will not be kept for the U6-U8 Divisions
	6:02:00	Final scores will be recorded and Standings will be kept during the Regular Season for scheduling purposes for the Second Stage of the Regular Season (when applicable) for the U10-U12 Divisions
	6:02:0	1 To balance out the level of competition and further promote player development, teams in each Division will play each other at least once in round-robin play during the First Stage of the Regular Season (when applicable). The remaining schedule for each team for the Second Stage of the Regular Season will consist of games versus a more balanced level of competition e.g. at the end of round-robin play, Team Ranked #1 vs. Team Ranked #2, Team Ranked #3 vs. Team Ranked #4, Team Ranked #5 vs. Team Ranked #6, etc.
	6:02:0	2 In the event that two teams finish the Regular Season with an equal number of points, the following system will be used to break the tie until one team ranks ahead of the other(s):
		1. Goal Differential (GD)
		2. Goals Against (GA)
		3. Goals For (GF)
		4. Head-to-head
		5. Coin Toss (2 teams) or Drawing of Lots (3 or more)
7:00:00) TIME	CONSIDERATIONS
	7:01:00	Games must start and end on time to remain on schedule.
	7:01:0	1 U6 Division: The game will be played with three 10-minute periods. There will be a 2-minute "half-time" between periods. Teams will change sides after each period. The games shall be terminated regardless of the time remaining to accommodate the next scheduled time.
	7:01:0	2 U8 Division: The game will be played with two 20-minute halves. There will be a 4-minute "half-time" between periods. Teams will change sides after



		halftime. The games shall be terminated regardless of the time remaining to accommodate the next scheduled time.
7:	:01:03	U10-U12 Divisions: The game will be played with two 25-minute halves. There will be a 5-minute "half-time" between periods. Teams will change sides after halftime. The games shall be terminated regardless of the time remaining to accommodate the next scheduled time.
7:02:00	Time-ou	uts are prohibited in games of soccer irrespective of the Division.
7:03:00	for late e.g. He backgro	es/Officials will use their discretion before forfeiting a game. The grace period arriving players to meet the minimum number of players to play or a volunteer ad Coach, Assistant Coach, Team Manager or parent, with an approved bund check to be on the sidelines to work directly with children is 10 minutes e scheduled start time.
7:	:03:01	A team delaying the start of a game by more than 10 minutes will forfeit the game to the opponent by a score of 1-0.
7:	:03:02	In the event that both teams fail to show up for a game and the contest has not been postponed, both teams will be assessed a 0-0 draw (though points will not be awarded) and the game will NOT be rescheduled.
7:04:00		ame begins late, that game will be shortened accordingly in order to return to inal playing schedule.
7:	:04:01	All halves must be the same time in length of the full game time if shortened due to a delayed start time
7:05:00	If time e	expir <mark>es</mark> with the game tied, the score will remain as such.
8:00:00 R		S AND NUMBER OF PLAYERS ON THE FIELD
8:00:00 R 8:01:00	OSTER SIZES	
8:01:00	OSTER SIZES	S AND NUMBER OF PLAYERS ON THE FIELD sion: Each team will play with 3 players on the field. The roster maximum for
8:01:00 8:	OSTER SIZES U6 Divis each te	S AND NUMBER OF PLAYERS ON THE FIELD sion: Each team will play with 3 players on the field. The roster maximum for am shall be no more than 5 players and no less than 3 players. The minimum number of players on the field shall be no less than 2 players. If one team is "short" players, the opposing team is asked to reduce their number of players on the field to equal the number of the opposition, but not
8:01:00 8:	OSTER SIZES U6 Divis each te :01:01	 S AND NUMBER OF PLAYERS ON THE FIELD sion: Each team will play with 3 players on the field. The roster maximum for am shall be no more than 5 players and no less than 3 players. The minimum number of players on the field shall be no less than 2 players. If one team is "short" players, the opposing team is asked to reduce their number of players on the field to equal the number of the opposition, but not obligated to oblige. If the team has less than 2 players present the game will be canceled and the short team will forfeit. sion: Each team will play with 5 players on the field to include a goalkeeper. Iters maximum for each team shall be no more than 10 players and no less
8:01:00 8: 8: 8:02:00	OSTER SIZES U6 Diviseach te 01:01 01:02 U8 Divis The ros	 S AND NUMBER OF PLAYERS ON THE FIELD sion: Each team will play with 3 players on the field. The roster maximum for am shall be no more than 5 players and no less than 3 players. The minimum number of players on the field shall be no less than 2 players. If one team is "short" players, the opposing team is asked to reduce their number of players on the field to equal the number of the opposition, but not obligated to oblige. If the team has less than 2 players present the game will be canceled and the short team will forfeit. sion: Each team will play with 5 players on the field to include a goalkeeper. Iters maximum for each team shall be no more than 10 players and no less
8:01:00 8: 8:02:00 8:	OSTER SIZES U6 Divise each te :01:01 :01:02 U8 Divis The ros than 7 p	 SAND NUMBER OF PLAYERS ON THE FIELD sion: Each team will play with 3 players on the field. The roster maximum for am shall be no more than 5 players and no less than 3 players. The minimum number of players on the field shall be no less than 2 players. If one team is "short" players, the opposing team is asked to reduce their number of players on the field to equal the number of the opposition, but not obligated to oblige. If the team has less than 2 players present the game will be canceled and the short team will forfeit. sion: Each team will play with 5 players on the field to include a goalkeeper. ters maximum for each team shall be no more than 10 players and no less blayers. The minimum number of players, the opposing team is asked to reduce their number of players on the field shall be no less than 4 players. If one team is "short" players, the opposing team is asked to reduce their number of players on the field shall be no less than 4 players.
8:01:00 8: 8:02:00 8:	OSTER SIZES U6 Diviseach te each te 01:01 01:02 U8 Divis The ros than 7 p 02:01	SAND NUMBER OF PLAYERS ON THE FIELD sion: Each team will play with 3 players on the field. The roster maximum for am shall be no more than 5 players and no less than 3 players. The minimum number of players on the field shall be no less than 2 players. If one team is "short" players, the opposing team is asked to reduce their number of players on the field to equal the number of the opposition, but not obligated to oblige. If the team has less than 2 players present the game will be canceled and the short team will forfeit. sion: Each team will play with 5 players on the field to include a goalkeeper. ters maximum for each team shall be no more than 10 players and no less olayers. The minimum number of players on the field shall be no less than 4 players. If one team is "short" players, the opposing team is asked to reduce their number of players on the field to equal the number of the opposition, but not obligated to oblige.



				number of players on the field to equal the number of the opposition, but not obligated to oblige
		8:03:02		If the team has less than 5 players present the game will be canceled and the short team will forfeit.
	8:04:00		the gam to the p	U6 Division only, one coach per team is permitted to be on the field during le. Each coach should not interfere with the flow of play, but he/she may talk ayers and provide added instruction with less confusion. Additionally, s will self-officiate games as referees are not provided for these age groups.
9:00:00)	MINIMU	JM PLA	
	9:01:00			ers are required to play a minimum number of minutes per game (or series of regardless of t <mark>hei</mark> r skill level:
	S	9:01:01		U6-U8 Divisio <mark>ns</mark> : Players are required to play at least half of each game
	S	9:01:02		U10-U12 Div <mark>isions: Players are required to play at least 2</mark> /3 (or 4 out of 6 halves) over the duration of a 3 game series.
	9:02:00		game (o number	coach's discretion to play a player half the minimum number of minutes per or series of games) if said player missed the practice (or two depending on the of practices per week) prior to the next scheduled game. This rule is ole to all players for all unexcused absences.
	E	9:02:01		This rule is also applicable to players who exhibit behavioral issues or a disrespectful attitude
	9:03:00			ne al <mark>lott</mark> ed by coaches becomes "unreasonable" (to be determined upon a athletics Staff review), BGCA Athletics Staff will assess concerns specific to ation.
10:00:0	0	GENER	RAL RUL	ES OF PLAY
	10:01:0	0	FIFA La	ws of the Game will be followed with the following exceptions:
	10:02:0	0	The gar center c	ne is started with the ball placed on the midfield line of at the center of the ircle:
		10:02:0		U6-U8 Divisions: Players of the opposing team must be 4 yards away when the kick is taken. When the referee gives the signal, the ball is in play when it is kicked and moves forward. The kicker may not touch the ball a second time until it has touched another player.
		10:02:0		U10-U12 Divisions: Players of the opposing team must be 8 yards away when the kick is taken. When the referee gives the signal, the ball is in play when it is kicked and moves forward. The kicker may not touch the ball a second time until it has touched another player.
	10:03:0	0	Scoring	a goal may be done by the following means:
	4	10:03:0	1	Goals can be scored from anywhere, but the ball must pass below the crossbar, between the goal posts, and wholly cross the goal line.
		10:03:0	2	A goal can be scored directly from the kickoff. A goal may also be scored directly from a goal kick, but only against the opposing team.
		10:03:0		A goal cannot be scored directly from an indirect free kick or throw-in. The ball must touch another player on the field of either team before going into the goal for a goal.



10:04:00	When the ball goes wholly across the touch line (sideline) or wholly across the goal line, the game is restarted by:
10:04:0	1 U6-U12 Divisions: When the ball goes wholly across the touch line (sideline), the game is restarted with a kick-in. When the ball goes wholly across the goal line, the game is restarted with a goal kick or corner kick. The ball is awarded to the team opposite of that of the player who last touched the ball.
	1. Over the touchline: The ball is placed on the line where the ball went out.
	 Over the goal line by the ATTACKING team: The ball is placed anywhere in the goal area. Over the goal line by the DEFENDING team: The ball is placed in the corner where the GOAL LINE meets the touchline.
3	Please Note: For the Fall 2020 Season, kick-ins will be used instead of throw-ins for the U8-U12 Divisions as a means to mitigate the spread of COVID-19.
10:05:00	Fouls and Misconduct are acts committed by players that are deemed by the referee to be unfair and are subsequently penalized. An offence may be a foul, misconduct or both depending on the nature of the offence and the circumstances in which it occurs.
10:05:0	A Foul is an unfair act by a player, deemed by the referee to contravene the game's laws, that interferes with the active play of the game. Fouls are punished by the award of a free kick (direct or indirect depending on the offence) or penalty kick to the opposing team. Fouls mostly concern unnecessarily aggressive physical play and the offence of handling the ball. Additionally, a foul can only be committed by a player (not a substitute) and on the field of play, while the ball is in play. Where applicable, fouls are limited to acts committed against an opponent.
10:05:0	2 Misconduct is any conduct by a player that is deemed by the referee to warrant a disciplinary sanction (caution or dismissal). Misconduct may include acts that are, additionally, fouls. Misconduct may occur at any time, including when the ball is out of play, during half-time and before and after the game, and both players and substitutes may be sanctioned for misconduct. Misconduct will result in the player either receiving a caution (indicated by a yellow card) or being dismissed ("sent off") from the field (indicated by a red card).
10:06:00	A Direct Free Kick is awarded when a player commits any of the following:
10:06:0	1 U6-U8 Divisions: Direct Free Kicks are NOT awarded in these divisions for infringements
10:06:0	2 U10-U12 Divisions: Direct Free Kicks are awarded for tripping, pushing, striking, holding or kicking an opponent. Additionally, a player cannot pick-up, hold, stop or propel the ball with his/her hands.
	 The kick is awarded to the opposite team and is taken from the spot where the foul occurred. Players of the opposing team must be a minimum of 8 yards away from the ball in the U10-U12 Divisions when a free kick is taken. If the foul occurred INSIDE the penalty area, a penalty kick is awarded and the ball is placed 8 yards from the goal line in the U10-



		U12 Divisions. All players except the goalkeeper and the player taking the penalty kick must be outside the penalty area and the penalty arc.
		Kick (i.e. the ball must touch another player on the field before a goal is awarded when a player commits any of the following:
10:06:01	U6-U8 infringe	Divisions: Indirect Free Kicks are awarded in these divisions for ALL ments
S	1. 2. 3.	The kick is awarded to the opposite team and is taken from the spot where the foul occurred. If the foul occurred INSIDE the goal area, the ball is placed on the goal area line nearest to the spot of the foul. Players of the opposing team must be a minimum of 4 yards away from the ball when a free kick is taken. In any case, A GOAL CANNOT BE SCORED DIRECTLY FROM AN INDIRECT FREE KICK, including out-of-bound free kicks.
10:06:02	playing ball fror	2 Divisions: Indirect Free Kicks are awarded for offenses such as in a dangerous manner, preventing the goalkeeper from releasing the n his or her hands, impeding the progress of an opponent ction), or commits any other offense for which play is stopped
10:06:02	1. 2. 3.	The kick is awarded to the opposite team and is taken from the spot where the foul occurred. Players of the opposing team must be a minimum of 8 yards away from the ball in the U10-U12 Divisions when a free kick is taken. A goal cannot be scored directly off of an Indirect Free Kick; it must touch another player from either team to be a goal.
	he OFFS <mark>IDE</mark> r e U10- <mark>U12</mark> Di	ule is not used in the U6-U8 Divisions. The OFFSIDE rule is used in visions
10:08:01	<mark>lt is not</mark>	an offence in itself to be in an offside position
10:08:02	A playe	r is in an offside position if:
	A	He/she is nearer to his opponents' goal line than both the ball and the second last opponent
10:08:03	A playe	r is not in an offside position if:
		He/she is in his own half of the field of play or
	2.	He/she level with the second last opponent or
	3.	He/she level with the last two opponents
10:08:04	touches	r in an offside position is only penalized if, at the moment the ball s or is played by one of his/her team, he/she is, in the opinion of the , involved in active play by:
	1.	Interfering with play or
	2.	Interfering with an opponent or
	3.	Gaining an advantage by being in that position
10:08:05	There is	s no offside offence if a player receives the ball directly from:
	1.	A goal kick or



	2. A throw-in or
	3. A corner kick
10:08:06	For any offside offence, the referee awards an Indirect Free Kick to the opposing team to be taken from the place where the infringement occurred.
	Goalkeepers will NOT be used in the U6 Division. In the U8-U12 Divisions, goalkeepers will be used and Goalkeeper Rules will apply
10:09:01	In the U6 Division, there is no rule against "GOALTENDING" (baby guarding) in the 3v3 & 4v4 games. However, "GOALTENDING" is highly discouraged when your team has possession of the ball and is going forward on the attack. The Boys & Girls Club Athletics Staff strongly recommends the coaches get the goal tenders to come out and support the play.
	Heading the ball, either in practices or games, is strictly prohibited in the U6-U12 Divisions.
10:10:0	When a player deliberately heads the ball in a game, an Indirect Free Kick will be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the Indirect Free Kick will be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.
	Substitutions are at the discretion of the Head Coach and can be made during any stoppage during the game with the Referee's permission.
99	Player Development Rule: If a team is up by 4 or more goals, the Player Development Rule (PDR) will go into effect and the following amendments to the BGCA Rules of Soccer will be applied:
10:12:07	The team leading must make at least 5 passes without loss of possession before taking a shot. If a goal is scored by the team leading before a minimum of 5 passes without loss of possession are made, the goal will not count and a goal kick will be awarded to the team behind.
10:12:02	Penalty Kicks to the team leading are exempt to the Player Development Rule as are an own goal scored against the team behind.
10:12:03	The team leading must drop behind the half to defend when it is a goal kick and are only allowed to challenge for the ball initially once the ball crosses into their defensive half of the court. If the team leading challenges for the ball before it has crossed the half, a foul will be called and an Indirect Free Kick will be awarded to the team from the spot where the infraction occurred.
10:12:04	Playing by the Player Development Rule will be dismissed once the score for both teams fall within a one-goal difference. The Player Development Rule may be enacted again if the goal difference again becomes four or greater.
11:00:00 COACH	ES RESPONSIBILITIES
	Any person interested in being a Head Coach, Assistant Coach, Team Manager or any other volunteer staff member who will be in direct contact with participants must complete a Boys & Girls Clubs – Alaska Volunteer Coaching Application and Consent

for Criminal Background Check (and have his/her background check approved). The BGCA Director of Athletics will evaluate and make decisions regarding current Head

Coaches who request assignment to a new Division.



11:01:0	1 If a team does not have in place a volunteer e.g. Head Coach, Assistant Coach, Team Manager or parent, with an approved background check, said team may NOT play games till an approved volunteer is in place to work directly with children.
11:02:00	All Head and Assistant Coaches may complete the United Soccer Coaches (USC) Foundations of Coaching Diploma course, which is sponsored by Boys & Girls Clubs + Alaska Athletics: <u>https://unitedsoccercoaches.org/foundations</u>
11:03:00	All Head and Assistant Coaches will be required to obtain a CDC Heads Up: Concussion in Sports Intro Course (available at no cost on-line): http://www.cdc.gov/concussion/HeadsUp/clinicians/index.html?source
11:04:00	The Head Coach and/or Assistant Coach must be present at all practices and games. If either the Head Coach or Assistant Coach is not available, then another adult, who has completed the Consent for Criminal Background Check and been cleared by Boys & Girls Club – Alaska Athletics Staff may substitute.
11:04:0	1 If a team does not have in place a volunteer e.g. Head Coach, Assistant Coach, Team Manager or parent, with an approved background check, said team may NOT practice nor play games till an approved volunteer is in place to work directly with children.
11:05:00	The Head Coach is responsible for the conduct of his/her players before, during, and immediately following practice or the game, until the time when the player's parent or guardian assumes responsibility of the player.
11:06:00	The Head Coach is responsible for the conduct of the parents of his/her players during the game and at practice.
11:07:00	It is expected that Coaches instill a high level of sportsmanship in their players. Players should develop and demonstrate a high level of respect for the sport of Soccer, officials, coaches, parents, teammates, and opponents. This includes high fiving opponents and shaking referee's hands after the game, irrespective of the result.
11:08:00	Along with sportsmanship, Coaches should instruct players, using the four components of coaching – technical, tactical, physical, psychosocial – which are age appropriate and prepare them for competition.
12:00:00 REFER	EES/OFFICIALS RESPONSIBILITIES
12:01:00	Referees/Officials are the official authority on the field. Referees/Officials will speak only with team captains or the Head Coach during the game. Coaches, Players, and Parents may not at any time touch a Referee/Official. Violation of this rule will result in a Red Card, which could result in an ejection from the game and removal from the Soccer program.
	PLEASE NOTE: ANY EJECTION will result in a one-game suspension and require an immediate review by the BGC Athletic Dept. if further disciplinary action is needed.
12:02:00	Pregame
12:02:0	1 The Referee/Official shall check the playing area and its immediate surroundings to ensure it is safe and playable. If the Referee/Official does not feel the playing area is safe or can be brought up to a safe, playable standard in a reasonable amount of time which won't interfere too much, if at



	all, with the start of the game, he/she has the right to abandon the game in the best interest of player safety.
12:02:02	The Referee/Official will check Player Cards to ensure everyone is able to play and inspect the players to make sure they are wearing the proper jersey and equipment.
12:02:03	Referees/Officials shall remind coaches to enter the roster of their team into the scorebook.
12:02:04	Referees/Officials shall remind the Coaches of parental scoring and time keeping duties and ensure that those requirements are fulfilled before the beginning of the game (if applicable).
12:02:05	Referees/Officials will start the game on time. They may use their discretion before forfeiting a game (see 7:02:00).
12:03:00 During	the Game
12:03:01	Referees/Officials shall use discretionary powers of enforcement of all rules of the game depending on the age and skill level of the players.
12:03:02 12:03:03	A Referee/Official may initially give a verbal warning to a player that they are committing an infraction. If the player continues to violate the rule, the Referee/Official will stop the game, explain the infraction, and describe the correct way to play.
12:03:03	The Referee/Official will use the discretion to ensure a safe playing environment which promotes fair play, but should allow all players, regardless of ability, to compete and have fun.
12:03:04	Re <mark>fer</mark> ees/Officials will help time keepers keep track of time outs, time between quarters, time between halves, time between games, etc.
12:03:05	Referees/Officials will use their discretion for the ejection of coaches, players, parents, and fans from games or venue.
12:03:06	Referee/Official calls and decisions are final. Under no circumstances shall a coach, player, or parent approach the Referees/Officials and attempt to change or argue the outcome of a call. If a coach, player, or parent does so in a hostile manner, the officials have the option of ejecting said person from the venue.
12:04:00 Post G	ame
12:04:01	Referees/Officials shall report any coaches, players, and/or fans that were ejected from the venue by submitting a written Incident Report to the Boys and Girls Clubs – Alaska Director of Athletics within 48 hours of said incident(s). Referees/Officials may also verbally report the issue to a member of the BGCA Athletics Staff if the incident requires immediate attention.
12:04:02	The final scores of each game for Divisions keeping scores and standings must be reported to the BGCA Director of Athletics within 48 hours immediately following the game.
13:00:00 SPECTATORS	RESPONSIBILITIES
13:01:00 Parents	s, family, fans, or other spectators should keep in mind that the Boys and Girls

13:01:00

Parents, family, fans, or other spectators should keep in mind that the Boys and Girls Clubs – Alaska Soccer program places an emphasis of the program is to develop players who posses good sportsmanship and basic fundamental soccer skills while



giving each player similar playing time. Winning games may be a byproduct of the previously mentioned program emphasis, but at no point should winning games take precedent over the program emphasis. 13:02:00 Spectators (parents, fans, siblings, etc.) are restricted to the bleacher viewing areas during games. All spectators must show respect towards all players, coaches, and referee officials and must use only positive encouragement when cheering for players or teams. Spectators are also expected to demonstrate good sportsmanship at any Boys and Girls Clubs – Alaska Soccer venue. 13:03:00 There is **ZERO TOLERANCE** for disrespectful behavior and the spectator(s) could be asked to leave. 13:04:00 Spectators who display unsportsmanlike conduct should be approached by the Head Coach and will be asked to calm down or leave the premises. Further action may be taken by BGCA Athletics Staff. 13:05:00 Spectators who have questions about the Rules or complaints about the program should first speak to the Head Coach. If the issue or situation cannot be resolved at the team level, then a spectator may contact the BGCA Director of Athletics for further clarification. Spectators (parents, fans, siblings, etc.) should not contact the BGCA Director of Athletics unless they feel the Coach is doing something illegal, unethical, immoral or unsafe. Every effort must be made to adhere to the chain of command. 14:00:00 UNSPORTSMANLIKE CONDUCT 14:01:00 **Unsportsmanlike** conduct and/or unsafe behavior by a player, coach or parent, or spectator will not be tolerated. 14:02:00 **Unsportsmanlike** conduct by a player will result in a Red Card and election from the game and will not be permitted to play in the rest of the match in addition to being suspended for the team's next scheduled game. 14:03:00 Unsportsmanlike conduct by a coach will result in a Red Card and ejection from the game and the coach will be suspended for the team's next scheduled game in addition to being placed on probation for the remainder of the season. If the coach receives a second Red Card that results in an ejection from the game, he/she will be removed from the program. 14:04:00 Unsportsmanlike conduct by a parent/spectator will result in a removal from the game venue. A second offense by the parent/spectator will result in their removal from the game venue for the remainder of the season. 15:00:00 **INJURIES** 15:01:00 If a player is injured, the game will be stopped and coaches will be allowed on to the field to attend to the player. Every effort will be made to remove the injured player (as long as it is safe to do so) from the field as guickly as possible so the game can be resumed. Once the player has recovered or been helped to the sideline, the game will resume. Time will not be added to the allotted game time to because of the injury. 15:02:00 All injuries must be reported to the BGCA Athletics Department as soon as possible. Injury Reports must be forwarded to Boys & Girls Clubs – Alaska Athletics Staff within 24 hours upon witnessing the injury or being notified. All injuries need to be reported as soon as possible regardless of how minor or severe. To report an injury, call the Athletics Department at 249-5445. Use the included Incident/Accident Report Form.



16:00:00 BANNED SUBSTANCES

16:01:00 The use of, possession and/or consumption of alcoholic beverages, tobacco, or legal/illegal drugs (unless prescribed by a doctor for a medical condition) by coaches, players or officials, immediately before, during or after the playing of any youth soccer game, practice, or Team Event/Activity is **EXPRESSLY PROHIBITED!** Any infraction will be considered extremely serious and there is a **ZERO TOLERANCE POLICY!** Any offender is subjected to immediate suspension.

17:00:00

CHANGES AND/OR EXCEPTIONS

17:01:00

Any change and/or exception to these rules must be addressed to the BGCA Director of Athletics and/or the BGCA Soccer Technical Advisory Board. The BGCA Director of Athletics, upon the BGCA Soccer Technical Advisory Board, can change any of these rules if they feel it is appropriate and in the best interest of the BGCA Soccer program.

