

Freshmen Practice Schedule – Fall 2025

Week of July 28th:

Mon (7/28) – Thurs (7/31)–7:00 a.m.–practice will end around 8:30-9:00

Mon (7/28) – Thurs (7/31) – Titans Grille Donation Drive

Week of August 4th:

Mon (8/4) – 1st Day of School – No practice

Tues (8/5) – Fri (8/8) – 5:50 a.m. – practice

Tues (8/5) – 6:30 p.m.–Coaches' Mandatory Parent Meeting–AHS Gym

Sat (8/9) – 7:30 a.m. – Media Day (mandatory for all levels) – AHS field

Week of August 11th:

Mon (8/11) – Fri (8/15) – 5:50 a.m. - practice

Sat (8/16) – 7:30 a.m. -practice

Week of August 18th:

Mon (8/18) – Thurs (8/21) 5:50 a.m. – practice

Fri (8/22) – no practice

Sat (8/23) – 7:30 a.m. – practice

Sun (8/24) – Arcadia Football Kickoff at O.H.S.O. (all levels)

Week of August 25th:

Mon (8/25) – 5:50 a.m. – practice

Tues (8/26) – 5:30 p.m. - practice

Wed (8/27) – 6:00 p.m. – Home game (vs. Bradshaw Mountain)

Thurs (8/28) – 2:30 p.m. – 3:30 – weight room

Fri (8/29) – No practice

Sat (8/30) – No practice

Week of September 1st:

Mon (9/1) (Labor Day - No School) – No practice

Tues (9/2) – Thurs (9/4) – 5:50 a.m. – practice

Fri (9/5) – No practice

Sat (9/6) – 7:30 a.m. – practice

Week of September 8th:

Mon (9/8) – 5:50 a.m. – practice

Tues (9/9) – 5:30 p.m. - practice

Wed (9/10) – 6:00 p.m. – Away game (at Moon Valley)

Thurs (9/11) – 2:30 p.m. – 3:30 – weight room

Fri (9/12) – No practice

Sat (9/13) – 7:30 a.m.

Week of September 15th:

Mon (9/15) – 5:50 a.m. – practice

Tues (9/16) – 5:30 p.m. – practice

Wed (9/17) – 6:00 p.m. – Home game (vs. Deer Valley)

Thurs (9/18) – Study Hall 2:30-3:15 pm

Fri (9/19) – No practice

Sat (9/20) – 7:30 a.m. – practice

Week of September 22nd:

Mon (9/22) – 5:50 a.m. – practice

Tues (9/23) – (District Recess- No School) – 5:30 p.m. - practice

Wed (9/24) – 6:00 p.m. – Home game (vs. ALA West Foothills)

Thurs (9/25) – 2:30 p.m. – 3:30 – weight room

Fri (9/26) – No practice

Sat (9/27) – 7:30 a.m. - practice

Week of September 29th:

Mon (9/29) – 5:50 a.m. – practice

Tues (9/30) – 5:30 **p.m. - practice**

Wed (10/1) – 6:00 p.m. – Home game (vs. Combs)

Thurs (10/2) – (District Recess – No School**) – **No practice****

Fri (10/3) – No practice

Sat (10/4) – 7:30 a.m. - practice

Week of October 6th:

Mon (10/6) – 5:50 a.m. – practice

Tues (10/7) – 5:30 **p.m. - practice**

Wed (10/8) – 6:00 p.m. – Away game (at Mesquite)

Thurs (10/9) – 2:30 p.m. – 3:30 – weight room

Fri (10/10) – No practice

Sat (10/11) – 7:30 a.m. - practice

Week of October 13th: (Fall Break)

Mon (10/13) – 5:30 **p.m. – practice**

Tues (10/14) – 5:30 **p.m. – practice**

Wed. (10/15) – 6:00 p.m. – Home game (vs. Poston Butte)

Thurs (10/16) – No practice

Fri. (10/17) – No practice

Sat (10/18) – 7:30 a.m. – practice

Week of October 20th:

Mon (10/20) – 5:50 a.m. – practice

Tues (10/21) – 5:30 **p.m. - practice**

Wed (10/22) – 6:00 p.m. – Home game (vs. Eastmark)

Thurs (10/23) – 2:30 p.m. – 3:30 – weight room

Fri (10/24) – No practice

Sat (10/25) – 7:30 a.m. - practice

Week of October 27th:

Mon (10/27) – 5:50 a.m. – practice

Tues (10/28) – 5:50 a.m. - practice

Wed (10/29) – 5:30 **p.m. – practice**

Thurs (10/30) – 4:00 **p.m. – Home game (vs. Snowflake) - **last game****