



**LEGEND**

- TRANSITION AREA
- START LINE
- FINISH LINE
- MILE MARKERS
- 2<sup>ND</sup> LOOP MILE MARKERS
- WATER/AID STATION
- REDBULL STATION
- GATORADE ENDURANCE STATION
- MAURTEN STATION
- 2<sup>ND</sup> LOOP TO FINISH
- BEGIN 2<sup>ND</sup> LOOP
- U-TURN

## TURN BY TURN DIRECTIONS

- 70.3 Run Course
- Exit Monona Terrace East Ramp
- Turn right onto bike path
- Stay on bike path to Lakeside St./Olin Turville Ct.
- Turn left onto Edgewater Ct.
- Right onto Olin Turville Ct/Lakeside St.
- Right onto bike path
- Continue on bike path to Williamson St.
- Right on bike path at Williamson St.
- Right on Jennifer St.
- Right on Spaight St
- Right on Ingersoll St.
- Left on Rutledge St.
- Right on Baldwin St.
- Left on Morrison St.
- Left on Thornton Ave
- Right on Rutledge St.
- Right on Riverside Dr.
- Left on Yahara Place
- Left on Dunning St.
- Right on Lakeland Ave. to turnaround
- Right on Welch Ave.
- Left on Center Ave.
- Right on Maple Ave.
- Left on Atwood Ave.
- Veer left onto Eastwood Dr.
- Left on Thornton Ave
- Right on Morrison St.
- Right on Baldwin St.
- Left on Rutledge St.
- Right on Ingersoll St.
- Left on Spaight St.
- Veer left on Jenifer St.
- Veer left on Williamson St./Bike Path
- Stay on bike path to Lakeside St./Olin Turville Ct.
- Turn left onto Edgewater Ct.
- Right onto Olin Turville Ct/Lakeside St.
- Right onto bike path
- Veer right into Monona Terrace and up the Helix
- Through the parking lot to Carroll St. Exit
- Veer left onto Carroll St.
- Right on Doty
- Right on Martin Luther King Jr. Blvd to Finish

Start Elevation: 849 ft ▪ Finishing Elevation: 907 ft ▪ Gain: 296 ft

