

## HOUSE RULES

The following are guidelines for both the players and the house parents. Each home will probably have others that will help everyone involved fit in and feel more a member of the household.

**ADDRESSES** – **Be sure your houseparents** have your parent's address and phone numbers and that your parents have the address and number of your houseparents – this will help in case of an emergency..

**MEALS ...whatever works best at each home.** If player is not there at regular mealtime, fix own and clean up own mess. It helps if you communicate your likes and dislikes. If you have a special diet or regimen, don't expect family to provide, ie: specialty beverages or body building drinks.

**LAUNDRY...this is a personal preference** – either do for the player or show them how to run your washer and dryer and have him do his own. Uniforms will be washed at the club house & we encourage the players to shower there after the games.

**TRANSPORTATION...host family is NOT** responsible for getting player to and from the ball park or to job. Clarinda is small enough that most everything is within walking distance and there are enough other players with cars that something can be worked out to pick up those in your neighborhood.

**LONG DISTANCE PHONE CALLS...the player will either call with a credit/phone card or use own cell phone.** Any other arrangements must be made with the host family. This is definitely the players responsibility to be sure that NO bills are left unpaid.

**COMPUTER/INTERNET USAGE** – Usage of each home's personal computer is up to the individual houseparent. Most players usually have their own laptops, so only issue would be connecting to the home's wireless.

**HOURS...The Board of Directors** has set a 1:00 AM curfew for several reasons. It is a courtesy to the host parents as they feel a responsibility for you and also many of them are working couples who have to be on the job or have small children for whom really late hours is a disruptive factor. Also, when you get into the schedule and are playing almost every night and some of you working at a job most days, it is to your benefit to get as much rest as possible so you can perform at the peak of your ability. Exceptions are made for late games or return from road trips.

**ALCOHOLIC BEVERAGES/DRUGS...the Iowa law states that the legal drinking age is 21 and drugs are illegal.** The management would hope that you will abide by this as not only you but your houseparents could be held responsible. The majority of the team will be underage and it is our hope that any older players will not facilitate getting alcohol for the younger players. We also encourage the houseparents to help the coaches enforce this rule by not making alcoholic beverages available to the players.

**MISCELLANEOUS...to the player** – if there is any way you can be helpful around the house, do so. If you eat anywhere besides the kitchen (if it is permissible in your home), make sure the dirty dishes get back to the kitchen and no food is left in the other rooms. Keep your room picked up and try to make as little extra work as possible. Turn off lights, etc., when you leave. Watch your language, especially around the women and children in your household. Ask before you take pillows, etc. from your houseparent's home for bus trips and be sure they are returned.

**As stated in your earlier letter, the houseparent program** has been a part of the A's program since 1976 and with only a few exceptions has been a mutually rewarding experience for both the host families and the "boys of summer. We hope this season will be no exception and that lasting relationships and memories will again be made this year.

Ryan Eberly, A's GM