

U-16 Team 1 Orange

NO.	NAME	POS.	SCHOOL	GD YR
1	Leah Bosch	G	Hopkins/Park	2022
2	Anna Brown	D	Eden Prairie	2022
3	Hailey Eikos	D	Osseo-PC	2022
4	Hannah Graunke	D	Woodbury	2023
5	Lauren DeBettignies	D	Andover	2022
6	Delaney Lindner	D	Chaska/Chan	2022
7	Lindsey Crain	D	Stillwater	2022
8	Charlotte Brown	F	Eden Prairie	2022
9	Chole Lewis	F	Osseo-PC	2022
10	Taverie Sherner	F	Osseo-PC	2022
11	Presley Kraemer	F	Osseo-PC	2022
12	Riley Peterson	F	Shakopee	2022
13	Hailey Dawe	F	White Bear Lake	2024
14	Aiko Sims	F	Breck	2022
15	Marissa Miller	F	St. Francis/NB	2023
16	Emma Olson	F	Coon Rapids/CP	2023
17	Julia Jung	F	Blake	2023
18	Mackenzie McMillan	F	Benilde-SM's	2022
19	Josie Venem	F	Albert Lea	2022
20	Alexis Steinke	G	Hastings	2023

Coaches: Jaclyn Becklin SLP/Anoka
 Scott Waldo East Ridge

U-16 Team 2 Teal

NO.	NAME	POS.	SCHOOL	GD YR
1	Meghan Gibb	G	Cambridge/Isanti	2022
2	Kate Berchild	D	Minnetonka	2023
3	Ella Knewtson	D	Holy Family	2023
4	Josephine Reed	D	Prior Lake	2022
5	Nora Stepan	D	Eastview	2022
6	Natalie Miner	D	Mound-Westonka	2024
7	Kate Manning	D	Minnetonka	2023
8	Lola Troyak	F	Wayzata	2022
9	Courtney Jacobs	F	Wayzata	2023
10	Samantha Poe	F	Wayzata	2023
11	Kate Ness	F	Wayzata	2023
12	Isabel Burt	F	Woodbury	2022
13	Lauen McAlpine	F	Mounds View	2023
14	Ivy Rahn	F	Lakeville South	2024
15	Mallory Coffin	F	Wayzata	2022
16	Camryn Hargreaves	F	Mound-Westonka	2024
17	Luca Larson	F	Genrtry U-16's	2023
18	Samantha Mathe	F	Wayzata	2023
19	Ella Clow	F	Holy Angels	2022
20	Taylor Cozy	G	Hastings	2022

Coaches: Josh Chapman Rochester JM
 Tony Scheid Woodbury

U-16 Team 3 Maroon

NO.	NAME	POS.	SCHOOL	GD YR
1	Jordan O'Kane	G	Alexandria	2022
2	Brooke Nowicki	D	Blaine	2022
3	Audrey Keeley	D	Edina	2022
4	Nina Winter	D	Prior Lake	2023
5	Kaitlyn Ronn	D	Blaine	2022
6	Avery Cheeseman	D	Minneapolis	2023
7	Carlyn Woog	D	Eagan	2023
8	Katherine Stechmann	F	Edina	2022
9	Ella Tuccitto	F	Simley	2023
10	Emma Fellman	F	Duluth	2022
11	Jenna Horvat	F	Duluth	2023
12	Paige Nowicki	F	Blaine	2023
13	Mya Krueger	F	Blaine	2023
14	Catherine Urick	F	Eagan	2023
15	Molly Ryan	F	Minnetonka	2024
16	Olivia Porthan	F	Edina	2023
17	Danielle Scites	F	Maple Grove	2022
18	Grace Stensgard	F	Maple Grove	2023
19	Samantha Bever	F	Hill-Murray	2022
20	Taylor Anderson	G	Hill-Murray	2022

Coaches: Mark Johnson St. Paul United
 Tom Helvick Lakeville South

U-16 Team 4 Vegas Gold

NO.	NAME	POS.	SCHOOL	GD YR
1	Ellynor Haack	G	St. Paul Central	2022
2	Kayla Schiel	D	Eden Prairie	2022
3	Abigail McQuay	D	Andover	2022
4	Quinn Whitehead	D	Mahtomedi	2022
5	Sophia Seidel	D	Elk River	2023
6	Karen Balabon	D	Elk River	2023
7	Cecelia Ryden	D	Buffalo	2022
8	Leah Hatcher	F	Rogers	2022
9	Sydney Peterson	F	North Wright County	2022
10	Bridget Bullis	F	Eden Prairie	2023
11	Solvei Berg-Messerole	F	Henry Sibley	2022
12	Lindsey Grove	F	Prior Lake	2022
13	Maia Hoepner	F	Buffalo	2022
14	Nicole Swartzner	F	Buffalo	2022
15	Cara Cook	F	Armstrong/Cooper	2023
16	Ava Schmidt	F	St. Cloud	2023
17	Jordyn Bebus	F	River Lakes	2022
18	Lilly Gillespie	F	No Wright County	2023
19	Ava Johansson	F	Rogers	2023
20	Madeline Mootz	G	Buffalo	2022

Coaches: Josh Lunderby Delano
 Jackie Johnson Delano