

Return to Play Spring '21

Kickers Soccer Club

www.kickerssoccerclub.org

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Please review all listed prior to the first training session

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Guidelines

- Kickers Soccer Club is dedicated to protecting the healthy and safety of our soccer community. The purpose of this document is to provide our travel members with information on returning to play in context of the COVID-19 pandemic. All of our information is provided to us from:
 - Illinois Youth Soccer Association (IYSA)
 - Illinois Department of Public Health (IDPH)
 - "Illinois All Sports Policy"

Guidelines for sports are fluid and subject to change at any point based on governmental requirements. Should the state loosen or tighten restrictions during the season, Kickers SC will follow those changes and update protocols.

Guidelines (Continued)

- Social distance must be maintained before, during, and after training when allowable.
- Participants must have normal temperature readings (below 100.4°F)
- Players must bring their own equipment to training sessions.
- Players must remain in their vehicles until 10 minutes prior to the start of their training sessions.
- Players must come to training ready to practice with all gear on.
- Training Bibs/Pinnies may be used as long as players are not sharing the same pinnie.
 - Coaches are responsible for washing/disinfecting pinnies after every training session.
 Players will have their own pinnie to use for training (if used).

Face Covering/Mask Guidelines

- 1. Per the current Illinois All Sports Policy "All participants must wear a face covering/mask that fully covers their nose and mouth, whether indoors or outdoors." This includes players, coaches, referees, and spectators. *Those that fail to do so will be removed from play
- 2. If a medical condition prevents athlete from wearing a face covering/mask while participating please follow the steps below:
 - Contact Director of Soccer, Madison Pickett, prior to the first training session.
 - (e) madison@kickerssoccerclub.org / (c) 630-346-2734
 - Provide and submit a written doctor's note to Kickers Soccer Club

Spectator Guidelines

- Please try to limit spectators to household family members only at practices and games.
- It is recommended that spectators bring their own chair to sit in duration the duration of the practice, no seating will be provided.
- Spectators must sit/stand at least 6 feet away from any other attendee who does not live in their immediate household.

See next page for information on spectator face covering/mask guidelines

Spectator Guidelines (continued)

- Spectators and non-participant individuals should wear a face covering at all times whether indoors or outdoors, except for:
 - o when actively eating or drinking,
 - people with medical conditions or disabilities that prevent them from safely wearing a face covering, o individuals younger than 2 years of age, and
 - o individuals who have trouble breathing or are unconscious, incapacitated, or otherwise unable to remove the cover without assistance.

If unable to wear a facemask due to above reasons, you must maintain social distancing.

Health Check Requirements

- Participants must have normal temperature readings (below 100.4 Degrees)
 - Make sure all players are healthy prior to arrival. Stay home if not.
- Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.
- Hand sanitizer and disinfectant will be supplied upon entering and exiting the fields. All will be supplied by Kickers Soccer Club.

Exposure Expectations

This policy must be followed at all times.

IF YOU'VE BEEN EXPOSED OFF THE FIELD

- Contact Madison Pickett IMMEDIATELY via phone call (630)346-2734
 - a. Information needed:
 - i. Possible exposure date
 - ii. Training attended since possible exposure date.
- Must self quarantine for 14 days. If symptoms arise, contact club immediately. See next steps.

IF PLAYER TESTS POSITIVE

- 1. Contact Madison Pickett IMMEDIATELY via phone call (630)346-2734
- Must self quarantine for at least 14 days.
- 3. No signs, symptoms, or fever for at least 72 Hours.
- 4. Provide 2 negative COVID-19 tests.
- 5. Doctors note clearing for participation.

Player Attendance

Coaches - 2020/21 Schedule Upcoming All Today lan Nothing Scheduled Today 14 Mon 6:00 - 9:00 PM lan 18 Indoor Training Starts - Coaches -2020/21 Go For It Sports, Galena Road, Yorkville,... (x)

Each player is required to mark their attendance for each training session on the Sports Engine Team App.

- **Step 1.** Go to your SportsEngine App
- Step 2. Select your athlete(s) team
- Step 3. Select the schedule icon

Step 4

- Step 4. RSVP to your team training
- Step 5. Confirm RSVP has been submitted

Select one of the icons displayed. If selected, the icon will be highlighted in green for yes, yellow for maybe, and red for no.

GO KICKERS!

Madison Pickett

Director of Soccer madison@kickerssoccerclub.org 630-346-2734

Amy Ashta

Club Administrator admin@kickerssoccerclub.org 630-506-0059

Coaches contact information may be found on our <u>website</u>

