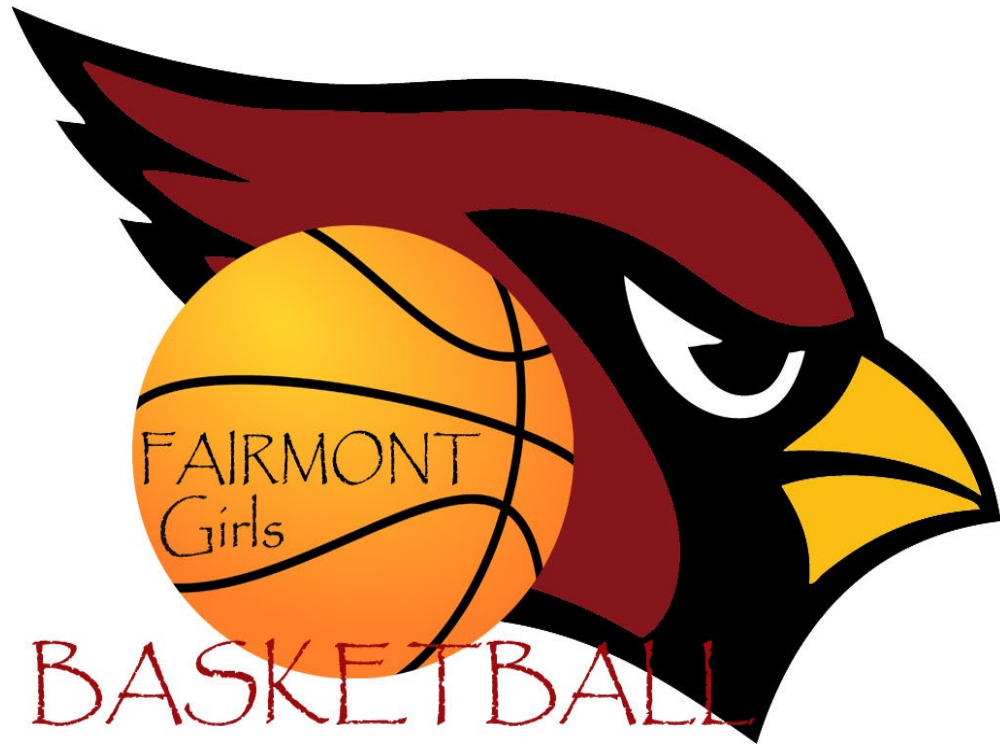


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# FAIRMONT GIRLS TRAVELING BASKETBALL ASSOCIATION

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## *Guidelines For Players & Parents*



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# Board of Directors

<i>Angie Toothaker</i>	<i>President</i>	<a href="mailto:hug_ang@hotmail.com">hug_ang@hotmail.com</a>	<i>507-399-4059</i>
<i>Alycia Dahl</i>	<i>Vice President</i>		
<i>Tonya Mortensen</i>	<i>Secretary</i>		
<i>Kelly Matheson</i>	<i>Treasurer</i>		
<i>Adam Garbers</i>			
<i>Ariel Peymann</i>			
<i>Britney Kawecki</i>			
<i>Jamie Thompson</i>			
<i>Kristin Miller</i>			
<i>Sara Edmundson</i>			
<i>Tammy Miller</i>			
<i>Tim Garry</i>			
<i>Zak Clemetson</i>			
<i>Sara Junkermeier</i>	<i>Varsity Coach</i>		

Fairmont Girls Basketball Association  
PO Box 374  
Fairmont, MN 56031  
[FAIRMONTGIRLSBASKETBALL@GMAIL.COM](mailto:FAIRMONTGIRLSBASKETBALL@GMAIL.COM)  
[WWW.FAIRMONTGIRLSBASKETBALL.COM](http://WWW.FAIRMONTGIRLSBASKETBALL.COM)

# Fairmont Cardinals Core Program Standards

**Program Goals:** *To develop all around student-athletes who enjoy the game, accept the challenge of working hard, work as a team and continuously strive for excellence both on the court and in life.*

**1. Champion Each Other**

*Genuinely respect and encourage one another. Have each teammate's back and be willing to do anything to make your team better.*

**2. Failure is Fuel**

*Failure is a part of life and sports. Use failure to boost your performance to new levels.*

**3. Lead from the Bench**

*Know your role, encourage, and lead from wherever you are.*

*These are the core program standards used by our Fairmont High School Cardinal Girls Basketball Program.*

# Player/Coach/Parent EXPECTATIONS

Our mission as the Fairmont girls' basketball association is to use basketball to:

1. *Teach life skills which the athletes can utilize throughout their lives.*
2. *Teach the enjoyment of competition.*
3. *Have the players develop a love of athletics and the desire to continue them through their lives.*
4. *Teach the basic basketball skills needed to give the athletes the greatest chance to play at the next level.*

Players will be evaluated on and coached to improve in the following areas:

## 1. Attitude

- a. Positive attitude with a willingness to learn
- b. Understands practice is essential for improvement
- c. Understand competition is important part of all sports
- d. Understands teamwork is necessary for success

## 2. Effort

- a. Maximum effort always: this is not limited to games, but also to give maximum effort during practice, to improve your skills, as well as your teammates
- b. This also means that when not in a game, you are cheering on teammates
- c. Attendance – Make an effort to be at practice. If you are unable to attend, please communicate with your coach.

## 3. Ability

- a. Innate physical skills: i.e., strength, speed, quickness, jumping height, etc.
- b. Learned physical skills: conditioning, footwork, dribbling, passing, shooting, rebounding, defensive skills, etc.
- c. Innate and learned mental skills: competitiveness, aggressiveness, toughness, confidence, focus, learning team systems, understanding of the game of basketball, etc.

## Coaching Philosophy

### 1. Long Term Goal

- To develop players in such a way to allow them the greatest opportunity to compete at the next level

### 2. Short Term Goals

- To develop the value of hard work
- To develop the joy of earning your spot on a team
- To develop a more competitive attitude

- To develop a sense of team and self-sacrifice
- To develop competitive players and teams
- To develop students of the basketball game
- To develop complete skilled basketball players
- To develop communication skills
- To develop a constant style of play, intensity, and effort regardless of the score of the game
- To develop a love, respect, and passion for the game of basketball

### 3. Conditioning

- Most importantly, you cannot play this game well if you cannot run or tire easily.
- Running is part of practice, expect to run

### 4. Perfect practice makes perfect *Practice makes permanent, therefore bad practice makes bad habits*

- Coach will stop drills to make corrections before poor technique becomes permanent. Players need to understand that coaches are there to instruct and help them. They are not being singled out or picked on.

### 5. Mistakes are learning opportunities *Be open to teaching and corrections*

- Mistakes are alright, if the player is giving a full effort and is trying to do it the correct way.

### 6. Basic Skills

- Part of every practice will be spent on the basic skills of the game.
- Skills will be taught at a slow pace at first then speed up to game pace, and then game pace with stress.
- Players need to be able to do skills at game pace with stress this helps build game confidence.

### 7. Team Skills

- Part of most practices will be spent on team skills and systems.
- Team defensive skills are the most important.
- Players are expected to understand the systems/plays.

### 8. Practice will be challenging, *but enjoyable*

- For players to maximize their basketball development, they must be challenged and pushed to practice outside of their comfort zone.
- For players to maximize their basketball development they must practice their weaker skills, not just the ones they are good at
- All players will be taught all skills. Inside players will learn outside skills and outside players will learn inside skills
- Enjoyable mini games and competitive drills will be included in most practices.

9. **Basketball is a competitive sport** and we want players to learn how to compete in a way that supports their growth, confidence, and enjoyment of the game. Our approach to playing time is based on age-appropriate development and a gradual increase in competitiveness as players grow. Here's how we approach playing time at each grade level:

- 4th grade: All players will play. Playing time will be fair, but not equal. We begin teaching how working together as a team contributes to a positive game experience and how their effort and teamwork help the group succeed.
- 5th grade: All players will play. Playing time will be fair, but not equal. Coaches will shift their focus toward making decisions that support team success in game situations, which includes learning how to play to win as part of their development.
- 6th grade: All players will play. Playing time will be fair, but not equal. Coaches will begin to emphasize winning as part of the learning experience.
- 7th and 8th grades are fully competitive. Playing time is not equal or guaranteed. Coaches will make decisions based on what best supports the teams overall performance and chance to win.

What Does "Fair" Mean?

Fair playing time is determined by the following criteria:

- Attendance – Being consistently present and on time for practice and games.
- Attitude – Maintaining a positive, respectful and coachable demeanor.
- Teamwork – Supporting teammates, communicating and working together.
- Effort – Giving your best in practices and games.
- Ability – Skill level and readiness to contribute in game situations.

League vs. Tournament Play

During regular league play, all players will have opportunities to play, develop skills, and learn to contribute to team success.

During regular and league tournaments, the focus shifts more toward the teams overall success and winning. As competitiveness increases, playing time will naturally vary based on the factors listed above and game situations.

## 10. Practice attendance

- Attendance should be kept by the head coach.
- Practice attendance affects playing time.
- Please inform the coaches as soon as possible that you will miss a practice or game.
- Remember that you are making traveling basketball your priority sport for the season.

## 11. Player Behavior

- Follow Fairmont Elementary School Student expectations:
  - 1) *Act in a safe and healthy manner*
  - 2) *Treat all property with respect*

- 3) *Respect the rights and needs of others*
- 4) *Take responsibility for learning*

- Be on Time! You should not be putting your shoes on or entering the school at the time practice is scheduled to start. Coaches try to be 15 minutes early, use this time to put on your shoes and visit with your teammates.
- Practice is like a classroom. It is a place to learn the skills and knowledge to play basketball well. The same good behaviors that are expected in the classroom are expected in the gym.
- Remember when the coaches are speaking you need to listen with your ears, eyes, and hands. This means you are looking at the coach, not dribbling balls or touching others, and are not talking.
- Respect for yourself, parents, teammates, coaches, opponents, other coaches, referees, tournament workers tournament sites and practice locations
- **PRACTICE MISBEHAVIOR** *includes the following and will not be tolerated:*
  - 1) Hitting a teammate
  - 2) Flagrant foul
  - 3) Purposely injuring a teammate
  - 4) Arguing or back talking to a coach (it is good to discuss things with the coach, but in a respectful manner)
  - 5) Leaving a mess in the gym or restrooms or vandalism
  - 6) Stealing
  - 7) Swearing/foul language or trash talking
  - 8) Criticizing teammates
  - 9) Abuse of equipment

***Actions taken to address the practice misbehavior***

1. Asked to stop
  2. Scolded
  3. Push-ups, wall sits running, team running
  4. Asked to sit down from practice
  5. Parents called to pick up the player
  6. Take away playing time
  7. Discussion with parents and player
  8. Chronic misbehavior will be presented to the board for consideration of suspension or expulsion from the traveling team
- **GAME/TOURNAMENT MISBEHAVIOR** *includes the following and will not be tolerated:*
    - 1) Hitting an opponent
    - 2) Flagrant foul
    - 3) Purposely injuring an opponent

- 4) Arguing or back talking to a coach (it is fine to discuss issues with a coach, in a respectful way)
- 5) Arguing or back talking to a referee
- 6) Leaving a mess in the tournament facility or vandalism
- 7) Rude behavior to any tournament worker or official
- 8) Stealing
- 9) Swearing/foul language or trash talking
- 10) Criticizing teammates or opponents
- 11) Abuse of equipment

***Actions taken to address the game/tournament misbehavior***

1. Asked to stop
2. Playing time taking away
3. Not allowed to play in game or games for the rest of the tournament
4. A discussion with parents and player
5. Chronic misbehavior will be presented to the board for consideration of suspension or expulsion from the traveling team

**12. Communication** *is important to the success of this program*

- If you have issues with the way something is going in practice, please contact the coach to address the issue. If you are uncomfortable with this, please speak to your parent representative. If this does not address the issue you are having, please contact a board member.
- If you have an issue with playing time or the actions of a coach during a game, please remember to have a **24-hour cooling off period** before speaking to the coach.
- Coaches will strive to communicate information about practices, tournaments, and concerns to players and parents as soon as possible.

**13. Procedures to Resolve Problems/Complaints/Concerns: The Parent(s) and Player should**

- First talk to the coach after a **24-hour cooling period**
  - This **24-hour cooling-off period** is in the best interest of all parties, players, parents, coaches, parent rep and our association. Nothing is usually solved in a discussion when one or more of the parties are upset.
  - Parents, please realize that the **24-hour cooling off period** is to allow both parties to calm down. Please do not take this as a sign of not caring. The coach cares or they would not be coaching.
- If the conversation or meeting with the coaches or parent representative does not resolve the problem/complaint/concern,

then attend the next scheduled board meeting to present the problem/complaint/concern for resolution.

- Please do not call the board members at home.
- If there is an emergency, call Angie Toothaker at 507-399-4059.
- Most problems/complaints/concerns are minor (usually a misunderstanding) and are easily resolved with open honest communication.
- If a coach/board member sends out an email regarding a situation, policy concern and/or problem never REPLY ALL. Please communicate directly with the sender.

#### 14. Parents

- There is a saying, “players play, coaches’ coach and referees ref and parents cheer!”
- Reward effort, not performance or winning
- Encourage hard work, preparation, discipline, and teamwork.
- Allow the coaches to teach the skills and systems to play the game of basketball.
  - If a parent instructs the player to do something other than what the coaches want the child to do, it creates confusion in the player’s mind.
  - Playing time is determined by the coach, and the effort shown in practice.
- Coaches are volunteers and deserve your support (7<sup>th</sup> and 8<sup>th</sup> grade are paid coach positions)
- Please no arguing or yelling at the referees
  - Allow coaches to deal with the referees.
  - Remember they are not professionals.
- Foul language, abuse or threats directed toward players, referees, coaches, parent reps or board members will not be tolerated. If this becomes a problem, an emergency board meeting will be called. Resolution options including
  - The parent who committed the offense will not be allowed to attend games.
  - The player is suspended for several games/tournaments.
  - The family is expelled from the Fairmont Girls Basketball Association
- Parents are the greatest influence on your player. Be a positive influence!!! Allow them to achieve their best, cheer them on!

#### 15. Injuries

- It can be part of any sport, including basketball.
- Most injuries are minor and as coaches we try not to overreact.

- In practice if a minor injury occurs, the player will be allowed to continue, if they believe they can.
- In practice if an injury occurs that prevents the player from continuing to practice, the parents will be called to pick the player up.
  - It is important to remember that the coaches are not doctors and can only offer ice. Coaches will not push your child to practice if they say they are unable to. The coaches can say a child cannot practice if they seem to be injured.
- In a game if a minor injury occurs, the player will be allowed to continue if they believe they can.
- In a game, if an injury occurs that prevents the player from continuing to play, the parents may be called to over to check out the player. Please wait until the coach calls for the parents to come over to the bench.
- All coaches will have been trained in the notice and care of concussions. The state has passed legislation that dictates when a child will be and will not be allowed to play in a sporting event due to a possible concussion.

## 16. Illness

- If the player is ill and cannot attend practice or games, please call/text/email the coach ASAP.
- If a player becomes too ill to practice, while at practice, the parents will be called to pick up the player.
- If a player becomes ill at a tournament, the parents will be called to check on the player.

## Friendly Reminders for Parents

- All players must enter and exit through door 17 at Fairmont Elementary School (on the west side of the school)
- Participants are required to wear appropriate clothing to practice and wear a uniform for league/tournament days.
- NEW – Participants will be asked to use the locker rooms at school – no personal items left in the commons area.
- Participants will need to stay in the gym while at practice.
- Coaches will be responsible for communicating practices and tournament dates.
- If a team needs to be split due to excess numbers, there is a policy in place.

- Each team will participate in competitions throughout the season.
- Parents are welcome to attend board meetings. Email [fairmontgirlsbasketball@gmail.com](mailto:fairmontgirlsbasketball@gmail.com) to get meeting details.

## Traveling Team Requirements

By signing up for a traveling team, you are committing yourself and child to practices and weekend tournaments. It is highly recommended that you sign up for CER basketball classes if you are in the 4<sup>th</sup>- 6<sup>th</sup> grade to improve your basketball skills. These classes are typically held in the fall, spring, and summer. You must play school basketball in 7<sup>th</sup>- 8<sup>th</sup> grade to play on a traveling team.

## Board Member Responsibilities

*Are you inspired, idealistic and energetic?? JOIN our FGBA Board!!*

1. Attend all meetings and actively participate.
  - a. Review agenda ahead of meetings to come prepared for discussion.
2. Embrace and advance the mission and values of the association.
3. Make decisions and create programs and activities that are in the best interest of the organization as a whole and continue to allow longevity of the program.
4. Support the girls that participate in basketball at all ages, from elementary to high school.
5. Help plan and volunteer at all events hosted by FGBA, including league day, our home tournament, and on a committee with active participation.
6. Failure to attend 3 meetings in a calendar year will result in the association's ability to remove you. FGBA's calendar year is June 1 - May 31.
7. Give the board 1 month notice that you will no longer be serving on the board to allow them time to fill your position.
8. Serve on the Fairmont Girls Basketball Association Board for at least 2 years.
9. Review past, present and future planning opportunities for the Fairmont Girls Basketball Association.
10. Ensure program guidelines are being followed by players, coaches, and parents.
11. Recruit board members, players and coaches when needed.
12. A concession deposit fee is not required for board members.
13. All board members will receive a Fairmont Cardinal shirt or jacket.

## Parent Representative Responsibilities

1. Work directly with coaches and parents to answer questions, resolve issues and communicate policy.

2. Be the contact person for the association with team updates, concerns, pictures and/or questions.
3. Post team accomplishments and/or pictures on our FGBA Facebook page.
4. Ensure program guidelines are being followed by players, coaches, and parents.
5. If only male coaches available, make sure a female parent is at all practices.
  - a. Make a schedule and ask other parents to volunteer to sit at practice(s)
6. Assist with the collection of team uniforms at the end of the season.
7. Assist with our Fairmont Basketball Tournament in February.
8. Assist with hotel accommodations for out-of-town tournaments for your team.
9. A concession deposit fee is not required for parent reps.

## FGBA Board Meetings

Board meetings are typically held each month (August-May). All parents are invited to attend the meeting if you have any questions and/or concerns for the board. Please email us at [fairmontgirlsbasketball@gmail.com](mailto:fairmontgirlsbasketball@gmail.com) so we can put you on the agenda and confirm our meeting time.

## Association Deposit Fees

### Uniform Deposit Fee: \$200.00

FGBA will provide uniforms for all players to use for the season. The uniform belongs to the FGBA and will need to be cared for as directed on the washing instructions sheet you will receive with the uniform. If the uniform is not returned in good condition (excluding normal wear and tear) to your coach at the end of the season, you will be responsible for purchasing a new uniform to replace the damaged or missing one. Included with your uniform is a practice jersey which should be brought to practice every day.

*Shirting Shoots – FGBA will provide each “first time player” with their first shooting shirt for tournaments. The shooting shirt will be worn at warmups during tournaments. Any additional shooting shirts will be an additional expense at registration. We would recommend sizing up on the shirt so you can wear it for more than one year.*

### Tournament Scheduled Shift Deposit Fee: Included in above deposit

Parents are required to work one shift at the Fairmont Tournament in February. An email will be sent out in January requesting all families to sign up for one scheduled tournament shift. If you elect not to sign up, then the deposit fee will be cashed. If you are unable to work the tournament dates or your shift, then it is your responsibility to find a replacement. If you are a volunteer coach for your daughter’s team, a parent representative or an FGBA Board Member then no concession shift is needed for your family.

# Concussion Policy

*The facts about concussions.*

- A concussion is a “invisible” brain injury.
- All concussions are serious.
- Most concussions occur without loss of consciousness.
- Concussions can occur in any sport or recreation activity.
- Recognition and proper response to concussions when they first occur can help prevent further injury or even death.

*Did you know??*

- Athletes who have ever had a concussion are at increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.
- A repeat concussion that occurs before the brain recovers from the first – usually within a short period of time (hours, days, or even weeks) – can slow recovery or increase the likelihood of having long-term problems.

## **Recognizing a possible concussion**

- A forceful bump blow or jolt to the head or body which results in rapid movement of the head.
- Any concussion symptoms or change in the athlete’s behavior, thinking or physical functioning.

## **Signs Observed by Coach**

- Appears dazed or stunned.
- Is confused about assignment or position.
- Forgets an instruction.
- Is unsure of game, score, or opponent.
- Moves clumsily.
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes.
- Can’t recall events prior to the hit/fall.
- Can’t recall events after the hit/fall.

## **Symptoms Reported by Athlete**

- Headache or pressure in head
- Nausea or vomiting
- Balance problems or dizziness

- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or is “feeling down.”

### **Concussion Recovery**

- Physical Rest  
No games, horseplay, running, throwing.
- Mental Rest  
Avoid computers, video games, excessive TV and no headphones.
- Limit Exposure to Light  
Use sunglasses and avoid concerts, games.

### **Possible Concussion Procedure**

1. Remove the athlete from play.
  - Look for signs and/or symptoms of a concussion.
  - When in doubt, sit them out.
2. As a coach, record any information that could help in the assessment of the athlete.
  - Cause of the injury
  - Any loss of consciousness
  - Any memory loss
  - Any seizures
  - Any known previous concussions
3. Report the possible concussion to parent/guardian.
  - Make sure they know that their child needs to be seen by a health care professional before returning to the court.
4. Ensure the athlete is evaluated by a health care professional.
  - Athlete needs to be symptom free.
  - A return to play written consent note from health care professional.

### **Return to Play after Concussion**

*Each stage should take a minimum of 24 hours before moving onto the next stage if no symptoms re-occur. This timeline may be extended by the health care professional in younger athletes and/or with those who have suffered a previous concussion.*

1. Symptom-limited activity

- Daily activities that do not provoke symptoms.
- 2. Light aerobic activity
  - Walking or stationary bike to a medium pace
- 3. Sport-specific exercise
  - Running
  - No head impact activities
- 4. Non-contact training drills
  - Harder training – passing drills.
- 5. Full contact practice
  - Following medical clearance – participate in normal training activities.
- 6. Return to sport
  - Normal game play

*Note: Every coach is required to complete the concussion training each year.*

**NO ATHLETE MAY RETURN TO THE COURT UNTIL THEY HAVE A RETURN TO PLAY WRITTEN  
CONSENT NOTE FROM HEALTH CARE PROFESSIONAL AND ARE SYMPTOM FREE.**

## Fairmont Girls Traveling Basketball Association Eligibility

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### Definitions:

1. Inter-scholastic contest - is one game or a tournament, whichever is greater.
2. Event - is one scheduled game, not a tournament.
3. Association - is a separate affiliation from high school sports.

### MOOD-ALTERING CHEMICALS

1. Twelve (12) months of the year, a player shall not at any time, regardless of the quantity: (1) use or consume, have in possession a beverage containing alcohol; (2) use or consume, have in possession tobacco; (3) use or consume, have in possession, buy, sell, or give away any other controlled substance or drug paraphernalia, (4) use or consume, have in possession, buy, sell or give away products containing or products used to deliver nicotine, nicotine "like" products, tobacco products and other chemicals. "Tobacco products" means: any product containing, made, or derived from tobacco that is intended for human consumption, whether chewed, smoked, absorbed, dissolved, inhaled, snorted, sniffed, "vaped" or ingested by any other means, or any component, part or accessory of a tobacco product, (5) use or consume, have in possession, buy, sell or give away any substance or product where the intent of such use of the substance or product is to induce intoxication, excitement, or stupefaction of the central nervous system, except under the direction and supervision of a medical doctor. Such substances or products shall include, but are not limited to, synthetic drugs, gasoline, glue, aerosol devices, bath salts, and any substances addressed by Minnesota or Federal law.
1. The eligibility rules apply continuously from the first signing of the player Eligibility Contract until the end of traveling girls' basketball association.

### B. Penalty:

1. First Violation: After confirmation, the player shall lose eligibility for the next four (4) consecutive inter-scholastic contests or four (4) weeks of a season in which the player is a participant, whichever is greater. Participation at practice and attendance at all interscholastic contests are required. The player will not dress in uniform for inter-scholastic contests but will be present on the bench.
2. Second Violation: After confirmation, the player shall lose eligibility for the next eight (8) consecutive interscholastic contests in which the player is a participant or eight (8) weeks, whichever is greater. Participation at practice and attendance at all interscholastic contests are required. The player will not dress in uniform for inter-scholastic contests but will be present on the bench.
3. Third and Final Violation: After confirmation, the player shall lose eligibility for the remainder of the season and will receive no refund. The player is not welcome back to the association.
4. Penalties are progressive, consecutive, and are separate from high school sports.
5. Denial Disqualification: A player shall be disqualified for an additional two (2) inter-scholastic contests for the first violation and for second violation the player shall lose eligibility for the remainder of the season and will receive no refund when the player

denies violation of the rule, is allowed to participate and then is subsequently found guilty of the violation.

## **Player and Association BULLYING/ HARASSMENT / VIOLENCE**

### **A. Reference**

1. The player shall not engage in the act of bullying, harassment, or violence during the school year or any portion of an activity season that occurs prior to the start of the school year or after the close of the school year.
2. The board will not tolerate bullying, harassment, or violence by any board member, coach, volunteer, or anyone associated with the girls' basketball association. Appropriate action will be taken swiftly by the board, after confirmation.

### **B. Reporting Procedures:**

1. Any person who believes he or she has been the victim of bullying, harassment, or violence or any person with knowledge or belief of such conduct, shall report the alleged acts immediately to a board member or appropriate adult.
2. Teachers, administrators, officials, coaches, board members, volunteers, and employees of school districts shall be particularly alert to possible situations, circumstances or events which might include bullying, harassment, or violence. Any such person who receives a report of, observes, or has knowledge, or belief of conduct, which may constitute bullying, harassment, or violence, shall inform the board immediately or appropriate adult immediately.
3. Submission of a good faith complaint or report of bullying, harassment, or violence will not affect the complainant or reporter's future.

### **C. Reprisal**

1. The board will discipline or take appropriate action against any player, volunteer, coach, or parent who retaliates against any person who makes a good faith report of alleged bullying, harassment, or violence and against any person who testifies, assists, or participates in an investigation, or against any person who testifies, assists or participates in a proceeding or hearing relating to such bullying, harassment, or violence. Retaliation includes, but is not limited to, any form of intimidation, reprisal or harassment.
2. Appropriate action will be determined at the board's discretion.

### **D. Penalties:**

1. First Violation: After confirmation, the player shall lose eligibility for the next four (4) consecutive inter-scholastic contests or four (4) weeks of a season in which the player is a participant, whichever is greater. Participation at practice and attendance at all interscholastic contests are required. The player will not dress in uniform for inter-scholastic contests but will be present on the bench.
2. Second Violation: After confirmation, the player shall lose eligibility for the next eight (8) consecutive interscholastic contests in which the player is a participant or eight (8) weeks, whichever is greater. Participation at practice and attendance at all interscholastic contests are required. The player will not dress in uniform for inter-scholastic contests but will be present on the bench.
3. Third and Final Violation: After confirmation, the player shall lose eligibility for the remainder of the season and will receive no refund. The player is not welcome back to the association.
4. Penalties are progressive, consecutive, and separate from high school sports.

**Parental BULLYING/ HARASSMENT / VIOLENCE**

**A. Reference**

1. A parent, guardian, or family member shall not engage in the act of bullying, harassment, or violence toward any player, coach, volunteer, other spectators, or board member during the school year or any portion of an activity season that occurs prior to the start of the school year or after the close of the school year.

**B. Reporting Procedures:**

1. Any person who believes he or she has been the victim of bullying, harassment, or violence or any person with knowledge or belief of such conduct, shall report the alleged acts immediately to a board member or appropriate adult.

**C. Penalties:**

1. First Violation: the player with association to the parental adult shall lose eligibility for one (1) event and the board asks the parent, guardian, or family member not to attend the next one (1) inter-scholastic contest.
2. Second Violation: the board will require the parent, guardian, or family member not to attend the next two (2) consecutive interscholastic contests. If the family member, guardian, or parent refuses to agree, the player shall lose eligibility for an additional one (1) event.
3. If said act of bullying, harassment, or violence by the parent, family member, or guardian continues and deemed appropriate it will be reported to authorities. Parents, guardians, or family members will be asked to never return to inter-scholastic contests. If refused, the player will be required to leave the association without refund and will not be able to return.

The board has chosen to move forward with a no tolerance policy towards mood altering chemicals, bullying, harassment, and violence.

Penalties are progressive, consecutive, and are separate from high school sports.

- We, the player, and the parent or guardian, have read the above and agree to the information in the document and agree to the responsibilities noted.

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Player's Printed Name	Birth Date	Grade in School
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Player's Signature	Date
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Parent's or Guardian's Signature	Date
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## Contact Information



[fairmontgirlsbasketball@gmail.com](mailto:fairmontgirlsbasketball@gmail.com)



[www.fairmontgirlsbasketball.com](http://www.fairmontgirlsbasketball.com)



Fairmont Girls Traveling Basketball Association



Fairmont Girls Basketball Association  
PO Box 374  
Fairmont, MN 56031

# Social Media Release Form

I grant Fairmont Girls Basketball Association the right to take photographs of my child(ren) as well as my family in connection with the association. I authorize FGBA to use, publish, and print any photos that are taken.

I agree that Fairmont Girls Basketball Association may use such photographs of my child(ren) with or without my name and for any lawful purpose, including publicity, advertising and/or web content on our social media sites.

I have read, understood, and agree to the statements above:

Child's Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Printed Parent's Name: \_\_\_\_\_

Signed Parent's Name: \_\_\_\_\_

Date: \_\_\_\_\_