

ADULT COMPETITIVE DANCES FOR 2025- 2026

EVENT	AGE	TESTS Suggested Test Level	SOLO AND TEAM DANCE	
Novice “A”	19 and older	7	Group 1: <i>Collegiate</i> - Parade March - <i>Dutch Waltz</i>	
			Group 2: Dore Foxtrot - Chase Waltz - Luna Blues	
Novice “B”	19 and older	2	Group 1: <i>Double Cross Waltz</i> - Carlos Tango - Academy Blues	
			Group 2: <i>City Blues</i> - <i>Balanciaga</i> - <i>American March</i>	
Esquire “A”	35 and older	6	Group 1: Carey Foxtrot - La Vista Cha Cha - Golden Skater's	
			Group 2: <i>Luna Blues</i> - Bounce Boogie - Tara Tango	
Esquire “B”	35 and older	2	Group 1: <i>Denver Shuffle</i> - Carlos Tango - Academy Blues	
			Group 2: City Blues - Balanciaga - American March	
Masters	45 and older	5	Group 1: Dore Fox - La Vista Cha Cha - Swing Schottische	
			Group 2: Double Cross -- Rhythm Blues - <i>Tara Tango</i>	
Veterans	55 and older	4	Group 1: <i>Dutch Waltz</i> - Tara Tango - American March	
			Group 2: Swing Waltz -- <i>La Vista Cha Cha</i> - Carey Fox	
Golden	65 and older	3	Group 1: <i>Casino Tango</i> - Memorial Waltz -- Denver Shuffle	
			Group 2: Double Cross Waltz - City Blues - Carlos Tango	
Premier Silver 1	20 and older	9	Group 1: <i>120 Waltz</i> - Werner Tango - DoBlay	
			Group 2: <i>Century Blues</i> - <i>Mason March</i> - <i>Milonga Tango</i>	
Premier Silver 2	45 and older	8	Group 1: <i>Luna Blues</i> - <i>Valse Adante</i> - <i>La Vista Cha Cha</i>	
			Group 2: Parade March - Joyce Lee Waltz - <i>Milonga Tango</i>	
Premier Gold 1	20 and older	13	Group 1: Willow Waltz - Dench Blues (BP) - Princeton Polka	
			Group 2: Ten Fox - Paso Doble - Karen Lee Tango	
Premier Gold 2	45 and older	12	Group 1: Delicado -- Association Waltz - Fiesta Tango	
			Group 2: Casino March - Border Blues - Viva Cha Cha	
Notes:	<i>BP = Border Pattern</i>		<i>Male solo skaters will skate the male steps and the female solo skaters will skate the female steps for their dances.</i>	
C Event Adult 1	19-44	1	Group 1: Glide Waltz - American March Group 2: Progressive Tango - City Blues	
C Event Adult 2	45 and older	1	Group 1: Glide Waltz - Denver Shuffle Group 2 : Progressive Tango - City Blues	
	Challenge-Up Program:			

- Skaters that enter an Adult “C” event may challenge only to Adult “B” age appropriate event.
- Skaters in any Adult “B” division may “challenge-up” to an age-appropriate “A” division and skate both divisions.
- Skaters in any Adult “A” division may “challenge-up” to a Premier division and skate both divisions.
- Skaters who “challenge-up” and do not place 1st, 2nd, or 3rd in the “challenged-up” division at the American Championships have the option to return to their age-appropriate division for the following season, unless they have placed 1st, 2nd, or 3rd in their age-appropriate division at the American Championships. (see move up rules)
- When the official draw happens the solo events will skate the opposite dances from team. (If team draws group 2 for eliminations then solo will do group 1 for eliminations)

Table 1