

2023 Practice Schedule

Practices are Tuesdays at Skyview
Only players and certified OAA staff allowed in gym

6:00-7:00

7:00-8:00

Gym B

Serv-ivors
Danene Kong

Net Domination
Kelly Strasser

Gym C

Spiker Chicks
April VanMassenhove

Itsy Bitsy Spikers
Aimee Rice

