

#### ARAA JO VOLLEYBALL FREQUENTLY ASKED QUESTIONS

### What is JO Volleyball?

USA Junior Olympic (sometimes called JO) Volleyball or club volleyball is a nationwide, junior volleyball system made up of individual clubs organized by region under the parent organization, USA Volleyball, for the primary purpose of growing and supporting the sport.

### Is JO Volleyball for skilled players only?

No, JO Volleyball is for players of any skill level. JO Volleyball focuses on skill building and knowledge of the game in a competitive setting.

How old does my daughter have to be to play in ARAA Junior Olympic Volleyball? Currently, we have teams that support 4th through 12th graders.

### What age group would my player participate in?

JO Volleyball teams are organized and labeled by age level, not grade level. The player's age level is determined by where their birthday is in relation to the July 1st date. Refer to the 23/24 USA Volleyball Age Definition Chart. ARAA Volleyball will consider grade first.

# Why are there tryouts?

Tryouts/assessments are needed to determine what team your daughter will play on. These teams are formed by placing players on teams with similar skill levels. Number of registrants per age level is also a factor in team placement.

#### What do the season fees go towards?

Our season fees go towards coaching, memberships, uniforms/apparel, equipment, gym time and tournament fees. Being part of a non-profit organization helps keep costs low.

#### Why is there a membership fee?

ARAA JO Volleyball players are a part of the Junior Volleyball Association. Players and coaches are required to become members in order to participate in tournaments.

### Why does my player have to take scorekeeping and officiating courses?

A unique part of JO Volleyball is that tournaments require participating teams to "work" matches when not sitting or playing. Each player will get the opportunity to scorekeep, line judge and ref matches at each tournament. Players cannot be rostered and will not be eligible to participate in tournaments until these courses are completed.

### How long is the JO season?

ARAA JO Volleyball's season length is designed to allow players to participate in spring sports. Practices and tournaments take place between December 1st and March 31st.

### How many practices a week will we have?

The number and length of practices you will have is determined by age level and gym availability.

# How many tournaments/playdates will we play in?

The number of tournaments/playdates will be determined by age level.

### What is the difference between tournaments and playdates?

Tournaments consist of pool play and bracket play over 1-2 days. Playdates are half day events that focus on learning of the game in both play and officiating/scorekeeping aspects. Most tournaments and playdates charge spectator entry fees.

## When do we find out our tournament/playdate schedule?

Tournament and playdate dates will be released to the team as soon as tournaments are selected by the coach and registered by our program. The exact times of the tournament or playdate are not released by the host until the Wednesday before the tournament. So save the date and wait for more information from your coach!