



2024 WINTER / SPRING

HEADSTART BASEBALL & SOFTBALL CLINICS

Ages 7 - 12



PROGRAM CONTENT...2-Hour Clinic Covering:

- **Hitting Mechanics • Catching / Receiving**
- **Infield & Outfield Play • Base Running and Sliding**

SESSION 1	January 6, 13, 20, 27	3:30pm-5:30pm
SESSION 2	February* 3, 10, 24, March 2	3:30pm-5:30pm
SESSION 3	March 9, 16, 23, 30	9:30am-11:30am
SESSION 4	April 6, 13, 20, 27	9:00am-11:00am

Program Director – Mike Lamitola



Program Day: Saturday
Cost: \$325.00

**2/17 off for
Presidents weekend*