

# NATIONAL SPORTS CENTER – WINTER 2021

## LEARN TO SKATE PLUS (LTS+) and ISI FREESTYLE CLASSES

### Tuesday Learn to Skate PLUS (LTS+) On Ice Class

We will introduce many basic skating skills from various levels as well as introduce beginning jumps & spins. Skaters must have passed the ISI ALPHA test to participate in this class. The LTS+ program is for Learn to Skate students who are interested in adding additional training to their group class or private lessons to fast track through the learn to skate levels, and introduce skills more specific to figure skating sooner than the traditional learn to skate program. For this session we will waive the requirement that participants must also be enrolled in LTS classes or private lessons.

### Tuesday ISI On Ice Freestyle Class

Group class for skaters who have passed at least the ISI Delta class.  
Class levels Freestyle 1 – 6, skaters will be grouped by ISI Freestyle level

**Tuesday Winter 2021**  
**January 12, 19, 26, February 2, 9, 16, 23, March 2**  
**6:15 – 6:45 p.m.**  
**Fee: \$112**  
**Rink #3**

Skaters will be assigned a locker room (in Rink 3) to get skates on and leave belongings. Face coverings are required while in the building, this includes when on the ice. Skaters will be able to enter the building 10 minutes prior to the class and ONE parent/guardian may enter with them to help tie skates. The parent/guardian must exit the building during class time as spectators are not allowed at this time during practice sessions.

- ◆ **Our facility is working in accordance to the guidelines provided by the Minnesota Department of Health. Please see the Superrink website for the latest guidelines.**
- ◆ Current 2021 NSC waiver must be signed (attached and also part of the on-line registration)
- ◆ This class will be filled on a first come first serve basis (25 skater/coach limit on full ice). We will be accepting on-line registrations only. This will let customers know immediately if their application has been accepted.
- ◆ On-line enrollment will start December 31, 2020

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