



Top Dog Football

We make learning football fun and exciting!
Our football classes & leagues are age appropriate
for kids to best understand and keep progressing.
All skill levels are welcome!
Start learning to become a Top Dog now!



TOP DOG FOOTBALL CLASSES

Who: Boys & Girls ages 4-6 & 6-8

What: 6 weeks of football classes (45 minutes classes each week)

When: Starting the week of June 30 on Wednesdays or Thursdays (Summer session 2)

Age appropriate football training which focuses on the kids having fun & playing lots of mini games. The kids stay very active while learning the basic techniques of throwing, running, catching, defense, kicking, punting, etc. The kids will not only learn important football skills but also become great learners.

TOP DOG FOOTBALL INSTRUCTIONAL LEAGUES

Who: Boys & Girls ages 7-9 & 10-12

What: 6 weeks of football instruction/scrimmages (1.5 hours each week)

When: Starting the week of June 30 on Wed. or Thurs. (Summer session 2)

30-60 minutes: Learning the techniques and fundamentals of the game including throwing, running, catching, defense, kicking, punting, dummy tackling, etc.

30-60 minutes: Instructional scrimmage

Sign up at www.championssportsacademy.com/td-football

We also have other sports programs year round!

Call us at 507-226-6514 or email us at heatalwaysrise@gmail.com

Check out Champions Sports Academy on:

