



Boy's Travel Packet Guide

2024



From a monumental 2023 club season that brought HOV's first ever boys' travel volleyball programming, we are excited and expectant of an amazing 2024 club season. As the area's ONLY boys' volleyball club, our organization will always prioritize the development and growth of boys' volleyball. While the recent 2023 season brought many new challenges and opportunities for growth, HOV has vowed to continue utilizing the momentum of the previous season to continue offering opportunities to boys' wanting to play volleyball.

At Heart of Virginia, we have made a considerable number of investments in securing the best coaching staff and facilities to prepare our athletes not only for on court situations, but for off-court lessons. Our coaches have years of experience on the court and/or on the side-lines. I am confident you will always be able to see the passion and purpose our coaching staff holds for the sport of volleyball. Our goal at HOV is deeper than just athletic competence and skill. We strive to teach and lead our athletes to developing life-long skills that will stick with them throughout their life. In the end, we believe it's simply not enough to just win...our athletes will win AND grow into life-long leaders.

As boys' volleyball is continuing to grow throughout the country, HOV is continually prioritizing every opportunity possible to gain volleyball experience for our athletes. As HOV has a long history of volleyball programming, we are beyond excited to see how we will continue to grow the male-side of volleyball. Please read through this travel guide that captures the value and purpose of a HOV season.

We look forward to seeing you in our gym.

Best,

A handwritten signature in black ink, appearing to read 'Colton D. Fox', written in a cursive style.

Colton D. Fox

Our Foundation

In 1990, Beno Chappell founded the start to what is now Heart of Virginia Volleyball. Over the past 33 years endless numbers of fearless leaders have paved the way to offering top-tier volleyball programs to the greater Lynchburg area. Throughout many different changes of leadership, club facelifts, and an official non-profit status HOV is now home to over 16 travel volleyball teams, host many local volleyball tournaments (both indoor and outdoor), and volunteers hundreds of community service hours throughout the organization. Becoming part of the HOV family is not only about volleyball, it is about a commitment to the furtherment of and athlete's growth both on and off the court.

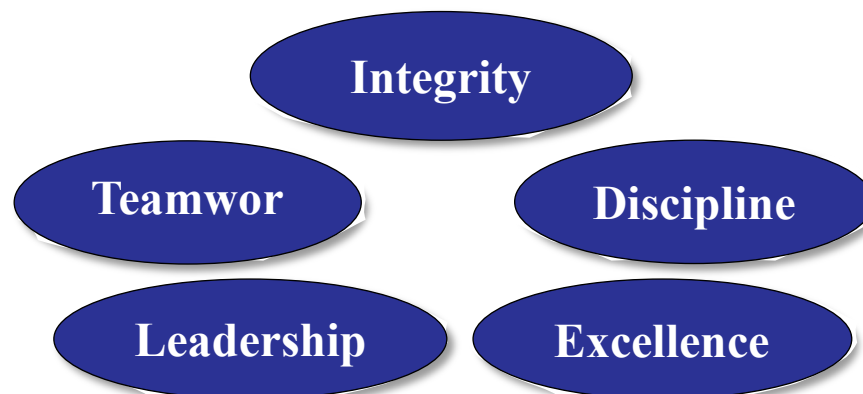
Our Mission

At HOV, our **MISSION** for our programs is that adolescent girls' and boys' players will be given the opportunity to develop and learn the game of volleyball while simultaneously learning the important life lessons of teamwork, commitment, time management, sportsmanship and dependability. Players have the ability to learn at the developmental level all the way to the highest level possible. Our players who come from diverse economic areas will come to know the importance of giving their best effort to the things that are important to them and carry forward the values we share for the betterment of the rest of their lives.

We are committed to fostering a welcoming environment through a diverse, equitable and inclusive game. We celebrate every race, age, disability, and background in our province, to unite as one community. We believe meaningful action can positively affect important changes in our sport and carry over into our everyday lives.

Our Vision

Every athlete that comes through HOV is continually taught the following core values. Our intention is that every HOV athlete is grow to continually embody these values in every aspect of their life.



GENERAL TEAM INFORMATION

For the 2024 travel season HOV is expecting to have **THREE (3)** boy's travel teams. The respective teams are listed below. **The 14's team is contingent upon the proper number of athletes that are willing to play in that age group** USAV Age Criteria Below:

USAV age eligibility criteria: 18 & Under = player who was born on or after July 1st of 2005

USAV age eligibility criteria: 17 & Under = player who was born on or after July 1st of 2006

USAV age eligibility criteria: 16 & Under = player who was born on or after July 1st of 2007

USAV age eligibility criteria: 15 & Under = player who was born on or after July 1st of 2008

USAV age eligibility criteria: 14 & Under = player who was born on or after July 1st of 2009

USAV age eligibility criteria: 13 & Under = player who was born on or after July 1st of 2010

- Notes about age criteria:

- USAV age is, by definition, the age of the athlete on JULY 1ST OF 2024
- Grade is not the primary determinant of USAV age eligibility. We include grade in this list simply as a point of reference.

Coaching Staff

<i>TEAM NAME/LEVEL</i>	<i>18 RED REGIONAL</i>	<i>16 RED REGIONAL</i>	<i>*14 White CLUB</i>
Head Coach	Nathan Jensen	Colton Fox	Tye T
Assistant Coach	Katie Burke	Evan Gwinn	-
Utility Coach	-	-	Kristen Hardie

Practice Schedules

Every team's practice schedule will be announced once teams are assigned. Practice schedules will be announced by October 14th, 2023.

Boys' Volleyball Schedule

Our organization strives to choose the best tournaments and dates for our athletes. Please keep in mind that we have the athlete's interest at the forefront of every decision that we make.

Important things to remember:

- ◇ We will host 1-2 home tournaments that cut down on travel expenses.
- ◇ Our schedules ALWAYS seek to accommodate for families' financial situations.
- ◇ Our athletes will compete at the highest level recommended for their team.

DATE	EVENT	LOCATION	18 Red	16 Red	14 White
September 30 th	Tryouts	HOV	✓	✓	✓
October 21 st	Boys' Volleyball Clinic, October 21 st 12:30pm to 2:30pm	HOV	✓	✓	✓
October 29 th	<u>Practice Begins</u>	HOV	✓	✓	✓
December 8 th	<i>HOV Season Kick Off</i>	HOV	✓	✓	✓
December 9 th	<i>Certapalooza</i>	HOV	✓	✓	✓
December 19 th to January 2 nd	<u>WINTER BREAK</u>	HOV	✓	✓	✓
January 6 th – 7 th	Home Tournament	Lynchburg, VA	✓	✓	✓
February 17 th -18 th	*Coast to Coast	Richmond, VA	✓	✓	
March 3 rd – 4 th	Battle of Bros	Raleigh, NC	✓	✓	
March 4 th	Battle of Bros	Raleigh, NC			✓
March 16 th – 17 th	*Home Tournament	Lynchburg, VA	✓	✓	✓

Please note the following:

- All teams will end after March 17th.
- *AAU Membership is required: \$25 fee
- There will be an option to extend the Boy's Programming for all participants.
 - This would include additional cost for athlete's looking to extend their season.
 - There will be a tryout held to solidify the extended season team!

Travel Cost

As we understand travel fees can be overwhelming and at some points challenging, we are providing this section of our information packet to guide families into the ease of travel volleyball. Whether this is your first, fifth, or final season with our HOV family, we hope that you are able to gauge the importance of the allocation of these fees.

<i>Boy's CLUB DUES</i>	18 RED Travel Player \$1,250	18 RED Practice Player \$700	16 RED Travel Player \$1,250	16 RED Practice Player \$700	*14 WHITE Travel Player \$950	*14 WHITE Practice Player \$670
<i>INCLUDES THE FOLLOWING:</i>						
Coaching Compensation	✓	✓	✓	✓	✓	✓
Gym Time for practices	✓	✓	✓	✓	✓	✓
Tournament Entry Fees	✓		✓		✓	
All Coaching-related travel expenses	✓		✓		✓	
Practice Tee Shirts	✓	✓	✓	✓	✓	✓
Uniforms	✓		✓		✓	
Coaches Training	✓	✓	✓	✓	✓	✓
Boy's Clinic hosted by 10-year Boys' Volleyball Coach	✓	✓	✓	✓	✓	✓
<u>October 21st, 2023, from 12:30 pm to 2:30 pm</u>						

The 14's team is contingent upon the proper number of athletes that are willing to play in that age group

- Club dues are paid in installments after an initial Acceptance Deposit is made.
- This fee DOES NOT include the memberships necessary to play. These will be discussed during the parent meeting.
- Practice Player: Practice players are encouraged to attend all practices and team related events. Practice players will be asked to attend any tournaments when there is a specific need for position or numbers of players to successfully participate in the tournament.

Acceptance Deposit:

This deposit is \$150. The fee goes towards the club fees. This must be paid to the club at the time of accepting the position offered to the athlete. This should be within seven days of the offer that is extended.

USAV and AAU Memberships must be purchased outside of club dues. The instructions and direction to do so will be announced.

FAMILY-DIRECTED TRAVEL PLAN – all teams of all ages. FAMILY-DIRECTED Travel is when an athlete's transportation, meals, lodging, and supervision is arranged and paid for by their parent or designated guardian for the entirety of the trip. The HOV Family has adopted FAMILY-directed travel club-wide, and dues include the cost of coach travel to the teams' events. Some events have Stay-to-Play requirements meaning the athletes will lodge with their parent, guardian, or teammate(s) at the expense of parents in hotel room blocks secured by HOV through the tournament's mandatory booking service.

OTHER INFORMATION

- **FOOD:** Each athlete's parent or designated guardian will be responsible for the food needs of their athlete including snacks and a healthy meal while playing. If team dinners are arranged, each individual is responsible for their own expense.
- **TEAM ACTIVITIES:** These are the responsibility of the athlete and their family. These events seek to create team chemistry and create team memories.
- **TRANSPORTATION AND LODGING:** Transportation and lodging expenses are the responsibility of the athlete and their family. These are not included in the club dues.

Uniforms

HOV has a variety of partnerships that allow our athlete's top of the line gear for their volleyball experience.

Please note the following about uniforms:

- Uniforms are included in club fees.
- If the athlete is a returning player and still plan to utilize your uniform from the previous season, you will receive a \$150 credit towards your club fees.
- Boys should only wear WHITE socks as part of their uniform gear and BLACK Shorts.
- Kneepads, court shoes, and other volleyball associated clothing are recommend but not required.
- Our partnership with Dick's Sporting Good allows all of our families to benefit from their year-round coupons for sporting goods. Here is the [LINK](#) for these coupons.

Spirit Wear

All HOV families have continued access to the following avenues of purchasing HOV spirit wear:

- ◇ [SquadLocker Team Store](#)
- ◇ *Merchandise Sales at Tryouts, Home Tournaments, and other local events*
 - *We advise individuals to utilize these opportunities as spirit wear typically sells fast!*

Financial Support

As mentioned above, we understand the financial burdens that many families may have to walk through. While club fees can often be frightening or dissuasive for travel volleyball, we ALWAYS want athletes to have opportunities to participate. The list below offers many ways to cut down on the club fees.

- HOV partners with many organizations that offer [grants and scholarship funds](#).
- Volunteer Opportunities at events held by HOV.
 - o *Each volunteer earns \$10-\$20 per hour for volunteering. This money is put towards club fees. Follow [Instagram](#) or [Facebook](#) for events!*
- [Snap Raise](#) is an incredible opportunity that is used to opt into receiving money for an athlete's travel fees. This will be announced/decided by December/January.
- [Fundraising](#) through team-sponsored events
 - o *This is decided by the team. Coaches and HOV staff must approve of the fundraising endeavor prior to event.*
- Financial Assistance Program (FAP)
 - o *Application and Needs-Based review process determines ways that HOV can assist families. This process looks over family income information, considerable factors, and requires approval by the Board of Directors. Check out the application process and to apply for FAP through our website: <https://www.cvvb.org/financialassistance>*